DOCUMENT RESUME

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TITLE	Context: An Inmate Newspaper.
INSTITUTION	Manito, Inc., Chambersburg, PA.
SPONS AGENCY	Pennsylvania State Dept. of Education, Harrisburg. Bureau of Adult Basic and Literacy Education.
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CONTRACT	98-3023
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PUB TYPE	Reports - Descriptive (141) -- Creative Works (Literature,Drama,Fine Arts) (030)
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IDENTIFIERS	353 Project

ABSTRACT

A project was designed to teach writing skills to adult basic education students in prison through the publication of a bimonthly newspaper. The target audience was any inmate in the Franklin County and Adams County Prisons in Pennsylvania; there were no restrictions on admittance to the program or to class size. Participation was voluntary and the classes were open entry/open exit. Participants' writings included editorials, poetry, puzzles, and interviews. Three issues of the newspaper were produced at the Adams County Prison; six issues were produced at the Franklin County Prison. Although no posttesting was possible to demonstrate increases in writing levels, the inmates participated in and enjoyed working on the project. Both prisons agreed to continue the program. (The seven-page report is followed by four copies of "The Context," the newspaper of the Adams County Prison, and two copies of "Doin Time," the newspaper of the Franklin County Prison.) (YLB)

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CONTEXT
AN INMATE NEWSPAPER

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Abstract Page

Title: Context - An Inmate Newspaper

Project Number: 98-3023 Funding: $2487.00

Project Director: Robert Whitmore (717) 375-4733
Manito Inc.
7564 Browns Mill Road
Chambersburg, PA 17201

Description: We propose to strengthen writing skills through a bi-monthly newspaper written and designed by the inmates.

Objectives: To improve writing skills through the production of a newspaper written by the inmates.

Target Audience: Inmates in both the Franklin and Adams County Prisons.

Products: Copies of the newspapers

Method of Evaluation: California Achievement Test

Findings: We produced 3 issues of the newspaper at the Franklin County Prison and 6 issues of the newspaper at the Franklin County Prison.

Conclusion: The newpaper program was very worthwhile. The inmates were excited about seeing their name in print. Extra copies were always sent home to parents and families. Both Prisons have agreed to continue the program. We may not have been able to prove any increases in writing levels, but the inmates participated and enjoyed working on the project. They are writing, which is something they had never really done before, and they are enjoying it. This was a great source of pride to the inmates especially those at a low level. They were able to see their words in print and share thoughts and ideas. The newspaper also served as a form of communication between the inmates and administration.

Introduction:

The object of The Context: An Inmate Newsletter was to teach writing skills through the publication of a bi-monthly newsletter. In working with ABE students in prison, one area that has often been neglected is writing skills. Participants come to class unable to write complete sentences. They lack vocabulary skills, thinking abilities, and the motivation to learn. We proposed to strengthen writing skills through an inmate newsletter written and designed by the inmates. It would provide an interesting and functional way to learn writing skills.

The project time frame was from July 1, 1992 through June 30, 1993. Manito Inc. has operated adult education programs for the inmates in the Adams and Franklin County Prison for the past five years. These adult education programs have included ABE and pre-GED. These programs have been funded by the Pennsylvania department of Education. The Manito ABE instructor at the institutions, Evette Jones, along with the cooperation of the prison administration was responsible for The Context: An Inmate Newsletter project. The target audience was any inmate in the Franklin and Adams County Prisons. There were no restrictions on admittance to the program or to class size.

The goal of the program was to complete six newsletters from each institution and forward them to the Division of Adult Basic Education and Literacy Education Prgrams, 333 Market Street, Harrisburg, PA and to AdvancE.

Report Summary:

Most inmates who are incarcerated are already labeled as failures and outcasts of society. Most are unable to function in a normal classroom setting and are high school drop outs. Some have graduated, not because they have developed proper skills, but because teachers did not want to deal with their problems and passed them on to someone else. No matter where came from, a common problem among them is their inability to write properly. A skill feel is unnecessary, but in fact, is very necessary to normal everyday living.

Our proposal was to teach and develop writing skills through the creation of an inmate newsletter. The newsletters were designed and writted by inmates. Participation was voluntary and the classes open entry\ open exit. Participants were limited only by their own imaginations. Their writings included editorials, poetry, puzzles, and interview.

The classes met on thrusday morning for 3 hours each alternating between prisons. We received 2 IBM Computers to be used in the Franklin County Prisonand we used an Apple IIc plus Computer to be used in the Adams County Prison. On both Computers we used a word processing program. In Adams County Prison we also had a typewriter to help to get the articles typed.

We ran into several problems with the computers in the Franklin County Prison. Inmates were not allowed to used the Computers when the instructor was not there following several incidents where the inmates were typing letters and legal items and charging for the services. The Administration stopped all typing except when the instructor was there. This angered the inmates and they felt that it was necessary to quit in protest. One inmate even erased every article written and stored on the computer and all had to be re-typed. Staff members were gaining access to the stored articles trying to prove that inmates were using the computer for legal work. The paper at the Franklin County Prison also had difficult trying to sort through everyone's opinion of what the newspaper should be. We worked on skills in writing with other people and making compromises. This was one reason why the Franklin County Prison did not publish 6 issues of the paper. Other reasons were that the printing of the newspaper was done at the local Vo-Tech School. The first paper took over 2 months to be copied, so everything had to be redone and then a student in charge of the copying lost several pages including the cover design.

Attitudes of Staff members in the institute needed to be considered prior to the start of the program. Correctional Officers were against the program and rehabilitation efforts, so they not cooperative when it came time for them to call people to class. We even had an incident in Adams County Prison where an inmate was threatened by staff members for writing an editorial.

The inmates were given work out of a wookbook called "Writing for Competency". They were required to complete all assignments. They also had the editor of the local newspaper come into talk with them about publishing a paper.

In Adams County Prison we had problems getting people to turn their articles in on time. The newspaper began to be a "social hour", where they could communicate with other inmates. The Administration even allowed male & females to participate together which proved to be a big mistake. More socializing was done and not enough work on the paper.

We started testing everyone with the California Achievement Test Writing Skills Analysis System; however, being in County Institutions the length of stay for the inmates proved to be very short. Most people only attented 2/3 classes before being discharged. We were unable to post test with any significant results.

Even though there was an inability to successfully post-test, we feel that the program was successful. The instructor, when editing, tried to teach and instruct them on better writing skills. There they developed better communication between the inmates and the administration. Problems were able to be brought out in the open and discussed. The students were motivated to learn by being able to participate in something that they felt was interesting.

The program seems to be of simple design. Logistics played a very important role in the success of the program. In the Franklin County Prison, there are 3 seperate areas where classes had to be held; the blocks, work release, and the females. It was very difficult to include everyone & physically be at 3 places at one time. The simple design, suddenly turned into something very complicated.

Even though there were many obstacles to over come, both Prisons were pleased with the results. Both have agreed to continue the program and we have used what we have learned to develop a workable program.

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BUREAU OF ADULT BASIC
AND LITERACY EDUCATION

CONTEXT

NOV.-JAN. 1992-93

ADAMS COUNTY PRISON STAFF:

WARDEN..........................Bernie Yanetti
DEPUTY WARDEN (WORK RELEASE)..Mike Cook
DEPUTY WARDEN OF OPERATIONS...Harry Long

Sgt. Ray Heintzleman
Sgt. Tim Cullison
Sgt. Richard Leslie
Sgt. Bruce Kluck

CORRECTIONAL OFFICERS

Ron Stiles
Pat Balog
Linda Redding
Quay Cullison
Jim Cool
Charles Witt
Mark Yingling
Jay Cutshall
Richard Trimmer
Brian Lutz
Keith Overcash
Ken Strine
Mary Williams
Wayne Shuman
Craig Culp
Betty Stubblefield
Harry Litten
Vinnie Pagan
Mike Herring
Jeff Braswell
Ray Peake
Brian Dillman
Mac Pierotte
Janet Edwards

INST. PAROLE OFFICER..................Donald Overmeyer

STATE PAROLE OFFICER..................Joel Townsend

G.E.D. & JOB SKILLS...................Evette Jones

MENTAL HEALTH:
GROUP COUNSELOR.......................Jan Warshawsky

COUNSELOR.............................Susan Miller
COUNSELOR.............................Mary Stevenson
COUNSELOR.............................Elsa

ALCOHOLICS ANONYMOUS:
COUNSELORS............................Brian & Jerry

BOOK KEEPER...........................Joy Hankey

HEAD OF MAINTENANCE...................Dave Kuhn

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BE A LITTLE MORE THANKFUL

Be a little more thankful that we have the things we need most in order to survive. We have a roof over our head, food in our belly, and a safe place to sleep. I know you may be saying that's a bunch of crap because your in jail. And if thats what comes to mind, then maybe you have some thinking to do before you jump to that conclusion. Or maybe I should explain myself a little more clearly. I mean be thankful you're not over in Somalia watching you family and friends die from hunger and lack of medical supplies. Sometimes you have to look at the really bad things in life to realize how well off you really are. It's bad enough we're in jail to begin with. Thats one tough negative to deal with all on its own, but to be in jail, which there is nothing you can do about it for the time being, and feel all pissed off and depressed at the same time is doubling your trouble when you don't have to because there is something you can do about your anger and depression. YOU can stop looking at things so negatively and realize how lucky you really are.

There was a man who was very troubled with the cross he had to bear. So he went to the lord and said "Lord I can't bear this cross any more, it's just to much for me to have to carry." So the lord took him too a room filled with crosses and told him to lay aside his cross and chose another that he thought he could bear. In this room were many crosses of all shapes and sizes some almost reaching to the roof and some so wide that the ends went from one wall almost to the other. Then over in the corner leaning against the wall stood a very small cross and the man said to the lord "Lord I could handle that cross over there, I'll take that one." And the lord said to him "My son you have chosen the cross that you brought with you." Be thankful for the cross that you carry. It's only as heavy as you make it.

EDITORIAL BY WILLIAM MITCHELL

PLYMOUTH ROCK & THE PILGRIMS

The settlement was founded by a group of English Separatists who had moved from England to Holland early in the seventeenth century and later crossed to Plymouth, Mass..

William Bradford, Governor of Plymouth Colony For more than thirty years explained that they left Holland because it was hard to make a living, and their children were in danger of losing their English cultural heritage. So in 1620 two ships were chartered to make a voyage to what was known as the NEW WORLD. The two ships were the Speedwell and the Mayflower. Eventually the migration to the New World got underway but the Speedwell was forced to return. The Mayflower continued on its own and eventually ended up off the coast of Cape Cod.

After exploring the shoreline and the land surrounding the area known as Plymouth Harbor they settled and formed a colony. Soon after they settled disease struck and by spring only a few men and boys were left to plant crops. They also had two indian friends named Squanto and Samoset that helped to keep them alive by teaching them how to plant corn and other native crops.

Under William Bradford the colony spread over the surrounding area. The colonist held town meetings and, after 1638, elected representatives to the general court, which met yearly at Plymouth to make laws and levy taxes.

In 1643, Plymouth colony joined the New England Confederation, and in 1691 it was merged with the Massachusetts Bay colony and Maine to form the single colony of Massachusetts. So the colony of Plymouth Rock sank into obscurity until many years later when it was recognized for its historical value.

SUBMITTED BY
JACK DIVIDO

CHRISTMAS IS

David and Jerry King

Christmas is the anniversary of the birth of Christ; which is generally celebrated on Dec. 25th. It is also a social and family holiday, and many of it's most familiar custom share little or no religious significance. In most areas; however, people and places of business decorate with Christmas trees, colored lights, evergreens and etc. They use things to bring out the Christmas spirit. It is the busiest time of the year for merchants and shops are filled with lavish displays and merchandise of all sorts. Children look forward to a visit from Santa Claus and in the afternoon families gather to exchange presents and to share the traditional Christmas dinner. Unfortunately people such as ourselves can't enjoy this holiday spirit like we would love to. But the best thing to do is be happy and give thanks to God for living to see the day come and celebrate it the best we can because there are alot more human beings that are less fortunate all over the world; such as the people in Somalia who would love to trade places with us. So don't ever forget to count your blessings.

WITHOUT WORDS

You wrap your love around me,
Not letting troubles in;
And I long to share my feelings
But where do I begin?

I'm never good at finding
The perfect words to say.
They fill my heart to bursting,
But somehow drift away.

And so, my love, please listen
To the message, that I bring
Throughout my body, soul,
and heartbeat
To you, by everything.

Kim Staub

THE ROSE

Some say love, it is a river, that drowns the tender reed
Some say love, it is a razor, that leaves your soul to bleed
Some say love, it is a hunger, an endless aching need
I say love, it is a flower, and you its only seed

It's the heart afraid of breaking that never learns to dance
It's the dream afraid of waking that never takes the chance
It's the one who won't be taken who cannot seem to give

When the night has been too lonley
and the road has been too long,
and you think that love is only
for the lucky and the strong...

Just remember in the winter,
far beneath the bitter snows,
lies the seed that, with the suns love,
in the spring becomes the rose

BETTE MIDLER

It's going to be hard waking up-
Behind these steel bars & concrete walls of prison
It's supposed to be the celebration
Of the "Rebirth" of our lord, Jesus,
But I definitely don't see any-
Pretty, exhaustingly bright lights
Or extravagantly beautiful decorations

BY MICHAEL A. ZINN

Twas the night before Christmas

Twas the night before Christmas and all through the jail,not an inmate was stiring,all locked in there cells.The stockings were hung on the cell bars with care,in hopes that St.Nicholas soon would be there.With my celly in oranges and I in my cap,we hadjust settled in for a long heavy rap.The inmates were nestled all snug in there bunks,while the radios blasted old songs by grand funk.When all of a sudden there arose such a clatter,I sprung from my bunk to see what was the matter,away to the window I flew in a flash, tore open my matress,and got rid of my stash! When what to my wondering eyes should appear,but a miniture sheriffs car and eight tiny reindeer.With a little old driver so lively and hip,I knew in a moment it must be St.Nick.More rapid then the police his reindeer they came,as he whistled and shouted,called them by name,on Burbon on Tequlia,on Scotch and Rey,on Bud on bush,St.Pauly and St Ives.Tothe top of the fence to the top of the wall,dash away,dash away,dash away all.To the top of the prison,his reindeer they flew,with a bag full of goodies and St.Nicholas too! As I drew in my head and was turning around,down through the sky light he came with a pound.He was dressed in levis from his head to his feet,his cloths were all wet from spilled sneaky Pete.A bag full of goodies he had on his back but the first thing he did was break out a cold six pack.

His eyes were all bloodshot,his dimples so merry,his cheeks were all red,his nose was all hairy.His mouth was all drawn like he was in pain The beard on his chin was all white with cocain.The stump of his bowl he held in his hand,and the smoke that incircled my head was just grand!He had a big fat face,and a wide old belly,he laughed when he caught one glance of my celly.I laughed when I saw this inspite of his buzz.With the wink of his eye and a twist of his head,I knew he was going through some real heavy dread!!He spoke not a word and went right to his work,drank all his beer,then turned with a smirk.Laying a roach to the side of his nose,he took two hits and up the skylight he rose.He staggered to his sleigh and fell in his seat,finished his bottle of old sneaky Pete.Then he flew like a missle,he hooped and he hollard then he started to whistle.But I herd him exclaim as he rode out of site,"You all can smoke in the block for the rest of the night!!

Todd Robison

LIFES GREATEST THOUGHTS BY ED CUNNINGHAM

Faults are like car headlights. Those of others seem more glaring than our own.

If the government ran it, crime wouldn't pay.

Behold the turtle: He makes progress only when he sticks his neck out.

There is no medicine like hope. No incentive so great, and no tonic so powerful as expectation of something better tomorrow. -Orrison Swett Marden

Minds are like parachutes- they only function when open.

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HOW WOULD YOU LIKE TO ORDER CHINESE FOOD?

KEN KWAN DOE
CHINESE CUISINE

A 'LA CARTE

HOO FLUNG POO

napkins and raincoats provided

PEE YU PLATTER
clothes pins extra

YUNG POON TANK
no take out orders accepted

LUNCHEON SPECIALS

1)	Sum Yung Chick	different and delicious	$6.99
2)	Won Hung LO	chinese meatballs	$6.99
3)	Suc Mi Pork	chefs special	$6.99
4)	Goo In Hand	for those dinning alone	$6.99
5)	Goo We Chick	sloppy seconds no extra	$6.99
6)	Cum To Soon	order early these go fast	$6.99
7)	Sum Dum Chick	you get what you pay for	$4.99
8)	Wai Tu Yung	not available on school nites	$6.99

DINNER COMBINATIONS
(Includes smeg roll and fortune nookies)

Cho Kon It	for the deep throated	$6.99
Suc Mi Wang	traditional chinese meatloaf	$6.99

By Ed Cunningham

ON CHRISTMAS EVE

by Ronique Bell

On Christmas Eve
It is claimed without proof
That a man in a sleigh
Will land on your roof.

A jolly red-suited man
With a sack of toys
Will come down your chimney
For good girls and boys.

Santa comes once a year
Throughout the land
To spread peace on earth
And goodwill toward man.

If you believe in your heart
That 'tis better to give than receive,
Then the white bearded man
Will come to you each Christmas Eve.

Keep the spirit alive
And I tell you without pause
For those who believe
There is a Santa Claus.

The Road that Took My Freedom Away

by David King

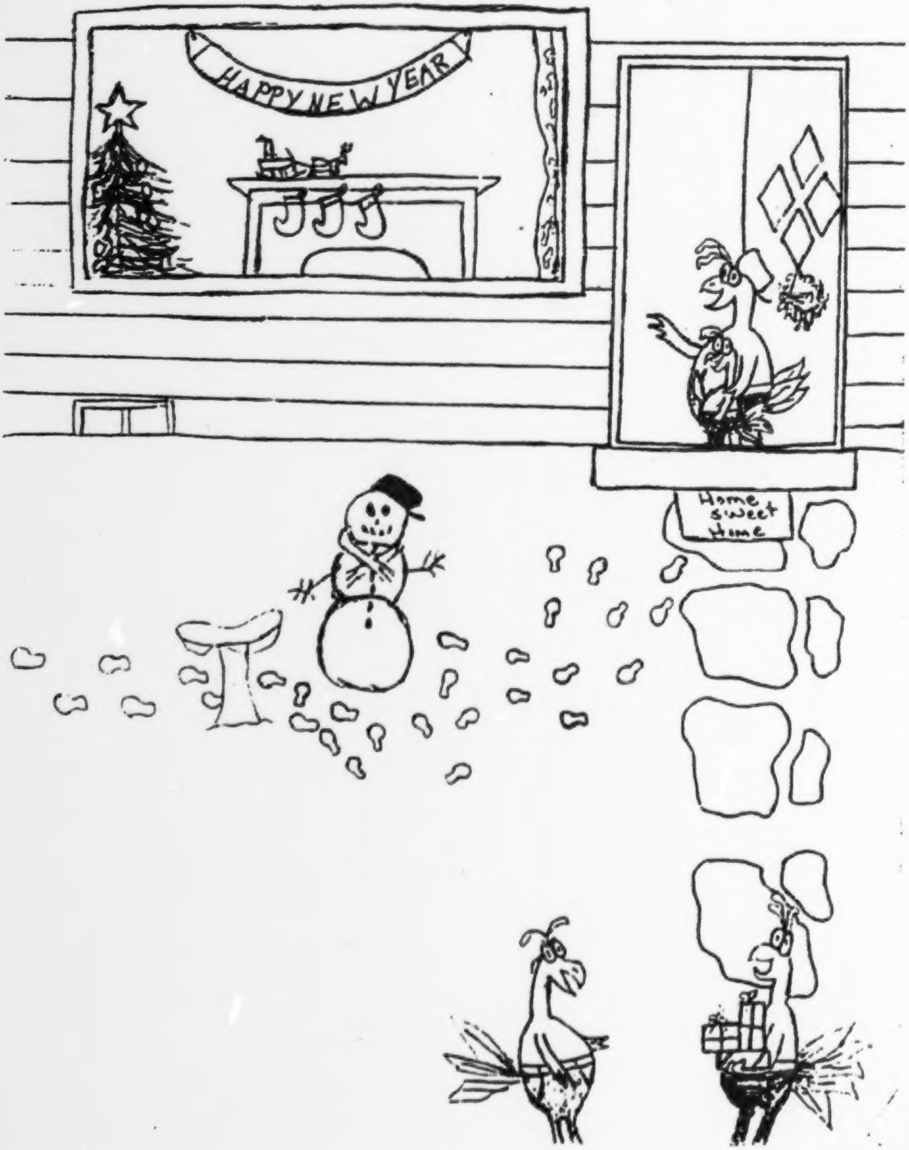
I had a good life up until this point, I thought, but now I see that it was all a sad, sad dream. I was living a life that was taking me nowhere, except where I am today, and that's sitting in this civil war jail. For something I didn't even do. But I quess I am as guilty, as the next person by these laws for being in the wrong place at the wrong time.

We all, I think, take advantage of our freedom because now I see just how valuable my freedom was. So I quess I committed a crime in itself for taking advantage of all life has to offer, but I was too blind to see, and now that I look back on things I have done,if only I could go to change, not only my problems, but to make myself a better person. For I know one day the Good Lord is coming and I don't want to be lost in sin. When that day comes, I have always been a Christian and God knows I have always meant well in my life, but meaning well doesn't count in the eyes of the law. So what I'm trying to say is, never take advantage of what God has given us. Because it can be taken away, as easy as it was given and that is your freedom!

I came to a place
that Is did not know
But there comes a time
when I must go
I think of that day
time and again
And pray the lord
bless all these men

This place I came to
is surly grand
But where I come from
theres mostly sand
The time has come
to say my farewell
I pray I wont come back
but you never can tell

DAVID HODGE
WEST PALM BEACH
FLORIDA


HAPPY NEW YEAR
Home sweet Home

LIFE AS I SEE IT

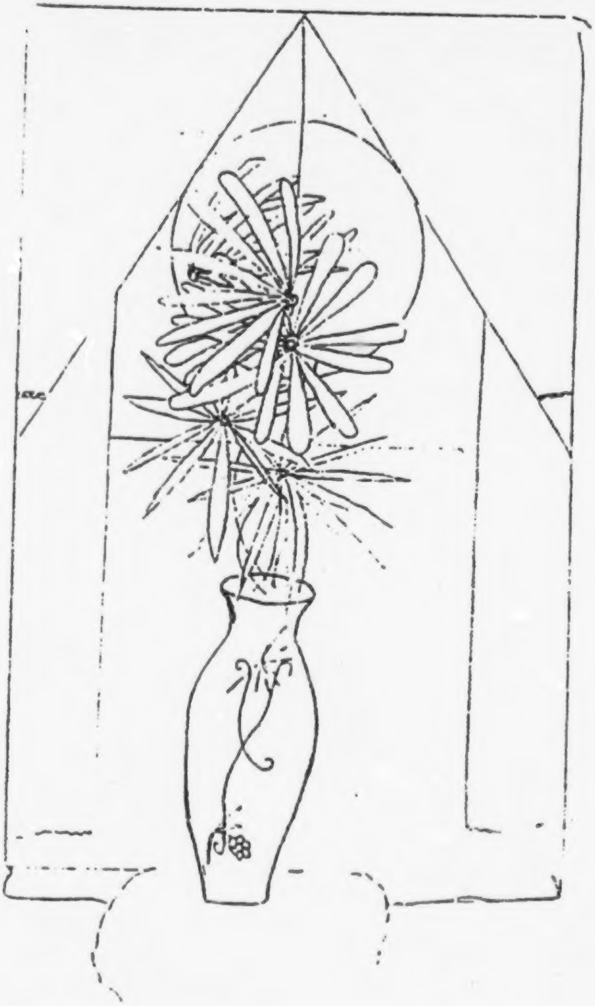
There is homelessness-lonliness
what can one really do.
You see thousands of people, cars-houses
but know one stops to say a thing.
A sence of worth is all we need
to brighten up our every need.
So when you see one of these people
remember it's not all what you see.

Principalities;
Strength of realitys (there)
Power of reality (here)
The difference is T.

We are more important then mere substances
but so commenly not treated so.
Our brightness of reality is being measured.
But in the end we will be more then mere
problems which are handled by a process of
paper and time never touching on the problem at hand

Love I was giving
Find a place and have a piece of mind
Who can't remember someone who was so loving and kind
Given love given time is'nt more thens on my mind.

BY JACK DIVIDO



A SPECIAL THANK YOU

This is a special thank you to the officers that we think set not only a good example for their fellow officers, but also a good example for the inmates here at the prison.

Thank you Betty for being the nice thoughtful person you are. We like hearing your laughter from one end of the jail to the other. And Ray Heintzelman you stop picking on her.

Overcast , we really do thank you for being so even tempered all the time and not getting all bent out of shape even when you have good cause to.

And Mr. Yingling thank you for being so patient and leavel headed. You set a good example of calm and serenity.

Jay Cutshall, we really appreciate your consideration for other peoples troubles and problems, and trying to help in relieving them whenever they'er brought to your attention instead of passing them on.

For you officers that weren't mentioned, it's not because we don't appreciate the things you do for us because we do. It's just that these officers struck us as representing many different aspects that we think are good examples for us all to follow. And thank you all for the time and consideration you give us.

MERRY CHRISTMAS AND HAPPY NEW YEAR

INQUIRING MINDS WANT TO KNOW

Wayne Williams- Inquiring minds want to know why you didn't take that piss test.

Jerry P.- Someone said you were a poster child for Prevention of Drug Abuse. Don't let this happen to you.

Ken Austin- Tell us how much it really cost you to get your GED diploma.

Domingo Vasquez-How fast were you going when that tree hit you. Also is that a Mexico drivers license that you have?

Paul Mitchell- Did you really bet lunch and dinner for two weeks that President Bush would be re-elected. How's that diet.... Did nt you say "I'm so convident". Read my lips! Never bet on a republican.

Robert Cook- When the authoities came to the Pixie Hotel at 11:00 pm why didn't you have your clothes on? Was all this part of your treatment plan for your headaches? Sounds Weak!!

C.O. Braswell- Is it true you hawked down Wayne Williams? Inside information says so......

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MUSIC

It hurts to set you free:
But you'll never follow me!

Jim Morrison
1943/1971

"The Doors"

Twenty two years after his death,Jim Morrison still lives in his music! As well with his unforgettable performances.He was aressted several times for rude and obsene behavior on stage,making him more sought after by the generation that was rebel at heart!The flame burned out for Morrison for about five years in the lime light,but the ticket to break on through to the other side when the "DOORS"were formed in 1965,up until his death in 1971.

Morrison was incapable of seperating his life from fairy tales.With performances consisting of conceptual arts and primal screams, back then this typy of behavior was breaking the law.

In 1969,Morrisons life was steadly heading for the rocks.It was inescapable!Morrison's repeative behavior kept him in courts,which disrupted their bookings.Morrison was like a falling star!Pamela Courson,Jim's last girlfriend,before over dosing herself,years after Morrisons death,told a close friend that the last thing Morrison said,before she found him dead was,"Last words,Last words out"...PETITIONING THE LORD WITH PRAYER"...Jim Morrison has somewhere found his soft asylum!!

RETURN OF A MEMORY

I thought I had them locked away
Those memories of you
Where vivid pictures of our love
Could never come into view.

For the hurting that was so intense
When another took my place
In time became a softened ache
Though never quite erased.

And I began to wake each day
Without the gnawing pain
Of knowing that you'd never be
Back in my life again.

But every now and then your kiss,
Your laughter, and your voice
Return in clearest memory.
Without my conscience choice.

A women who has loved and lost
Can love again and yet
Though she might will her thoughts away
She never can forget.

BY KIM STAUB

SOMETHING TO THINK ABOUT - A Gospel Reading

by Lloyd Harris

"Fear not; for, behold I bring you good tidings of great joy, which shall be to all people.

For unto to you is born this day in the city of David a Saviour, which is Christ the Lord."

"And suddenly there was with the angel a multitude of the heavenly host praising God and saying,

Glory to God in the highest,
and on earth peace,
good will toward men." Luke 2:10-11,13-14

With these joyous words the news of Christ's birth was made known to man. The old testament prophecies were fulfilled. God has sent a saviour for all of mankind. Everyone can be saved from their sinful lives. It does not matter who you are. It does not matter where or how you live. Salvation is possible for everyone.

Accept Christ into your heart and watch your life change.

This is why Christians the world over rejoice during the month of December. This is the true meaning of Christmas.

CHRISTMAS MORN

He was born in a manger
In a land far away.
He arrived that morning
To show us the way

He came to bring truth
An end to all strife.
He brought the keys to the kingdom
And eternal life.

To come to the father
We must go through him
If we beleive in Jesus
Light will come from the dim

He died upon a cross
To atone for our sin.
All he asked in return
Was that we give our hearts to him

He brought light to the world
On that first christmas morn
The heavens rejoiced
The day that Christ was born.

BY KIM STAUB

THANKSGIVING

On Thanksgiving Day
In every town and county
Americans gather at the table
To share God's bounty.

This land is abundant
To say the least
On this special day;
We enjoy the feast.

Turkey with dressing,
Sweet potato and pumpkin pie
With thanks to our father
Who lives on high.

Before the meal,
We say grace
To keep the Lord
In first place.

This is a great land
So once a year,
We celebrate this
With loved ones dear.

Ronique

CONTEX CLASSIFIEDS

FOR SALE: 1 pair of underwear with only 40,000 miles. One owner, some crust, easy fix, wear backwards for easy access. Call upper right eight and ask for Dawyne.

Free to good home ----One mature male hipalito. Good table manners, spiritually motivated and drug free.

Wanted: Cordless phone, pooltable and craftmatic bed, ask for Ken.

Wanted: Sharp metal file and fence snips ask for Brad.

Lost: One shaggy long haired English Divido. Partly paper trained, if found do not attempt to find owners.

If your looking to place an ad see Joe Rock Head Ed. LL4

As the months get colder
and the days get near
In a couple more weeks
Thanksgiving Day will be here

Most relatives rejoice and get together
on this special thanksgiving
To share love, cheer and concern
for all the deceased and the living

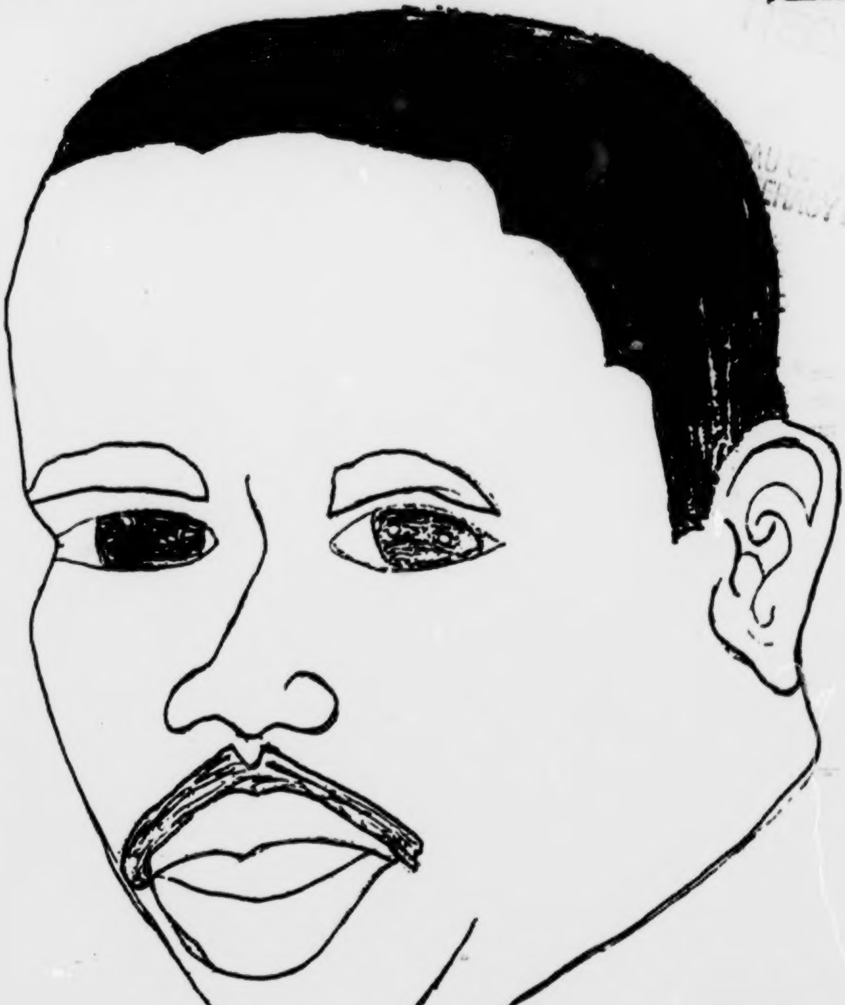
As we will be eating all sorts of food
as in pies, turkey and dressing
Having fun and carrying on
and counting one of our many blessings

On November 28 of any year
is a special time to gather and show care
But remember one thing and that is
before you stuff one item in your mouth
at least say "The Lords Prayer"

THE "D"

CONTEXT

FEB



I HAVE A DREAM...

ADAMS COUNTY PRISON STAFF:

WARDEN.........................Bernie Yanetti
DEPUTY WARDEN (WORK RELEASE)..Mike Cook
DEPUTY WARDEN OF OPERATIONS...Harry Long

Sgt. Ray Heintzleman
Sgt. Tim Cullison
Sgt. Richard Leslie
Sgt. Bruce Kluck

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The Legend of the Valentine

by Kim Staub

The legend says St. Valentine
was in a prison cell
thinking of his little flock
he had always loved so well.
And wanting to assure them
of his friendship and his love,
he picked a bunch of violets
and send them by a dove.

And on the violets' velvet leaves
he pierced these lines divine
that simply said, "I love you"
and "I'm your Valentine"..
so through the years that followed,
from that day unto this,
folks still send messages of love
and seal them with a kiss....

Because a Saint in prison
reached through prison bars one day
and picked a bunch of violets
and set them out to say
that faith and love can triumph,
no matter where you are,
for faith and love are greater
than the strongest prison bars.

Possessiveness ends in Destruction

Absolute control over another human being is neither possible nor desirable. It is always destructive. One of the great mythgs about true love is that it means two people's lives are forever intertwined, set upon the same path, having the same goals and interests and that every moment away from one another should seem like an eternity. Even if this were possible, it sounds terribly dull to me.

It is only natural to want to share ourselves intimately, to want to feel protected and close. It only becomes a problem when we need it to be an exclusive, full-time arrangement. Those who focus their love on only one person have a problem with caring in general.

It should be a relief rather than a threat to find that thos we love have a capacity for loving others as well as being loved We can be thankful that they have interests apart from us, that they are self-sufficient and self-reliant.

We really are capable of loving many people at the same time without diluting what we have to give. In fact, the more loving experiences we have, the more we have to bring with us when we focus on a deep, intimate realationship. The quality of love is not strained when it is shared; rather it is intensifie and most assuredly improves with the experience.

This was taken from the book "Born For Love----Reflections o Loving" by Leo F. Buscaglia, Ph.D. and submitted by Roberta Bell

1 Corinthians Chapter 13

LOVE

And now I will show you the most excellent way.

If I speak in tongues of men and of angels, but have not love, I amonly a resounding gong or a clanging cymbal. 2 If I have the gift of prophecy and can fathom all mysteries and and all knowledge, and if I have a faith that can move mountains but have not love, I am nothing. 3 If I give all posses to the poor and surrender my body to the flame, but have not love, I gain nothing.

4 Love is patient, love is kind. It does not envy. 5 It is not rude, it is not selfseeking, it is not easily angered, it keeps no records of wrongs. 6 Love does not delight in evil but rejoices with the truth. 7 It always hopes, always perseveres.

8 Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowlegde, it will pass away. 9 For we know in part and we prophesy in part. 10 But when perfection comes, the imperfect disappears. 11 When I was a child, I talked like a child, I thought like a child. When I bacame a man, I put childish ways behind me. 12 Now we see but a poor reflections as in a mirror, then we shall see face to face now I know fully, when as I am fully know.

13 And now these three remain: faith, hope and love. But the greatest of these is love.

A.C.P. FOOD

It's in the food it's in the food
Because I have'nt been to the toilet in six days
So it's in the food it's in the food
And its put me in a real foul mood

Jerry Philogene

Jerry's Cigarette Day

Hip hip hooray
It's almost cigarette day
I can't wait
I'm like a fish after some bait

I got caught smuggling in all kinds of ways
Now I only get one every fourteen days
This is the crazyest thing I'v ever seen
All I wanted was some nicotine

After my cigarette they think I just sit
And wonder about my next smoke I will git
They don't know my best friend Quay
Has made it so I smoke everyday

BY QUAYS FRIEND JERRY PHILOGENE

The HOLY SPIRIT is also ready to lead the believer into victory over self - centeredness. To live on the victory side we need to be free from ourselves. We need to experience freedom from our selfish desires and our selfish past. Take the person who has made a decision and followed through with it, and it turns out all wrong. Rather than accepting the failure and breaking free through repentance and confession to move on with life,he spends the rest of his life trying to prove he was right. His own self-conciet prevents him from experiencing release and victory over the past and exploring new adventures in living here now. Or consider the person who permitted himself to react negativelyto a church problem. He got fed up and left the church. Later indications showed that he made the wrong move. Instead of owning his failure and breaking free,he defends the wrong decision for the rest of his life. He wastes his precious time running down the church and tries to justify his own mistakes. The HOLY SPIRIT wants to lead such persons into victory experiences to free them from themselves. The SPIRIT provides power to become free and to live in victory over ourselves. As we acknowledge our past failures to GOD, his SPIRIT will empower us to make ammends with our fellow associates and live a fulfilled life in the kingdom of GOD. I believe the apostle Paul had a taste of this freedom from self when he wrote , "I press toward the mark for the prize of the high calling of GOD in CHRIST JESUS"(PHIL.3:14>. The christian can live on the victory side and free from the selfishness that seeks wealth for himself. He bame deadlocked in his feelinge and simply couldn't escape the feelings of dissappointment, revenge, and anger he had over the way he had once been treated. Well-meaning friends told him to just "forgive and forget". However, the hurt was so deeply inflicted that for getting was impossible. He became like an outcast and vagaband. Ulcer were eating away at his stomach and his health bagan to slip away. Doctor wanted him to do heart surgery. His spirit and physical health had almost hit bottom. Than one night this man open up to me and told his side of his story. As he talked he vented his frustrations. The night wore on and we atlked of the forgiving and forgetting and that his advise him to do. It wasn't that simply for him and that was understandable. The hurt had been deeply inflicted. Every time he saw the person who hurt him, he ached in the pit of his stomach. How was it possible for him to forgive be free from his own bitterness? Finally, late that night forgiveness bagan to make sense. It doesn't mean to just forget.

It means to drop all charges against the others. It means to cancel angry demands of restitution required from the other person. Certianly with each time one see the person who has offended him thiers is a hurt feeling. But, he can forgive each time. As he feels demands come up the spine of his back, he drops them again. He cancels his demands he lets the offender go free. Suppose he sees that person 490 times in one day and he feels the hurt 490 times? Forgive-490 times! That is what Jesus asked his followers to do in Mattew 18:22 forget it? Not necessarily, hurts and pains cannot soon be forgotten. However, they can be forgiven. As the night wore on and dawn began to break over the mountain, forgiveness bagan to be possible for my friend. By noon he willed to forgive, and in doing so he took a gaint step to be free himself. In the best way he knew he dropped the charges and cancelled the demands he had made. Healing began to happen at that moment. In the weeks; months; and years that followed, the hurt continued to heal. So did the ulcers and the heart problem. The heart surgery hasn't been considered recently. Spiritual growth came and matured. This man is living again. God's Spirit led him to victory. What a blessing to be a believer!

Written by,
F. Pittenturf JR.

10 MEN TO AVOID IN THE DATING POOL

1. Men who wear a lot of gold chains.
2. Men who smoke thin; brown French cigarettes.
3. Men with sideburns that exceed 4 inches.
4. Balding men who comb long strands of their remaining hair across the top of their head.
5. Men who speak of their ex-wives' sexual shortcomings in colorful detail.
6. Men who order for you in restaurants.
7. Professional Clowns.
8. Men with visible nose hairs.
9. Men who live with their mothers'.
10. Men with vulgar tattoos.

Top ten reasons why you need a freind.

Someone to look up to.
Someone to count on.
Ask advice from.
So you won't be alone..
To double date with.
To borrow a car from.
Someone to take the blame in the time of need.
Someone to depend on.
Somebody to borrow money from when your broke...
Someone to bail you out of jail..,

The Power of Human Love........

As human beings, none of us is perfect. Frailties and imperfections abound. We succomb to:

anger
impetuosity
revenge
stubborness
conceit
irrationality
lack of compassion
lack of humility
destructiveness
mischievousness
fearfulness
pridefulness
cunning
falsehood
dishonesty
indecision
cowardliness
prejudice
hate

When we love each other in spite of these imperfections, we begin to realize the inexplicable power of love.

Taken from the book "Born For Love----Reflections on Loving" by Leo F. Buscaglia,Ph.D. and submitted by Roberta Bell.

"CRACK"

I was at a party, "My friend said here";
With a pipe that was somewhat black.

Only eighteen, still an infant in my life;
And already introduced to CRACK.

As my hand reached out, my mouth said "Thanks";
But my mind had screamed out no.

Then I took it from him, peer pressure overwhelmed:
Although it was my first time it didn't show.

When I took a hit, my eyes grew wide;
As I blew the smoke to the floor.

It had to be a dream, as crazy as it seemed;
When I asked my friend for more.

In future days, I'd try running away;
Because it had somewhat became an adversary.

Hiding alone at my house;
Or ever at work; but CRACK would seem to find me.

After a few more months, it was more than a want;
I now knew it was definetly a need.

Day after day, I'd smoke more and more
Spending hundreds of dollars with speed.

Fired from work, and needing money for CRACK;
I'd steal your purse or rob your house.

Even family or friends, were soon victims;
I just wanted that pipe in my mouth.

Looking like a zombie, not changing my clothes;
I scared children so bad they ran.

I'd lost lots of weight, smoking abound hours straight.
Only stopping to see the dope man.

I didn't need any friends;
Wanted to be alone, I could smoke more while being by myself.

When my heart gave up, it was just my luck;
No one said 'CRACK' could damage your health.

Lucky to be alive my addiction is gone;
So no more 'CRACK' do I crave.

If offered to you, please don't do;
And your life is surely saved.

This is a fictional poem. However I've seen CRACK hit 10 harder. Those are only few effects and results. "CRACK' h effects beyond most peoples controll. It's possible that the first hit you take is the end of your life. Therefor why take the chance?

Written by,
Mileak Ford

BEST COPY AVAILABLE

76

HALLS OF FAME

Halls of Fame, which honor great achievers and their achievements, are scattered throughout the United States. Find the categories of 25 Halls of Fame hidden below.

C D L E I F D N A K C A R T
I O G A Q I N D I A N A R T
R Z W N W L L A B E S A B J
C J Y B I N J Z Q J P C Z V
U Q E E O R T F I S H I N G
S V K Z S Y A E H C J Z A N
C E C A P S Q O N V G G G I
Z F O Q O F O Q S N R N C M
S O H Z L T Z R I I I Q A M
O O V O I Q J I C L Z S V I
F T G N C Z K U W A Q C I W
T B G Q E S L O Q Z L J A S
B A S K E T B A L L Q Z T J
A L C O U N T R Y M U S I C
L L W R E S T L I N G Q O C
L W E I G H T L I F T I N G

AGRICULTURE
AVIATION
BASEBALL
BASKETBALL
BOWLING
CIRCUS
COUNTRY MUSIC
COWBOY
FISHING
FOOTBALL
GOLF
HOCKEY
INDIAN ART
LACROSSE
LAWN TENNIS
POLICE
SKIING
SOARING
SOFTBALL
SPACE
SWIMMING
TRACK AND FIELD
TRAPSHOOTING
WEIGHTLIFTING
WRESTLING

10 REASONS MEN DATE BIMBOS

1. They're easily impressed.
2. They're easy to be with.
3. They're easy to entertain.
4. They're easy on the eyes.
5. They're easy to talk to.
6. They're easily amused.
7. They're easy to find.
8. They're easy to travel with.
9. They're easy to get rid of.
10. They're easy.

The Love of My Life

A tall handsome man
Loving, caring, and very understanding.
Who has big brown eyes,
A smile that makes my face light up.

A man who, I can wrap my arms around,
To cry on his shoulder.
Day after day, I dream about him,
The love of my life is coming soon.

I've waited for so long.
And when that day comes.
I'll know it was meant to be.
You are the love of my love.

Written by,
Kimberly Staub

SOME UGLY TRUTHS ABOUT MEN

1. They say they'll call and they don't.
2. They say "I Love You" and they don't mean it.
3. They forget your birthday.
4. They forget your anniversary.
5. They forget Valentine's Day.
6. They never forget when you make mistake.
7. Or when the sports' seasons begin.
8. They snore.
9. They hog the covers.
10. They spit.

Trivial Pursuit

1) What were brocoli & cauliflower developed from?
2) What dose a dipsomaniac crave?
3) What sport sees men in striped shirts working the chain gang?
4) What distance do you run after hitting a home run?
5) what do gorillas do when they get nervous?
6) What measures 300 by 50 by 30 cubits?
7) Who was the founder of Islam?
8) What Roman emperor made his horse a senator?
9) Whats ten inches tall,weighs seven pounds and is gold platted?
10) Where is the international court of justice?
11) What nationality says"spasibo"for thank you?
12) What did cowboys refer to as tounsil paint?
13) What nerve carries signals from the retnia to the brain?
14) Who said"Ronald Regan dosent dye his hair,he bleaches his face?
15) What is the name of the Volkswagon in Disneys"The love bug"?

"A closer look at A.A."

Alcoholics Anonymous is a voluntary,world wide fellowship of men and women from all walks of life,who meet together to attain and maintain sobriety.The only reqiurement to join is a strong serious desire to stop drinking! There are no dues or fees for A.A.membership.It is estimated that there are about 76,000 groups and more than 1,500,000 members in 144 countries.

The fellowship has adopted a policy of "cooperation but not affiliation" with other groups or organizations concerned with the problem of alcoholism. We have no opinions on outside issues,A.A. and neither endorses or opposes any causes. Over the years,Alcoholics Anonymous has affirmed and strengthened a tradition of being fully self supporting from non members.Within the fellowship, the amount that may be contributed is limited to $1,000 a year.

A.A. is a program of total abstinence. Members simply stay away from one drink,one day at a time.Sobriety is maintained through sharing experiance,strength and hope at group meetings and through the suggested Twelve Steps for recovery from Alcoholism.

Look for 'alcoholics Anonymous"in any telephone directory. The volenteers will be happy to anwser your questions and/or put you in touch with those who will if they cant!

Submitted by
"Ronique"

Kidnap Poem

ever been kidnapped
by a poet
if i were a poet
i'd kidnap you
put you in my phrases and meter
you to jones beach
or maybe coney island
or maybe just to my house
lyric you in lilacs
dash you in the rain
blend into the beach
to complement my see
play the lyre for you
ode you with my love song
anything to win you
wrap you in the red Black green
show you off to mama
yeah if i were a poet i'd kid
nap you

The ten hardest things to understand.

Women...
Snobby people.
Cats.
Ed Cunningham,
The Courts.
Why life means so little.
Why life means so much.
German.
The price of cigarettes.
Alcoholics.

The ten most happiest things.

Being loved.
Sunshine
Having lots of money.
Being on a winning team.
Learning.
JESUS..
Having childern.
Being rewarded.
Trustworthy and being mature.

The ten most unhappiest things.

Wife leaving you.
Someone dies.
Being put in jail.
Losing your job.
Losing your house.
Getting cavities.
Losing your hair.
Getting beat up.
Getting ripped off..
Being an alcoholic.

UNITED STATES CAPITAL'S

T	R	E	N	T	O	N	U	B	M	A	D	I	S	O	N
A	O	P	U	M	Q	S	T	E	X	W	E	B	P	N	L
L	G	H	I	A	N	E	L	E	H	E	N	E	P	L	V
L	U	E	W	X	O	A	I	U	D	O	V	E	R	B	M
A	O	N	H	V	S	L	M	O	Z	Q	E	R	U	A	B
H	V	N	L	J	P	X	W	U	T	S	R	M	P	O	P
A	S	E	A	G	R	U	B	S	I	R	R	A	H	N	Y
S	T	Y	V	K	I	J	Q	P	N	M	B	P	O	O	T
E	M	E	B	Z	N	A	S	H	V	I	L	L	E	Q	I
E	B	H	A	E	G	E	Y	E	D	K	Z	M	N	P	C
K	O	C	O	X	F	X	J	F	G	H	J	Z	I	O	N
C	O	H	E	A	I	H	B	O	S	T	O	N	X	M	O
R	V	J	T	P	E	Q	R	H	I	P	Q	R	Z	Y	S
A	E	N	S	A	L	T	L	A	K	E	C	I	T	Y	R
M	A	K	F	G	D	H	F	O	L	A	B	F	G	T	A
S	B	L	K	P	L	E	K	L	M	B	O	P	Q	I	C
I	O	G	L	B	V	O	S	A	E	I	A	O	J	C	N
B	V	N	P	Y	A	I	O	M	H	L	P	N	K	S	O
W	X	I	Q	Z	T	E	S	I	O	B	M	V	Y	A	P
A	U	S	T	I	N	I	X	V	M	I	P	W	X	S	P
O	S	N	O	X	A	K	N	L	O	C	N	I	L	N	Q
U	K	A	V	M	L	J	H	L	M	O	P	E	J	A	M
E	C	L	U	O	T	N	E	M	E	R	C	A	S	K	L
Y	H	Z	V	M	A	N	O	A	C	B	D	C	E	H	J

BY DAVID KING AND
YVONNE EARHART

- LINCOLN
- ALBANY
- ATLANTA
- HARRISBURG
- AUSTIN
- BOISE
- BOSTON
- BISMARCK
- CARSON CITY
- CHEYENNE
- TALLAHASEE
- DES MOINES
- DENVER
- NASHVILLE
- SALT LAKE CITY
- PHOENIX
- SACREMENTO
- SALAM
- HELENA
- KANSAS CITY
- SPRINGFIELD
- MADISON
- SANTE FE
- LANSING
- DOVER
- TRENTON

Saturday Mechanic

A succesful business woman had such a good year that she bought herself a Rolls Royce.A couple weeks later,she took it back to the dealer and complained that odd wheezing noises were coming from the front end of the car.

The dealer had the car checked and telephoned the woman. "Theres only one possiable explination,"he said "Your chauffeur must have asthma"!

"ED Cunningham"

"I know where I am"

I woke up in a place staring at a blue pastel colored wall,made of cinderblocks and cement.With a toilet-sink combination type thing as part of its interior decor.The air was damp and cooland carried the aroma of stale cigarettes.

I turned my head to see within my reach,green bars made of four gauge steel.The skin above my wrists still bore indentations halfway around where the handcuffs once lay.

Beyond the bars was another wall of cells.

As my eyes traced across the cement floor,"was it hell"?

What brought me here? Iwish I could blame it on the woman I loved but no! That would be too easy.

Think!

Was it resentment,passion,jealousy? Was it the low self esteem,loss of trust,self pity? Was it fear or the total loss of my self?

What brought me here to this abyss of my life,with death just on the other side of the door?

I was all of these feelings,but much,much more!

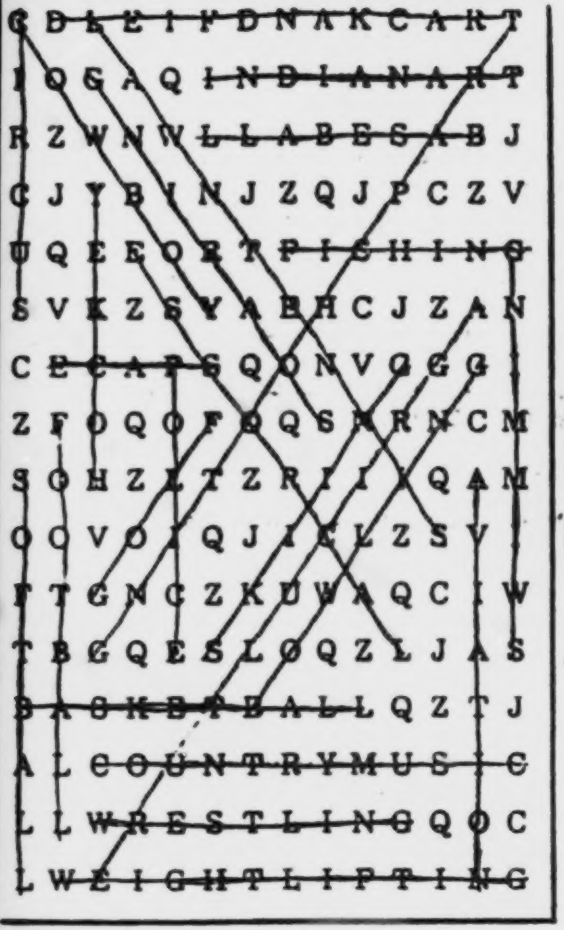
There is something much more powerfull than I,and I am powerless under its spell...."Alcohol & Drugs"!

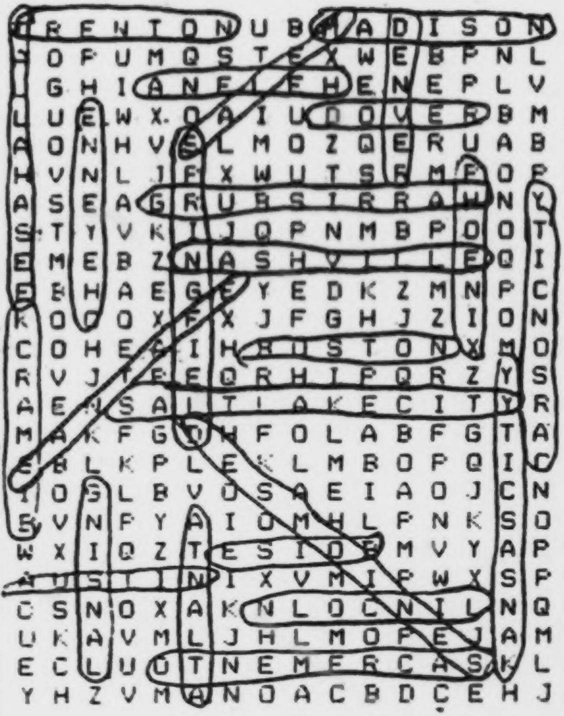
"ED Cunningham"

Economy & You (cont.)

For us that will be reentering society these programs could not have come at a better time. So get out there and find out what is being offered. Go to your local office of employment or ask your Probation or Parole officer, ask anyone you know. Don't miss any opportunity! When Americans work together to overcome a problem success is not just probable, but inevitable. Think of the pride you will have cashing a payroll check instead of a welfare check. Good Luck and God Bless.

Mr. & Mrs. Gregory Kozemchak

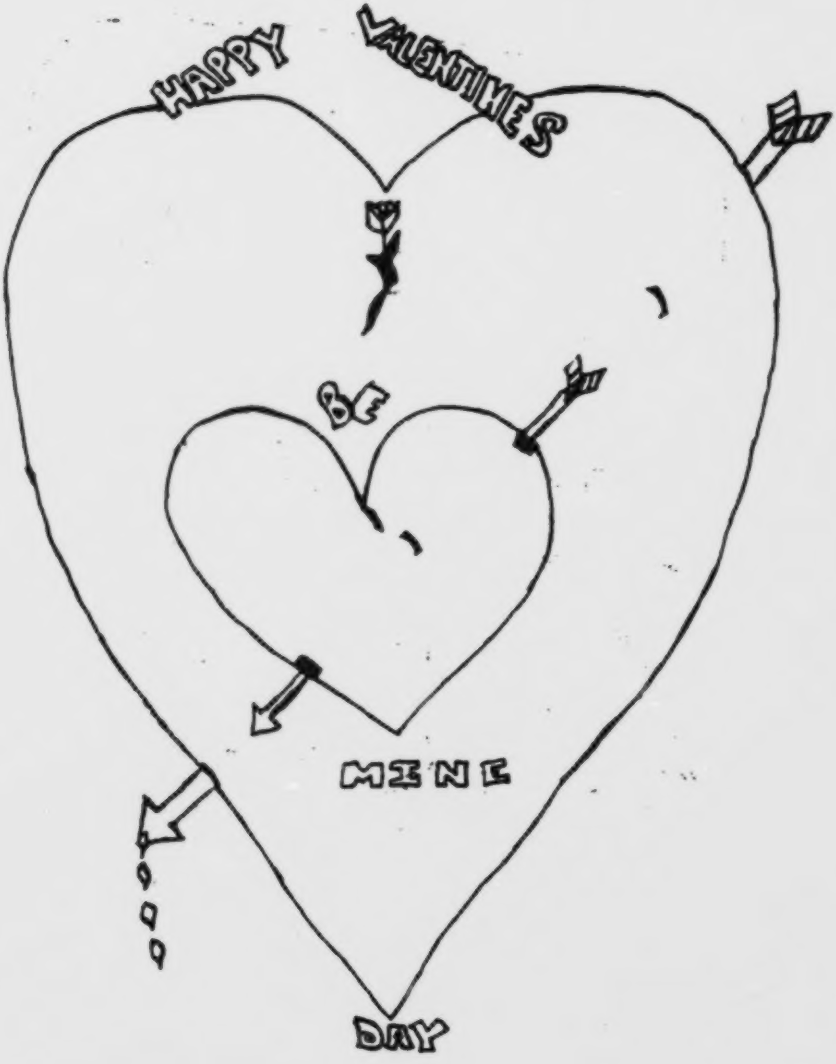




Anwsers to Trivial Pursuit.

1) Cabbage
2) Alcohol
3) Football
4) 360 feet
5) Beat there chest
6) Noas ark
7) Mohammed
8) Caligula
9) An Oscar
10) The Hague
11) Russian
12) Whiskey
13) The optic nerve
14) Johnny Carson
15) Herbie

See ya Next month


HAPPY
VALENTINES
BE
MINE
DAY

by Ricardo Owen

NOV 19 1993
BUREAU OF ADULT BASIC AND LITERACY EDUCATION

CONTEXT

JUNE 93

ADAMS COUNTY PRISON STAFF

WARDEN.....................................Bernard Yanetti
DEPUTY WARDEN of WORK RELEASE..............Mike Cook
DEPUTY WARDEN of OPERATIONS................Harry Long

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Staff

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Frank Pittenturf
Bill Carroll
Antonio Garza
Steve Sanchez
Betsy Hoke

Michael Zinn
Travis Mann
Tim Moody
Jesus Anaya
Willie Dixon

Questions to the Warden
with Betsy Hoke

Q. How do you feel about being the Warden of ACP?
A. It's stressful, but I enjoy it. However, no matter how hard I try I have a problem with ignorance. My definition of ignorant people are those who blame everybody but themselves for their incarceration.

Q. How long have you been the warden and how long do you intend to remain the warden?
A. 3 1/2 years. As long as possible.

Q. What are some of your hobbies?
A. Gardening and farming.

Q. How many children do you have?
A. Two. A daughter and a son. Both are lawyers.

Q. I don't think it's fair for an officer to disrespect an inmate then write the inmate up. Do inmates have the right to write up an officer?
A. Yes, they do have that right.

Q. Why are co-ed programs stopped?
A. Coed programs just don't work. They cause problems.

Q. Will there be another pizza sale.
A. Yes there will another pizza sale.

Q. Can we have some kind of nerf ball to toss in the yard?
A. Yes, we can.

Q. Are we ever going to be allowed to smoke again?
A. This issue is in the hands of the prison board and county commissioners.

Q. We the inmates of ACP would like to know if we can have a mail service going thru the prison between male and female inmates?
A. No.

A.G.I.O.

year-round resort

Resort package includes:

- Guaranteed rooms year-round
- no hassle check-in
- single and double rooms
- breakfast in bed
- special private rooms
- personal laundry service
- Chauffer service to town (lmtd
- private basketball / volleyball court (hours vary)
- 24 hour security (just yell)
- many local bars (steel only)
- spacious weight-room
- personal library (hours vary)
- scenic view rooms (lmtd.)
- variety lunch/dinner menu
- much, much more

low, low price of only 5 cigarettes**

**** rated four stars by the Commissioner

on call staff 24 hours

contact your local police station for more details

** 10 cigarettes for single rooms, price subject to change year around. NO approval needed for check-in.

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One/Two Maybe Three Liners

* Anybody can be a heart specialist. The only requirement is loving somebody.

* Whe it comes to dirt, some telephones canbeat a vacuum cleaner every time.

* WILL-POWER is the ability to only eat ONE salted peanut.

* This time of year, you have to wonder why no scientists have yet to develop a lawn seed that will grow minature grass.

* Two kangaroos were talking to each other and one said, "I hope it doesn't rain today. I just hate it when the kids play inside.

* In spring, a young mans fancy turns to love. In spring, a middle-ager wonders if the lawn-mower will start.

* If money is the root of all evil, then the income-tax is the weed-killer.

* The warden was very upset that his daughter married one of the convicts--partially because the guy was a "LIFER", but mostly because they eloped.

* Compared to all previous civilizations, ours finds it hard to think of reasons for getting out of bed, but find it easier to think of reasons for getting back into bed.

* My doctor told me,jogging could add years to my life,I'm beginning to think that he's right; I feel 10 years older already.

* Housework is something you do that nobody notices until you stop doing it.

* Show me a man with his head held high and I"ll show you a man that can't get used to his bi-focals.

* The trouble with relaxing in your own home is that, no matter where you sit, it seems you're looking at something you should be doing.

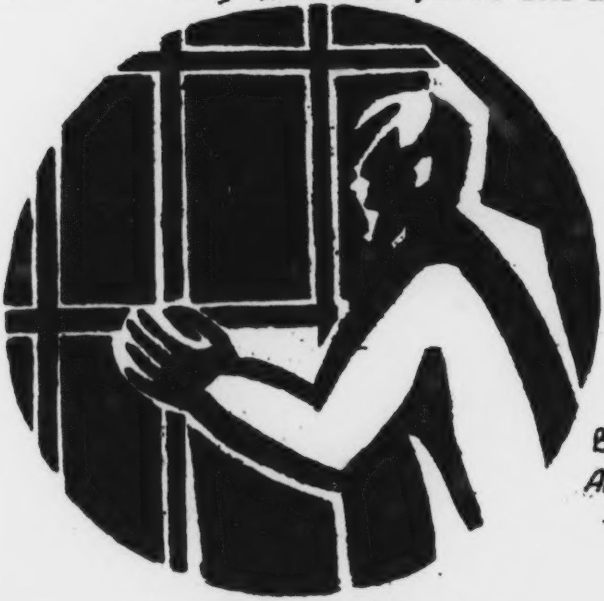
* You're really getting old when the man who's running for MAYOR looks familiar, and you realize you were his den mother.

* On an accident report,"The guy was all over the road. I had to swerve a number of times before I hit him!"

* On an accident report,"My car was legally parked as it backed into the other vehicle!"

O Lonely Prisoner

Behind these prison walls sits a man without a frien.
He gives up hope, thinking this is the end.
With nobody to care, and nobody to lean on,
He's just a lonely prisoner, blue and all alone.



By - Terry R. Seg
Artwork by -
Jesus Anaya J.

The memories of the wrong he's done
Will forever linger on his mind,
For he knows he's the forgotten one,
A lonely prisoner, just doing time.

With the years he spends in prison
He loses the love he once knew.
Hate takes its place, is the reason
In a lonely prisoner, alone and blue.

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PROMISE OF ANSWERED PRAYERS

The power that Jesus promises in John 14:12, He makes available through the prayers He invites us to pray in verses 13 and 14. Verse 14 sounds so appealing that we are tempted to memorize it and apply it at will: "You may ask Me for anything..." ANYTHING? Let's talk.

You could point out several Biblical instances in which prayer pointed out several amazing results. One example was when Paul and Silas were in prison at Philippi. Thet had healed a possesed slave girl whose owners made their fortune by exploiting her affliction. To get even, the owners stirred up a crowd and dragged the both to the magistrate and were charged with "Advocating customs unlawful to us Romans to accept or practice"(ACTS 16:21). They were then stripped, beaten and then confined to an inner jail cell and fastened with shackles.

Instead of bemoaning their fate, however, Paul and Silas prayed and sang hymns to God until midnight, when a violent earthquake shook the foundations of the prison, opened the doors and loosened everybody's chains.

Certainly you can recall some prayer that was answered like this one, well maybe not. You probably have some others; these are stories of unanswered prayers, ones which required more urgent responses from God, but which He seemed to ignore. Didn't Jesus say anything?

Look again. He promises, "...Whatever you ask in my name, so that the son may bring glory to the father." (John 14:13). He may not answer every prayer, but if His purpose can be best served by releasing Paul and Silas from prison, an earthquake is not to much to ask for. God receives glory or honor when his purposes are fulfilled, when His kingdoms work is accomplished. There are times though, when His best people do not get what they ask for, really!

God has obligated himself to keep his word, and he will do so, but he never promised to grant our every wish if we are seeking only our personal benefit. To seek only personal good is to ask God to play favorites.

Read John 14:13,14 again. Jesus does not promise to dispense favors willy-nilly, but to act in harmony with His life's purposes. He wants to bring glory to His father. He is still assuring His disciples that "anyone who has faith in me will do what I Have been doing," and

Believe it or not saving faith is the only faith that will get us into the Kingdom of Heaven. So all of us need to get away of the Factual faith in which all believe is necessary and start receiving faith that is true. If temporary faith is all you can obtain, than pray to Jesus and ask him to help you in your life. If praying is a problem then ask a fellow Christian to help you and guide you. What ever you do don't ever give up because your prayers are not answered, instead keep believing to the end, this is what counts in the end. Peace be with you all.

*Information derived from 'The Way Home' and edited and submitted by Jesus Anaya Jr.
'Living by the faith in Jesus Christ'

O Lord, hear my prayer.
listen to my cry for mercy
in your faithfulness and
righteousness
come to my relief.
Do not bring your servant into
judgment,
for no one living is righteous
before you.

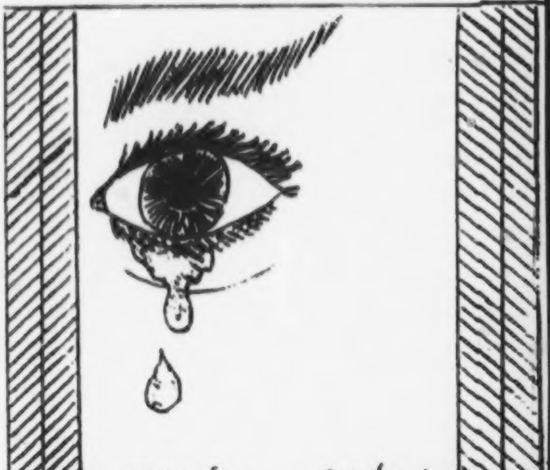
The enemy pursues me.
he crushes me to the ground;
he makes me dwell in darkness
like those long dead.
So my spirit grows faint within me;
my heart within me is dismayed.

I remember the days of long ago;
I meditate on all your works
and consider what your hands
have done.
I spread out my hands to you;
my soul thirsts for you like a
parched land. Selah

Answer me quickly, O Lord;
my spirit fails.
Do not hide your face from me
or I will be like those who go
down to the pit.
Let the morning bring me word of
your unfailing love,
for I have put my trust in you.
Show me the way I should go,
for to you I lift up my soul.

Rescue me from my enemies,
O Lord,
for I hide myself in you.
Teach me to do your will,
for you are my God;
may your good Spirit
lead me on level ground.

For your name's sake, O Lord,
preserve my life;
in your righteousness, bring me
out of trouble.
In your unfailing love, silence
my enemies;
destroy all my foes,
for I am your servant.



VERSES from
INT. VER BIBLE - JESUS

Art by Angfa JR.

Psalms 143

Tears

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"THE HISTORY OF THE GETTYSBURG FIRE DEPT."
"ADAMS COUNTY COMPANY 1"

The first fire protection was given by the bucket brigade when Gettysburg became a borough in 1806. The town council immediately made the bucket brigade not only legal,but mandatory. History recorded that some men did not turn out when the alarm of fire was given and so in accordance of law,the men were fired for their deriliction of duty. The first town council did not rely on the bucket brigade for fire protection, however. The council resolved to purchase a "fire engine",and asked Adams County to help. The county,s grand jury agreed and provided $150.00 toward the engine.The town issued bonds for $300.00 to cover the remainder of the costs. So Gettysburg obtained it's first fire engine. The borough soon found that a fire engine requires a company if it's going to be main--tained in proper operating condition and be efficiently used. On February 12,1808,the engine company was formed. The Gettysburg Fire Dept. dates it's origin from the formation of the company because it marks the first time formal companies were established. The borough council not only provided by law for establishing an engine company, but also for an axe company,a bucket company, and a ladder company-all with duties indicated by their name. The town replaced it's first engine in 1830 with a new engine named "the Guard". Im 1833 the town was divided into 3 wards and a fire company was formed in each ward. The 2 engine companies comprised of 32 men each. The smaller hose company had 18 by the time of the mexican war. The town traded it's old engines for 3 new ones-all of the type which had handles down the side which men could pump up and down by hand. Gettysburg's first "non hand powered" engine was the "General Meade" now to be seen at the new G.F.D. museum in Gettysburg PA.

The Silsby Steam fire engine was the very model of modern technology when it arrived here in 1866. The first modernized fire truck arrived in 1912 and since then the Fire Dept. has modernized it's equipment regularly. At present the Department houses four engines,a 100ft.aerial ladder truck,hose wagon, air unit,rescue squad,two ambulances,service unit, and a Dept. car. The new station located on N. Stratton st. in Gettysburg borough. Adams county,PA. The facility now provides an enlarged engine bay, meeting rooms,community-dining room,museum,offices, bunk rooms,exercise-recreation room,and plenty of parking.

-F.PITTENTURF JR.

(updated from a 1990 issue of the context)

"MOTHER"

A prayer that this special day,
will bring a touch of beauty
to your world,

And a feeling of happiness
to your heart....

because your such a
special mother...

-F.PITTENTURF JR.

"LIFE LION RESCUE HELICOPTER"

Life Lion is a state of the art medically equipped helicopter owned and operated by Hershey Medical Center's university Hospital. It has the ability to save these precious life saving minutes. Life Lion is a Dauphin 2 twin engine helicopter. It is the sixth hospital based,aeromedical program in PA. there are more than 140 aeromedical transport services nationwide. Life Lion cruises at 180 M.P.H., flies 20 miles in 7 minutes,has a flight range of 500 miles without refueling,can be airborne in 5 min., is on call 24hrs a day,and can carry up to 4 patients. Life Lion will serve a primary area of 17 central and southcentral PA. counties. More than 6,000 sq.miles and over 2.3 million people are included in the helicopter's service region. Counties include Adams,bedford,Berks, Blair,Centre,Cumberland,Dauphin,Franklin, Fulton,Huntingdon,Juniata,Lancaster,Lebanon,Mifflin, Perry,Schuylkill, and York. It's mission is to provide rapid air transport for critically ill or injured patients and to respond to requests for inter-hospital transport to the university hospital for tertiary care services or another appropriate facility. Life Lion is uniquely equipped to treat acutely ill and injured patients. Life Lion saves valuable minutes during inter-hospital transfers or on-site rescue scenes. Advanced Life support equipment,such as airway and suction apparatus,a volume ventilator,cardiac monitor,and defibrillator are all aboard. A flight nurse and a flight paramedic are aboard each flight. When necessary, a physician specialist and/or specialty team will accompany the flight crew. All of these flight members have recieved advanced training in trauma,Emergency airborne transportation, and resuscitation techniques. Life Lion's pilots hold A.T.P.(airline transport pilot) ratings. Also a specially trained AeroMedical dispatcher will be operating the computerized Life Lion communications center. At the university hospital, an emergency care team,an I.C.U.team,a surgical team,and a full complement of specialized physicians are available to assist,advise, and recieve all transfers and emergencies on a 24hr. basis.

The team includes over 20 university hospital staff members: physicians,flight nurses,flight-paramedics,and dispatchers. Pilots and mechanics are provided under contract by Keystone Helicopter Services. Life Lion has recieved the distinguished service award from the Aviation Conference, an annual event co-sponsored by the Pennsylvania Department of Transportation and the Aviation council.

submitted by:
FRANK PITTENTURF JR.

"SPORTS TRIVIA"

Match each player with their nickname?

Air
Sugar
Chocolate thunder
The Glide
Doc
Boom Boom

Darrel Dawkins
Clyde Drexler
Ray Mancini
Julius Erving
Michael Jordan
Ray Leonard

1. What is Muhammed Ali's real name?
2. What famous ex-wide reciever took ballet lessons?
3. What american ex-track star raced on foot a car and horse and won?
4. What famous ex-football star help break records in the 400m relay at 39.0 seconds and 38.6 seconds and in the 440yd. relays at 39.0 seconds and 38.6 seconds in December 1968?

by;Bill Carroll

PSALMS YOUR KIDS TEACH YOU

from the Catholic Digest-submitted by Jesus Anaya Jr.

*Psalm 5-To my words give ear,O lord, give heed to my groaning.Attend to the sound of my cries.
KIDS-"can we go to the zoo? When can we go to the zoo?I want to go to the zoo!"
*Psalm 41-Thus even my friend, in whom I trusted, who ate my bread, has turned against me.
KIDS-"Mom, I shared my candy with Peter and now he won't share his!"
*Psalm 142-Rescue me from those who pursue me, for they are stronger than I
KIDS-"Danny's chasing me and I'm scared."
*Psalm 51-Don't cast me away from your presence or deprive me of your Holy Spirit.
KIDS-"But I don't want a time out!"

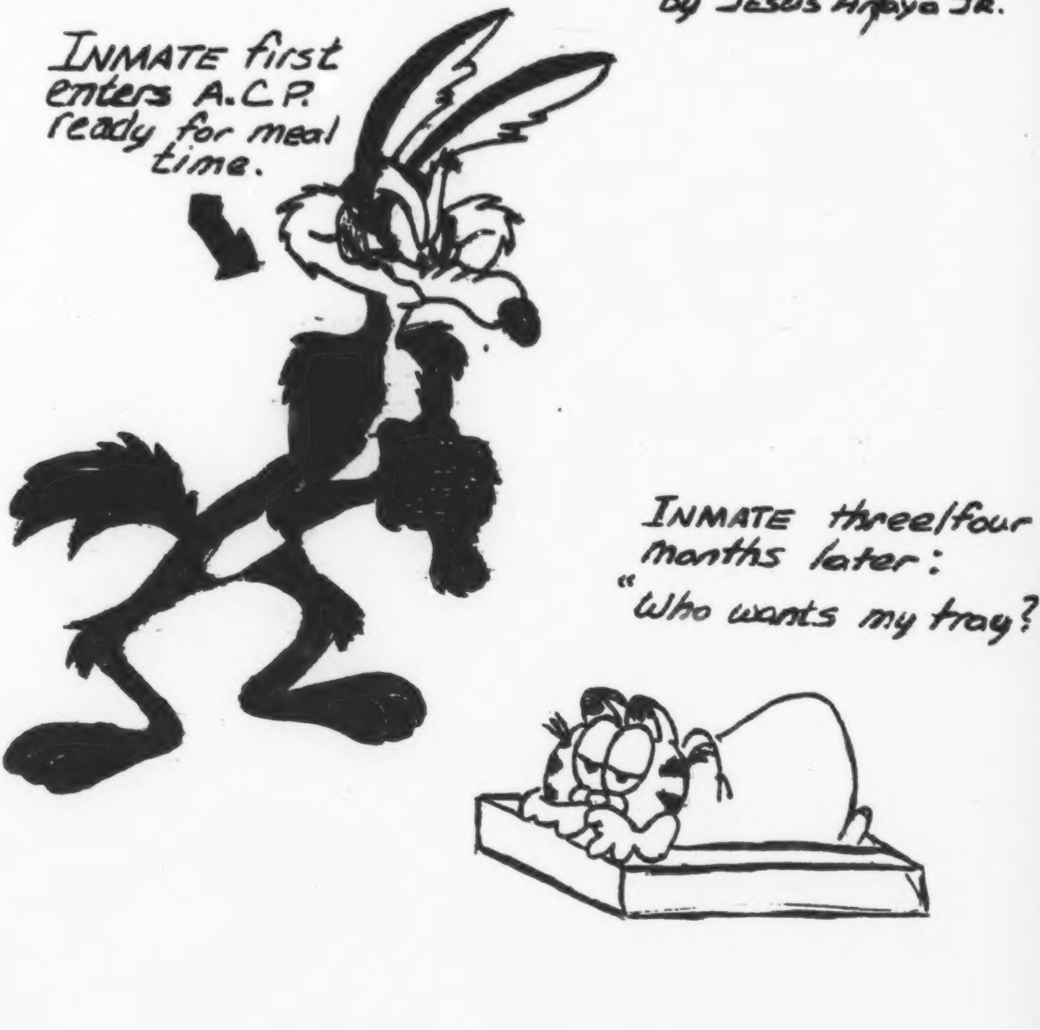
HOW MANY!?

from the Catholic Digest-submitted by Jesus Anaya Jr.

* How many WASPS does it take to change a light bulb?
Two-one to call an electrician and one to mix the drinks.
* How many Californians does it take to change a light bulb?
Four-one to change it and three to share the experience.
* How many graduate students does it take to change a light bulb?
Only one, but it takes nine years.
* How many Jewish Mothers does it take to change a light bulb?
None-"It's all right- I'll sit in the dark!"

Dinner Time

by JESUS Arroyo JR.


INMATE first enters A.C.P. ready for meal time.
INMATE three/four months later: "Who wants my tray?"

JIM'S BASEBALL

```
S E E K N A Y A S B C C U B S
E M S F E S E I L L I H P Y D
I A E I H S S G E S T N A I G
K R T O N L O M G L K J D N J
C I A P U A P T N Q E S R D S
O N R S Z Y X W A U A V E I C
R E I S T Q E O L S X B S A I
B R P R L R Y B S R E D C N T
R S G E I A Q K N E J H F S E
E M P G T R N S O G T L N S L
W U W D I V T I S N R I Q N H
E S A O G B D X D A L M H I T
R D L D E Y C H E R F I E W A
S E V A R B G J A M A Q N T K
S R E D S O X M P R O C L Z S
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ANGELS
ASTROS
ATHLETICS
BLUE JAYS
BRAVES
BREWERS
CARDINALS
CUBS
DODGERS
EXPOS
GIANTS
INDIANS
MARINERS
MARLINS

ORIOLES
PADRES
PHILLIES
PIRATES
RANGERS
REDS
RED SOX
ROCKIES
ROYALS
TIGERS
TWINS
WHITE SOX
YANKEES
METS

MOTORCROSS RACING

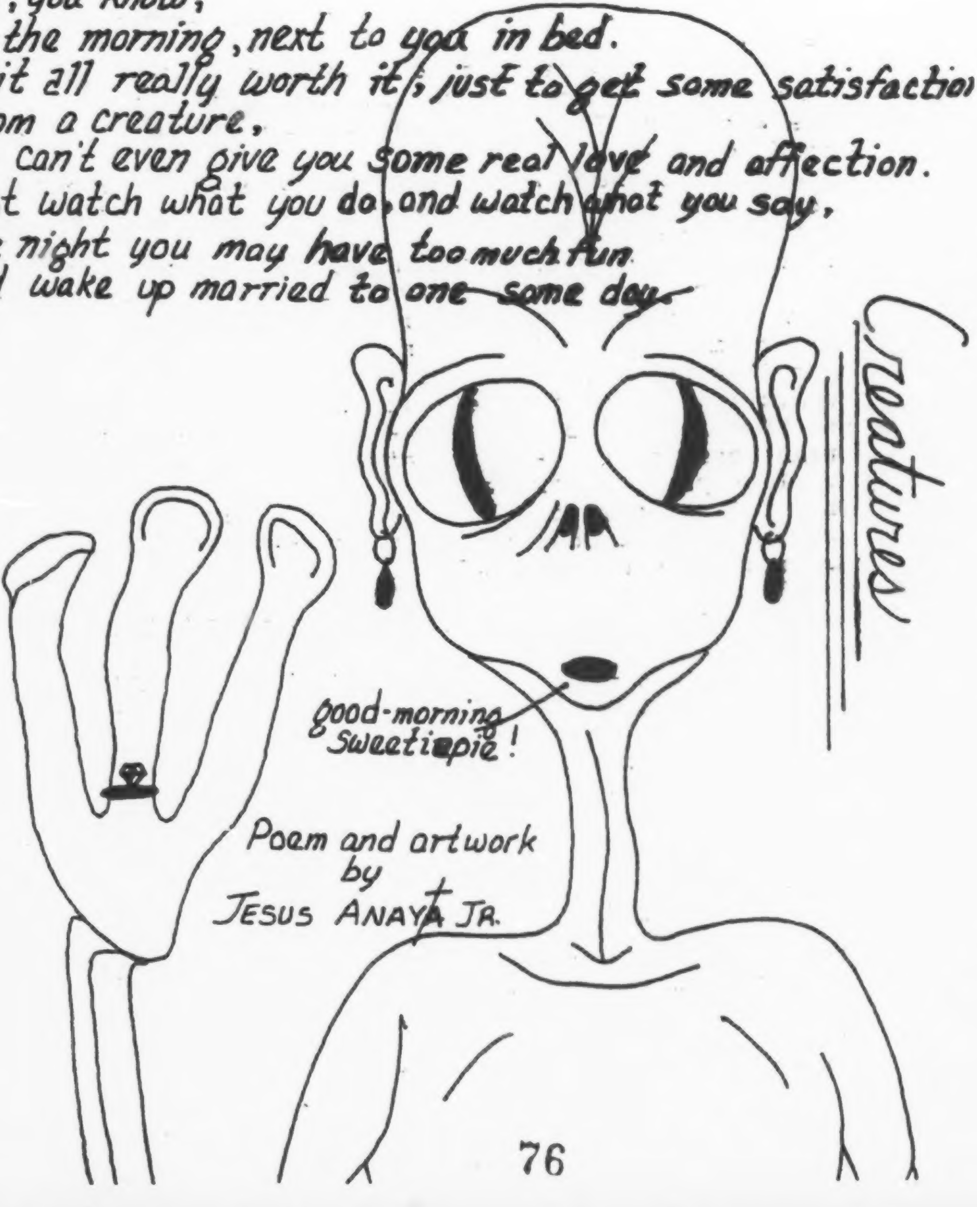
I LOVE RACING DIRT BIKES. THE KIND OF BIKES I RACE ARE A 93 YZ 250 AND A CR 125 90. I STARTED RACING IN 1990 FOR MY FIRST TIME, AND YES, IT CAN BE A DANGEROUS SPORT, BUT ONCE YOU BECOME A PRO LIKE ME, YOU MAKE MONEY.

BEFORE YOU START RACING ON A MOTORCROSS TRACK WITH HILLS 6 FEET HIGH, YOU MUST PRACTICE, FIRST A T LEAST ONCE A MONTH AND THAT'S WHAT I DID. AFTER THAT I WAS READY FOR MY FIRST RACE WHICH WAS AT WEST VIRGINIA STATE NATIONALS AND I PLACED 3RD. FROM THEN ON I WENT TO DIFFERANT PLACES ON WEEKENDS, LIKE TRAILWAYS, HAPPY CAMBLERS, BUDDS CREEK, SLEEPY HOLLOW AND HURRICANE HILL. THEN ON JANUARY 25TH , I WENT TO TAMPA FLORIDA AND WON 1ST PLACE ON MY 93 YAMAHA 250 WHICH WAS FOR THE STATE CHAMPIONSHIP. THEN I GOT A SPONSOR, RAY WILTS OF HANOVER, WHICH WAS REALLY GOOD. IN FEBUARY 93 I WENT TO THE FARM SHOW COMPLEX AND CAME IN SECOND, BUT AS MY POINTS FOR RACING ARE A.O.K.. SO IF YOU WANT TO RACE, YOU CAN, BUT JUST DON'T BE AFRAID OF YOUR BIKE, AND RESPECT IT.

STEVE SANCHEZ

Creatures

Fact or fiction, martians are here,
martians are there, martians are everywhere.
What's really scary is you see them
when your drunk and never when your sober
Yeah, you know,
in the morning, next to you in bed.
Is it all really worth it, just to get some satisfactio
from a creature,
who can't even give you some real love and affection.
Just watch what you do, and watch what you say,
one night you may have too much fun
and wake up married to one some day.



Poem and artwork
by
JESUS ANAYA JR.

"FORM-FANATIC"

I won the amateur Championship in 1986 and turned pro in 1991. But I've made my best and quickest muscle building gains in just the past couple of years.

You'd think a person would just about know it all by the time he won the top amateur competition in the world,but I've since learned how to use my mind better.

I'd like to share some of the techniques I've been using,and how they're applied toward building a perfect body.

I never actually do the same workout twice, but there's still a lot of consistency in my approach. Form is important too, I try to train like a precision machine moving maximum poundages doesn't get it done, where as isolation does, I like to train in the 10-15 repetition neighborhood. Usually at the high end of the range. To me heavier weights mean less control and isolation, which translates to less positive growth.

The following is the basic routine which will help you throughout most of the year. Remember to always warm-up before training.

MONDAY -CHEST-BACK-SHOULDERS-ABDOMINALS EXERCISE

EXERCISE	SETS	REPS
dumbbell bench press (lying)	3	10-12
dumbbell flyes (lying)	3	10-12
dumbbell presses (seated)	2	10
dumbbell-cross over the bench pullovers	2	10
Leg raises (lying)	3	10-15

Tuesday-Triceps-Biceps-

EXERCISE	SETS	REPS
Barbell curls (standing)	2-3	10-12
Dombbell curls (standing)	2-3	10
E-Z curls triceps extension (lying)	2-3	10
Overhead dumbbell extensions (seated)	2-3	10

WEDNESDAY-LEGS-CALVES-

EXERCISE	SETS	REPS
Leg-extension (seated)	3	10
Leg-curls (lying)	3	10
One leg with dumbbell calver raises (standing)	3	10

As a form fanatic,I'm very pro-dumbbell in the gym. Dumbbells offer a greater range of motions and better control over the muscle contraction. My workout rhythm is continuous,but never fast. I need to feel my workout every inch of the way. Theres so much to learn from this kind of global exposure. I hope my comments have broadened your outlook on training and will help you to achieve your highest potential.

1991 Mr.Pennsylvania
1991 Mr. York
1992 Mr.New YorkCity
1992 Mr. Atlanta,GA.
World body building contest.

FAITH-WHAT IS IT AND WHO NEEDS IT?

The first time the word faith is used in Scripture it is spoken by Moses ansd he quotes God's evaluation of Israel. "And God said,'I will hide my face from them, I will see what their end shall be, for they are a very foward generation, children in whom is no faith'"(Deuteronomy 32:20). The Lord also described his generation as having no faith (Mark 4:40). "Have faith in God"(Mark 11:22).

There are three kinds of faith all of which have almost differant meanings. The first kind is the most common type and most widely talked about, that is FACTUAL FAITH. This type of faith depends historic or scientific data. It is a trust in what is evident or seen. Every person has this faith. Seeing is believing. Jesus said Thomas had this faith. "Because you have seen, you have faith" (John 29:29).

The next kind of faith is TEMPORARY FAITH. This faith is flawed because it does not last. It flares up but fails to endure. "It has root and endureth just for a while"(Matt 13:21).

The third and by far the most important is SAVING FAITH. Called "the operation of God" (Col 2:12), saving faith justifies and redeems the believer (ROM 3:23-28). It is more than the acknowledgement of the facts or the recognition of God as Savior. The devisl "believed" and testified that "Jesus was the son of God"(MATT 8:29). This faith, however, moves beyond an initial response and an understanding of the truth to commitment..."for the obedience to the faith" (ROM 1:5). The source of this faith comes from the word of God. "Faith comes by hearing, and hearing by the word of God"(ROM 10:17). The scriptures are the means by which God draws faith fron the believer. God's inerrant word communicates the completely adequate message to the man. The truth from God about mankind's need for salvation and God's free offer of grace is mediated by the word.

"even greater things" will he do. Further He will accomplish then through Jesus' power, not his own. Jesus wants His ministry to continue. The "anything," then, must bring honor to the father.

Yet through all your prayers, He has consistently answered according to your best interest. Admit it, you are better for His answeres than for you requests.

*all information is derived from "The Lord of Promises" ppg.62-66, edited/submitted by Jesus Anaya Jr.

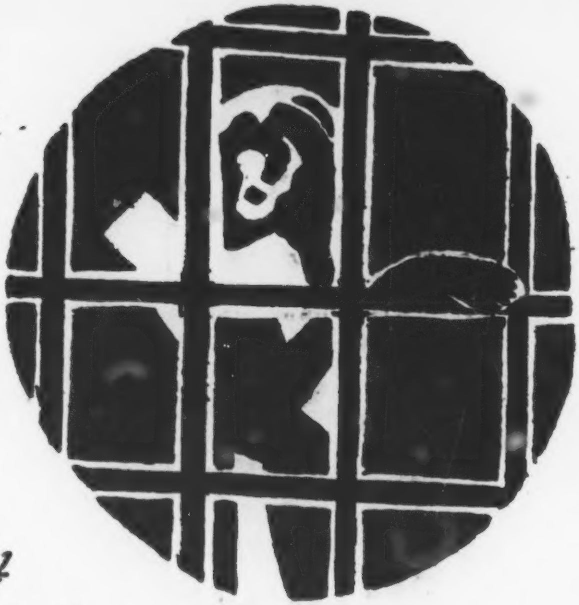
UNTITLED

As I sit awaiting the time that I am undoubtably going to do. I sit and think of past times, Better times. I realize now how much I've hurt the ones I love and that love me. I am constantly reminded of the fact that I have lost the freedom that I so easily took advantage of. As I sit writing I can't help but feel a great loss inside of me, a loss that meant more to me than my own existence! I sometimes wonder why I do the things that I do. I know that they are wrong. The fact that I am writting this proves that. I can only hope that I still have time to change the way my life has turned out. For now all I can do is hope and pray, But for those of who have just started a life of crime and sin, there is still time. Think of the ones you love and care for, if not for yourself, then for them. Think of how you are hurting them, just by not being in their lives. I know it hurts me not to be able to touch or hold that special lady.

To watch my son grow up and not be able to teach him the things only a father can teach a son. Think of these precious things and change your life before you lose them. For one day it may be to late!

Tim Moody

Prison Cell



Psalm 142

I cry aloud to the Lord;
I lift up my voice to the Lord
for mercy.
I pour out my complaint before
him;
before him I tell my trouble.

When my spirit grows faint
within me.
it is you who know my way.
In the path where I walk
men have hidden a snare for me.
Look to my right and see;
no one is concerned for me.
I have no refuge:
no one cares for my life.

I cry to you, O Lord;
I say, "You are my refuge.
my portion in the land of the
living."
Listen to my cry,
for I am in desperate need;
rescue me from those who
pursue me,
for they are too strong for me.
Set me free from my prison.
that I may praise your name.

Then the righteous will gather
about me
because of your goodness
to me.

Psalm 142 from IV. Bible / Artwork by Jesus Angya Jr.
"Living by the faith of Christ"

"JUMBLED STATE CAPITALS"

A D X I N E O H P E L O W E N R
O L G U B O A M I F J L C O R G
R Y B L A R T A G A I P M Y L O
N O X O T E W N C M A X I V A B
O L A F S U N K E S A L E M N A
S P O N I T S U A R R R B O S T
I R E C A O O M J A T E W A I H
D R O C N O C N A L T V V E N K
A E R R E I P O J E W N F O G Y
M A J O L U L B O I S E A W D E
A T O P E K A I N G Y D O L A S
V O R S H A N G C H C A L O T H
E D I N O U G H A C T A M E P A

ALEHEN
APTOKE
BLANAY
CILLONN
COJASNK
DANSOIM
DROONCC
FROTHARD
GRILEAH
HEXONIP
ILPOMAY

INNGLAS

LAAATTN
MEALS
NOTOBS
ORDEV
ORTENNT
REIPER
REVEND
SIBEO
STUNIA

UNUJAE

BY:F.PITTENTURF JR.

"TV AND MOVIE TRIVIA"

1.What is the name of Howard Rollins character in the sitcom IN The Heat of The Night?

2.In which movie with two well known rappers did Martin Lawrence star of the hit tv show Martin first appear in?

3.What is the name of the man who played the character Billy Ray Valentine in the 1983 movie Trading Places?

4.What famed actress co-starred in the 1988 religious movie The Seventh Sign?

5.What 1986 movie did Woodie Harrelson and Wesley Snipes co-star in with Goldie Hawn?

6.What is the name of the ex singer/co-wrestling manager starred in the 1988 movie Vibes with actor Jeff Goldblum?

7.Who played the king in the 1991 hit movie King Ralph?

8.What is George Jefferson's real life name?

9.What is the name of Patrick Swayzze's real life wife that co-starred with him in the 1989 hit movie ROADHOUSE?

10.Which one of the female actresses on the set of hang-in with Mr.Cooper is the apple of rookie sensation Shaquille O'Neals eye?

"MEDIC 28-GETTYSBURG HOSPITAL"

Medic 28 serves all of the communities in Adams County and northern Maryland; an area encompassing a population of approx.90,000 persons;all within a 20-minute response time. It is likely the most important addition to EMERGENCY HEALTH SERVICES in Adams County. The vehicle is a four-wheel drive Chevrolet suburban wagon which meets all of the strict standards for the PA.dept. of transportation, the emergency health services foundation of central Pennsylvania and advanced life support standards for design and equipment The squad concept for advanced life support (ALS) brings specially trained personnel and advanced medical equipment to join with the basic life support (BLS) unit to render car for the seriously ill or injured. The ALS personnel,with the help of the BLS team, evaluate and stabilize the patient anc coordinate transfer of the patient in a BLS unit or ambulanc The ALS vehicle,unlike the ambulance,is not a transport unit In instances where the patients condition is critical and requires uninterupted life saving treatment,ALS members wil ride to the hospital with the patient. The squad concept prc vides the unique opportunity for ALS personnel to work with the area vol.emergency medical technicians (EMT,S) and BLS corps. The integrated concept of ALS/BLS service establishes an optimal working relationship,and maintains the BLS servic as an intigral aspect of emergency care. The ALS unit is hig ly dependent upon a strong BLS network such as exists in Ada Carroll,and Frederick counties. The ALS squad is staffed by paramedic-II and a registered nurse,certified in advanced cardiac and trauma life support. Both work at the scene unde direct supervision of the Gettysburg Hospitalemergency dept. physician through radio command. The communications system h electrocardiogram (EKG) telemetry capabilities allowing the physician in the emergency dept.to monitor the patients hear rhythyms. The system also records conversations between the unit and the emergency dept. The medical command physician i likewise certified in advanced cardiac and trauma life suppc Approx. 3,000 emergency cases are brought to the hospital b BLS units each year. Using criteria established by the Emerc Health Federation,an estimated 60% or 1,800 critically ill c seriously injured patients will benefit each year by the pre hospital ALS team. The ALS unit will be dispatched by Adams County control to the scene. Advanced Life Support is a serv which Adams Co. has needed a long time. It provides the mear to save additional cardiac and accident victim,s lives;

help in the early minutes of trauma when advanced care is so crucial;and help the cardiac patient, whose chances are improved through prompt emergency care.

-FRANK PITTENTURF JR.
(EMT-PII)

TRIVIAL PURSUIT

1) Are barnacles, plants or animals?
2) What non-president said, "I'm in control now, here at the White House?
3) What do you call an infant whale?
4) Who made the Rollings Stones sing let's spend the night together as "let's spend some time together?
5) Whats the nickname of Florida?
6) Whats the larges lakes in the world?
7) What's the highest mountain in the world?
8) What was the first railroad to cross the U.S.?
9) What's the nickname of Kentucky?
10) Who was half-man, half-Vulcan?
11) What does a gynephobic man fear?
12) What was the buckup singing group for Roy Rgers?
13) What actrees has received the most Oscar nominations?
14) who discover Jamaica?
15) What's the difference between two squere miles and two miles squere?

SIGNSOF THE TIMES:from the Catholic Digest,by Jesus Anaya Jr.

* Bumper sticker in Virginia Beach,Va:"All in favor of saving gas, please raise your right foot."
* Bumper sticker in K.C. Missouri:"Pass with care-driver chews tobacco."
* Bumper sticker in Tulsa,OK:"The wages of sin are unreported."
* Bumper sticker of an anesthetist:"The Ether Bunny."
* In a bakery window:"shortcake-take it home and berry it"
* In a Monterrey,CA gift shop:"Meek, Timid salesperson on duty. Cone in and browse around."
* In a Chicago wig shop:"Never say dye"
* In an Indianapolis hardware store:"Shovels, Shop, Sympathy."
* In a N.Y. city bar"Just because you're at a bar, it doesn't make your word law."
* In a Memphis maternity shop:"We carry everything but the baby"
* In a senior citizen center:"Beware-dangerous grandparents around with baby pictures"
* In a IRS office:"Please limit abuse to five minutes"
* On a desk at the Pentagon:"The secrecy of my job does not permit me to know what I am doing"
* On a license plate in Daytona Beach,FL."4EVERL8"
* Man reading dentist bill:"ROOT CANAL? He charged me for the Panama Canal!"
* Dieting-"A system of starving yourself to death so you can live longer."
* On a t-shirt of a two year old:"Old enough to know better"
* On a church Bulletin board in the Bronx:" Be your soul support"
* Church bulletin in Nova Scotia:"At a meeting of the cemetary commision, the burial rates were increased slightly to reflect the higher cost of living."

LOCK DOWN BLUES

Awaken in the morning
    by an itching at your nose
look up over your covers
    and out pops your cellies toes.
Pull your covers over your head
    thinking your real smart.
Then your cellee starts to grunt,
    then BRRRR,
    he farts.
Pull your covers a little
    to take a peep
and say, 'damn' to yourself
    cause he's still asleep.
The doors crack open
    and you run like a rabbit.
Think it's a one time,
    But it's a habit.
You tell the guards,
    but they just laugh.
Only thing left to do
    is step to him,
Cause the smell is bad
    and you just can't stand it.
Tell him to take a shower
    but don't say it,
        demand it.
He'll get offended first,
    but don't give up,
Tell him he smells like some Hay Bag
    and his feet smell bad
    when he takes off his shoes.
But this is just part
    of the Lock Down Blues.
Lock Down Blues,
  Lock Down Blues,
Everybody has the Lock Down Blues.

Bill Carroll

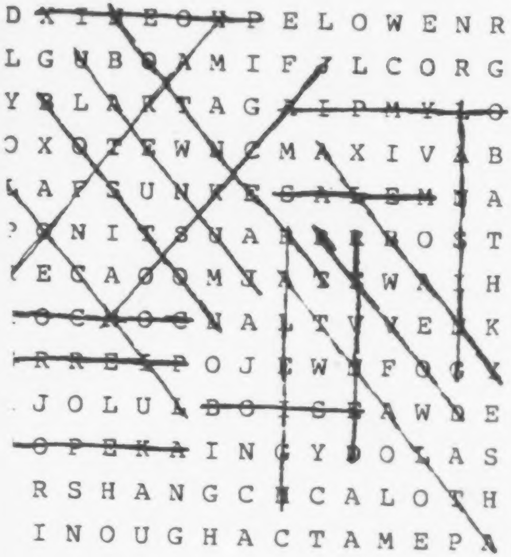
"SPORTS TRIVIA ANSWERS"

1. Cossious Clay
2. Lynn Swann
3. Jesse Owens
4. O.J.Simpson

"TV AND MOVIE TRIVIA ANSWERS"

1. Virgil Tibbs
2. House Party
3. Eddy Murphy
4. Demi Moore
5. Wildcats
6. Cindy Lauper
7. John Goodman
8. Sherman Hemsley
9. Kelly Lynch
10. Holly Robinson

UMBLED STATE CAPITALS ANSWERS



ENA
EKA
ANY
ICOLN
CKSON
DISON
NCORD
RTFORD
ALEIGH
HOENIX
OLYMPIA
LANSING
ATLANTA
SALEM
BOSTON
DOVER
TRENTON
PIERRE
DENVER
BOISE
AUSTIN
JUNEAU

TRIVIA ANSWE

1) ANIMALES
2) ALEXADER HAIG
3) A CALF
4) ED SULLIVAN
5) THE SUNSHINE STATE
6) THE CASPIAN SEA
7) MOUNT MCKINLEY
8) THE UNION PACIFIC
9) THE BLUEGRASS STATE
10) MR. SPOCK
11) WOMEN
12) THE SONS OF THE PIONEERS
13) KATHARINE HEPBURN
14) CHRISTOPHER COLUMBUS
15) TWO SQUERES MILES

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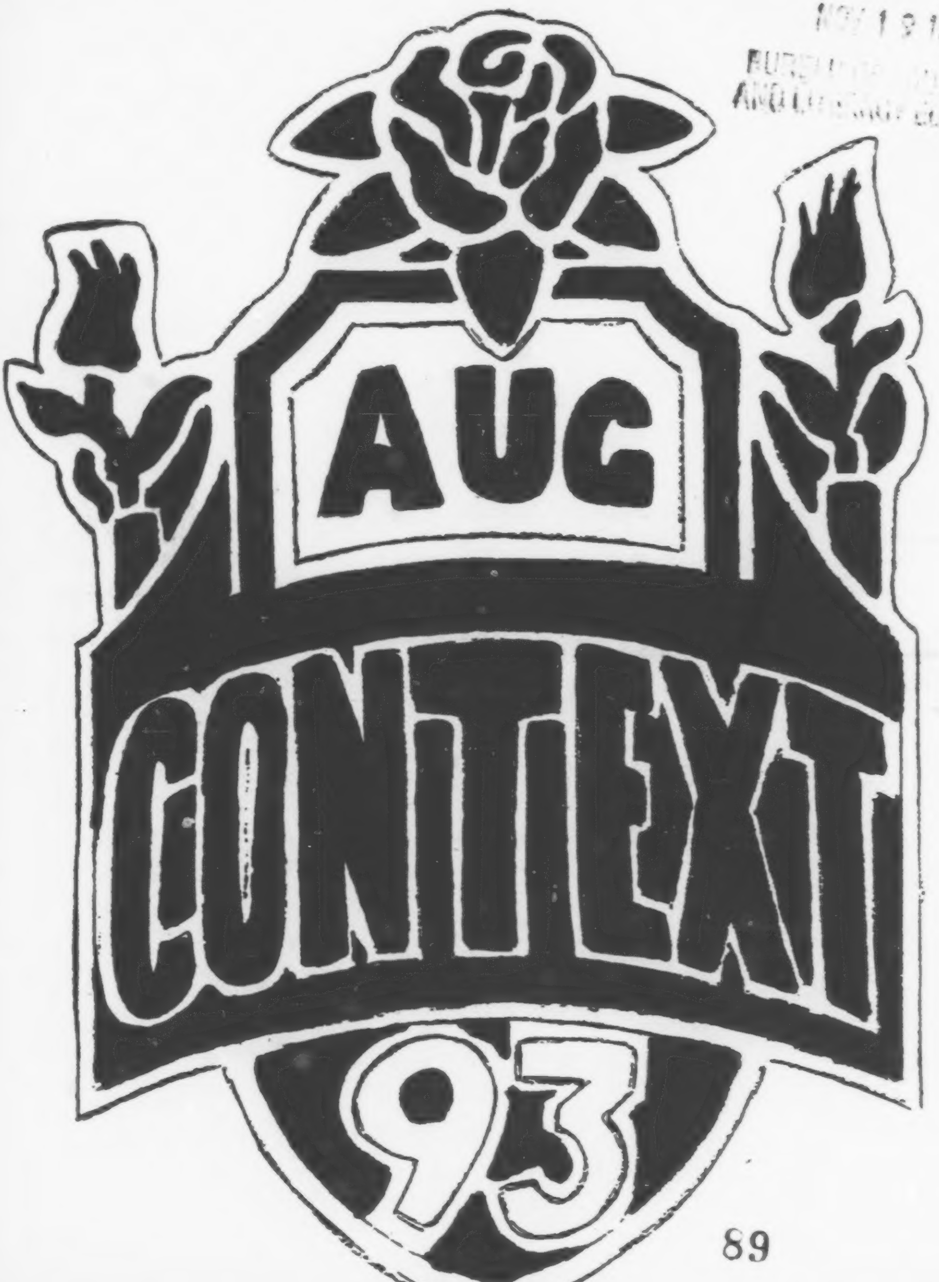
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CONTEXT
93

ADAMS COUNTY STAFF

WARDEN..BERNARD YANETTI
DEPUTY WARDEN OF WORK RELEASE.................MIKE COOK
DEPUTY WARDEN OF OPERATIONS...................HARRY LONG

SGT. TIM CULLISON   SGT. BRUCE CLUCK   SGT. RAY HEINTZELMAN

CORRECTIONAL OFFICERS

LINDA REDDING
DEBBIE SMALL
MARY WILLIAMS
MAC PIEROTTE
CATHY PLANK
BILL MULLER

BRIAN LUTZ
KEITH OVERCASH
JEFF BRASWELL
QUAY CULLISON
RICHARD TRIMMER
JAY CUTSHALL

VINNIE FAGAN
JIM COOL
JIM POWERS
NEIL MOOSE
CRAIG CULP
MARK YINGLING

INST. PAROLE OFFICER..........................DONALD OVERMEYER

G.E.D...EVETTE JONES

MENTAL HEALTH.................................JAN WARSHAWSKY

COUNSELOR.....................................SUSAN MILLER
COUNSELOR.....................................MARY STEVENSON
COUNSELOR.....................................JEANE THOMPSON

A.A. COUNSELORS...............................BRIAN AND JERRY

BOOK KEEPER...................................JOY HANKEY

HEAD OF MAINTENANCE...........................DAVE KUHN

CHAPLAINS.....................................WATER MARTIN
JOHN FORRY
DON WEAVER

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EDITORIAL
"THE FACTS AS I SEE THEM"

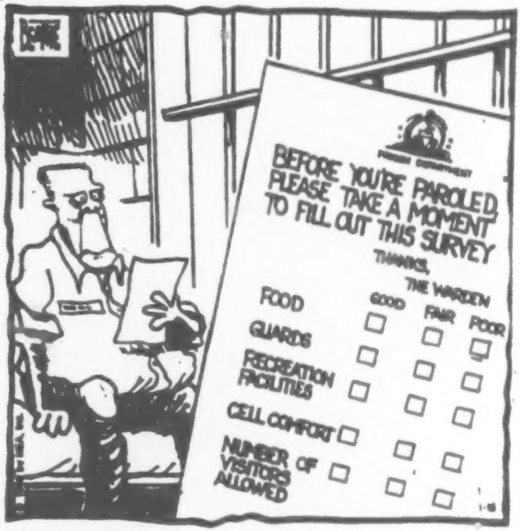
It has come to my attention since my incarceration in this facility, that there are certain things that do not seem to make sense, that the inmates here are treated as people that are guilty before they are even in court. There is such a thing in this country as human rights, there is also something called the constitution of the United States. At one time in this country each individual was innocent until proven guilty. If that is the case then why are we treated like prisoners until we are one? In every facility that I have been in on entrance of the facility you are given your rights and a copy of prison rules and regulations, there should be a list of bondsmen in the area and also attorney's. In addition the address and phone number to the prison society of the state of Pennsylvania, so that if inmates do not feel they have been treated fairly in court or in this facility, they have someone to contact to let them know their rights. There also seems to be a big waste of manpower in this facility. In others I have been in there were programs developed to keep inmates busy. For instance,kitchen duties, laundry, cooking, maintenance of facility. There were also outside community service jobs designed so that inmates could pay their fines and restitution. When I went to court 2 weeks ago 6 people with me were on the charge of probation or parole violations due to the fact that they did not pay their restitutions,fines and court costs,etc. A lot of inmates say they can not pay because they can't get a job. Most people say that inmates are lazy and don't want to work,but I find talking to them myself that they would do anything to have a job and to become a productive part of society. I also find that most of the inmatesin the facility are not in herefor violent crimes: Most are in here for parole

EDITORIAL CONTINUED

or probation violations or summary offenses or drugs. These are not people that can't be rehabilitated they are just people that have lost their way and need a society that cares. When people look accross from Adams County jail, they see thousands of acres of national park and you know what I see, I see jobs for inmates- trash collection, lawn mowing, painting, maintenance, and lots of landscaping. In closing my editorial, I would like to say that every day I see inmates to the public, grown men to me, eat breakfast and go back to sleep, eat lunch and go back to sleep, eat dinner and go back to sleep because there is nothing else for them to do, and believe me it is a great waste of man power in Adams County and this country. And that's the facts as I see them.

ANTHONY S. FROCK

SNAFU


BEFORE YOU'RE PAROLED PLEASE TAKE A MOMENT TO FILL OUT THIS SURVEY
THANKS, THE WARDEN
GOOD
FAIR
POOR
FOOD
GUARDS
RECREATION FACILITIES
CELL COMFORT
NUMBER OF VISITORS ALLOWED

NEWS NEWS NEWS

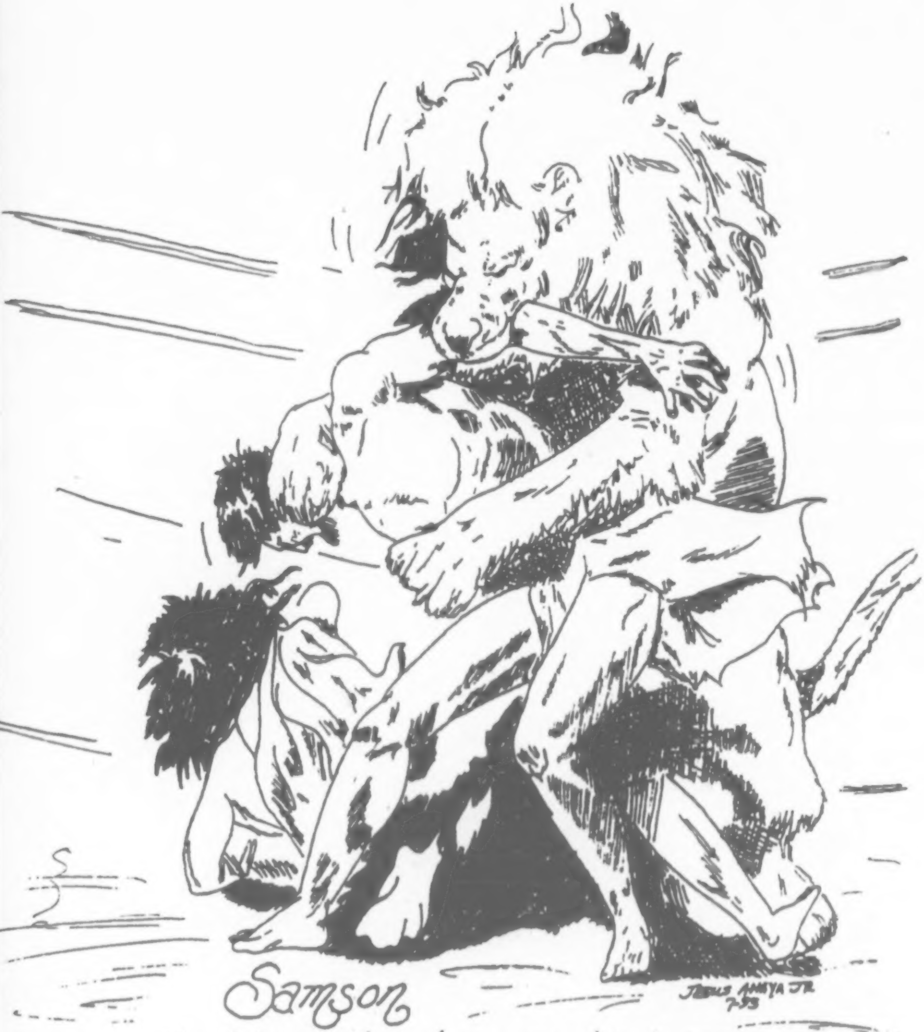
BEGINNING SOMETIME IN AUGUST TO EARLY SEPTEMBER THE PENNSYLVANIA PRISON SOCIETY WILL VISIT ADAMS COUNTY PRISON.IF THERE IS A NEED, THEY MAY VISIT ON A REGULAR BASIS. IF YOU WISH TO SPEAK TO ANY ONE IN THE SOCIETY ABOUT A MATTER YOU FEEL THAT NEEDS TO BE STATED, DO SO BY FILLING OUT A REQUEST FORM (PLEASE DO NOT STATE THE MATTER, JUST THAT YOU WOULD LIKE TO SPEAK TO THEM). THIS IS SOMETHING WE SHOULD NOT TAKE ADVANTAGE OF, BUT USE TO OUR BENIFIT. IF YOU HAVE ANY QUESTIONS, REQUEST TO SPEAK TO SOMEONE IN CHARGE OR ASK TO SPEAK TO WARDEN YANETTI.

* * *

ACTIVITIES

YES, I THINK WE NEED MORE THINGS TO DO WHILE BEING IN JAIL. IF THE ADMINISTRATION WOULD MAKE THE RIGHT DECISION TO LET THE BOTH UPPER TIERS OUT TOGETHER SO THAT WE ALL CAN PLAY BASKETBALL, CARDS, CHESS, WHAT EVER. IT'S JUST TOO HOT TO BE IN A CELL (SO THAT'S WHY WE NEED MORE THINGS TO DO), SO THAT WE DON'T HAVE TO WORRY ABOUT THE HEAT.

STEVE SANCHEZ



Samson

The Spirit of the Lord came upon him in power
so that he tore the lion apart with his bare hands
as he might have torn a young goat. (Judges 14:6)

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ACROSS:

1. WHO HAD THE FIRST BIRTHDAY PARTY IN THE BIBLE?
  CLUE : GENESIS 40
3. WHO WERE THE FIRST EXILES? CLUE:GENESIS 3
7. WHO WAS THE FIRST TO LIE IN THE BIBLE? CLUE:GENESIS 3
8. SHOWING GOOD WILL;PEACEABLE
10. JESUS WORKED HIS FIRST MIRACLE THERE. CLUE:JOHN 2
11. WHO WON THE FIRST BEAUTY CONTEST? CLUE:ESTHER 2
12. THE ACT OF INVOKING OR WISHING EVIL ON SOMEONE.
14. ATTRIBUTING TO A PERSONS FAULTS THEY DO NOT HAVE.
15. ACTIVE BELIEF
18. RESTORE A FAVOR
19. A CONVERSATION ABOUT ANOTHER PERSON.
20. REFRAIN FROM PENALIZING.
21. HARMING THER GOOD REPUTATION OF ANOTHER BY LIES.

DOWN:

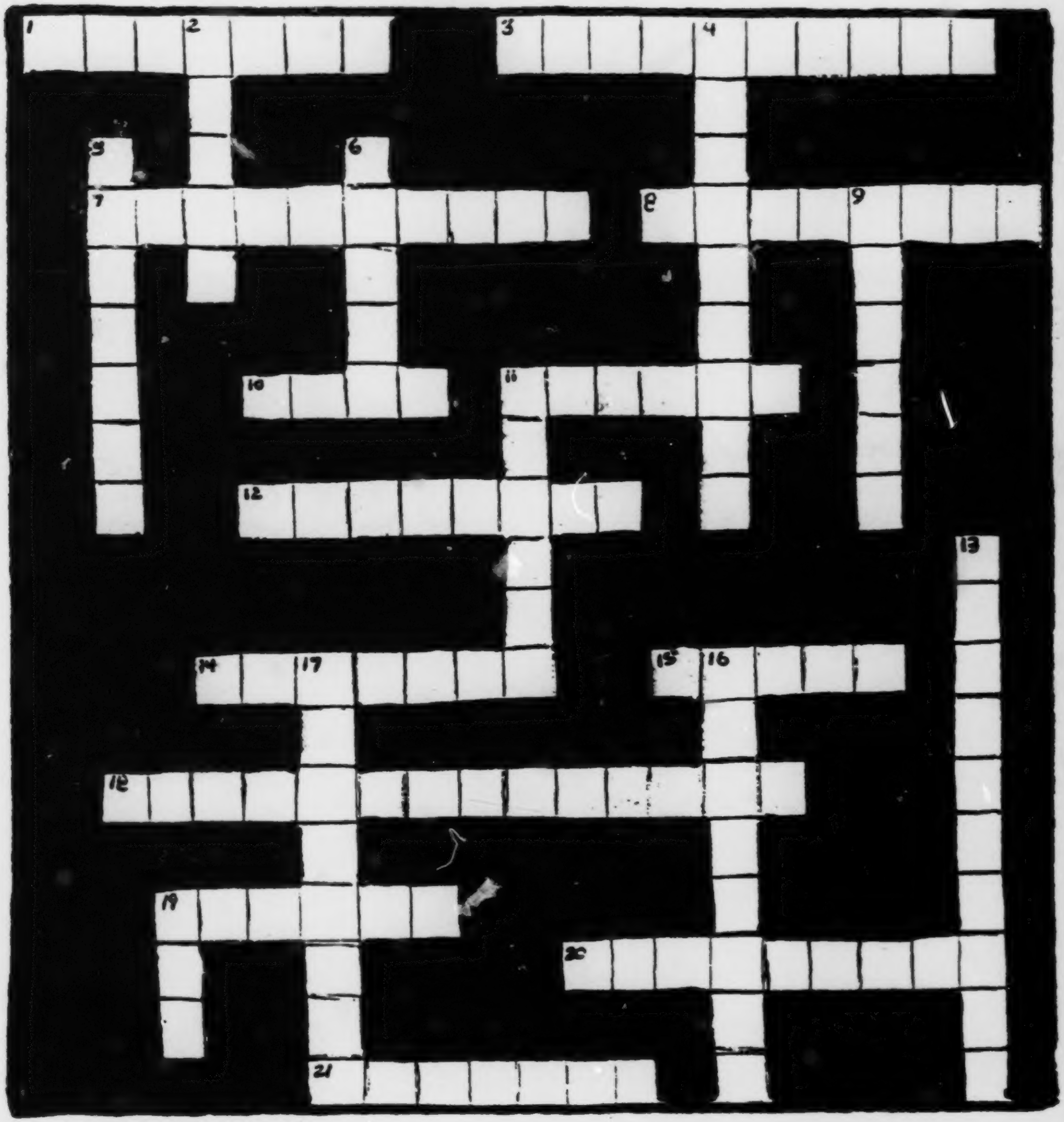
2. THE FIRST CREATURE OUT OF NOAH'S ARK. CLUE:GENESIS 8
4. WHO WAS THE FIRST DREAM MENTIONED IN THE BIBLE?
CLUE:GENESIS 20
5. SOMEONE WHO DENIES THE EXISTENCE OF GOD.
6. FIRST COLOR MENTIONED IN THE BIBLE. CLUE:GENESIS 1
9. SPIRITUAL SLOTH OR INDIFFERANCE; NOT CARING
11. WHO USED THE FIRST PSEUDONYM (PEN NAME)? CLUE ESTHER 2
13. A CHANGE OF MIND AND HEART
17. SOMEONE WHO DENIES THAT WE CAN KNOW GOD EXISTS.
16. SONSHIP; TAKING INTO FELLOWSHIP

MY BEST FRIEND

HE IS THE MAN ABOVE ALL OF US. EVERYTIME I'M DOWN OR UPSET ABOUT SOMETHING, I SAY TO HIM, "LORD, PLEASE HELP ME THROUGH THIS." AND BELIEVE ME HE DOES, BECAUSE HE LOVES ME AND YOU. LIKE THE PRAYERS SAY, ASK AND YOU SHALL RECEIVE. SO THAT IS WHY HE IS MY BEST FRIEND BECAUSE HE HELPS ME EVERYDAY WHILE BEING IN JAIL.

STEVE SANCHEZ

Is Jesus [illegible]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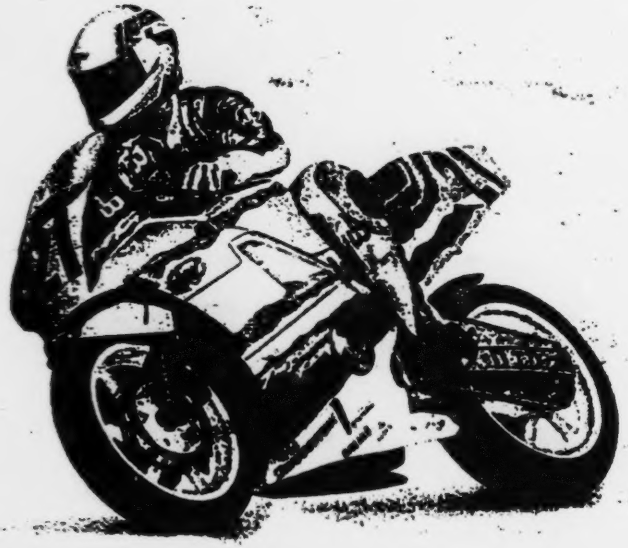
FAST ON TWO WHEELS

YOU MAY THINK OTHER BIKES ARE FAST, BUT WAIT UNTIL YOU RIDE THE 'THE MACHINE'. WHAT I'M TALKING ABOUT IS THE ZX=7, THE CROTCH ROCKET. THE TOP SPEED IS 200 MPH. SOME PEOPLE SAY THE CBR HONDA IS FAST. PLEASE TELL THAT BIKE TO SIT AND WATCH THE REAL BIKE RUN FAST. THE ONE THING YOU CAN'T DO IS BE AFRAID OF THE SPEED BECAUSE YOU MIGHT WET YOUR PANTS.

STEVE SANCHEZ



SIGNS OF THE TIMES

* OUTSIDE A DENTISTS OFFICE IN PONTIAC, MICH.:" PATIENT PARKING ONLY-ALL OTHERS WILL BE PAINFULLY EXTRACTED."
* OVERHEARD IN A HEALTH CLUB:" I KEEP TRYING TO LOSE THE WEIGHT, BUT IT KEEPS FINDING ME."
* BUMPER STICKER ON A CAR IN PROVO, UTAH: YOU ARE A CHILD OF GOD--PLEASE CALL HOME.
* AT A TREE NURSERY OUTSIDE CHICAGO:" BUY YOUR WIFE A FIR TODAY."
* ON A BILLBOARD FOR BRAKE REPAIRS NEAR HOLLAND, MICH.:"WHAT'S STOPPING YOU?"
* ON A TOW TRUCK IN OHIO: WE DON'T WANT AN ARM AND A LEG, JUST ALL YOUR TOWS.
* OLD COUPON CLIPPERS NEVER DIE-THEY JUST EXPIRE.
* CHILDHOOD : WHEN YOU MAKE FUNNY FACES IN THE MIRROR.
  MIDDLE-AGE: WHEN THE MIRROR GET'S EVEN.
* THE CHEAPEST WAY TO HAVE YOUR FAMILY TREE TRACED IS TO RUN FOR OFFICE.
* IN A LOCAL TANNING SALON OFFICE:" THREE CHOICES: RARE, MEDIUM AND WELL DONE."
* BEWARE OF THE SEASON OF THE VIRUS, VIRUS IS A LATIN WORD USED BY DOCTORS TO MEAN THAT YOUR GUESS IS AS GOOD AS MINE.

FROM THE CATHOLIC DIGEST-SUBMITTED BY JESUS ANAYA JR.

CHANGING MY LIFE

WHEN I LEFT JAIL THE FIRST TIME I THOUGHT I HAD LEARNED MY LESSON, BUT UNFORTUNATELY, WHEN I CAME BACK AGAIN I REALIZED I DIDN'T, SO NOW I HAVE BEEN LEARNING BY MY MISTAKES. EVERYDAY I FEEL LIKE GIVING UP ON THINGS, BUT I DON'T BECAUSE I'M TRYING TO MAKE SOMETHING OF MYSELF. I'M SHOWING EVERYONE THAT I'M NOT JUST SITTING HERE IN JAIL GOOFING OFF. WHEN I GET OUT I PLAN TO GO TO COLLEGE AND GET SOME KIND OF TRADE, BECAUSE THIS IS MY LAST STOP. NO MORE JAIL FOR ME BECAUSE I DON'T WANT TO LIVE LIKE THIS ANYMORE.

STEVE SANCHEZ

In the Cross of Christ I Glory

IN THE CROSS OF CHRIST I GLORY TOWERING O'ER THE WRECKS OF TIME; ALL THE LIGHT OF SACRED STORY GATHERS ROUND ITS HEAD SUBLIME. WHEN THE WOES OF LIFE O'ER TAKE ME ; HOPES DECEIVE AND FEARS ANNOY; NEVER SHALL THE CROSS FORSAKE ME; LO ! IT GLOWS WITH PEACE AND JOY. WHEN THE SUN OF BLISS IS BEAMING LIGHT AND LOVE UPON THE WAY ; FROM THE CROSS THE RADIANCE STREAMING , ADDS MORE LUSTRE TO THE DAY. BANE AND BLESSING , PAIN AND PLEASURE , BY THE CROSS ARE SANCTIFIED; PEACE IS THERE THAT KNOWS NO MEASURE ; JOYS THAT THROUGH ALL TIME ABIDE.

-JOHN BOWRING

SET-UP BY JESUS ANAYA JR.

YET SOME OF THE MOST UNLIKELY CHARACTERS IN THE BIBLE ENDED UP KNOWING AND , BEING KNOWN BY GOD: MOSES, WHO MURDERED AN EGYPTIAN,BEATING A HEBREW(EXODUS 2:12); DAVID, WHO COMMITTED ADULTERY WITH BATHSHEBA (II SAMUEL 11:4), THAN KILLED HER SOLDIER HUSBAND IN BATTLE, SO HE COULD HAVE HER AS HIS WIFE (II SAMUEL 11:15); AND SAUL (LATER TO BE KNOWN AS PAUL), WHO CONSENTED TO THE STONING OF STEPHEN (ACTS 8:1).

"EVERYONE OF US,"CONCLUDES JACKSON," REGARDLESS OF OUR SINS, IS CAPABLE OF FINDING GOD."

OR MORE PRECISELY, OF BEING FOUND BY GOD.

AN ANONYMOUS HYMN FROM THE 19TH OR 20TH CENTURY PUT'S IT THIS WAY: "I SOUGHT THE LORD AND AFTERWARD I KNEW/ HE MOVED MY SOUL TO SEEK HIM, SEEKING ME;/ IT WAS NOT I THAT FOUND, O' SAVIOR TRUE;/ NO, I WAS FOUND OF THEE."

GOD MAKES THE FIRST MOVE TOWARD PRISONERS. AND WHEN PRISONERS MOVE TOWARD GOD, THAY FIND A FREEDOM THAT NO BARS OR SHACKELS CAN TAKE AWAY. APPARENTLY JACKSON HIMSELF HAS FOUND THAT FREEDOM, EVEN THOUGH HE'S SERVING A LIFE SENTENCE.

SO WHY HASN'T MY FRIEND, THE EX-CONVICT, MADE A MOVE TOWARD GOD? HE MADE MANY OPPORTUNITIES. WHY DOES HE CONTINUE TO LIVE AS THOUGH GOD DOESN'T EXIST? WHY DOES GOD APPEAR IN MY FRIEND'S MOUTH ONLY AS A SWEAR WORD AND NOT AS A LONE SONG?

I'M AFRAID, I DON'T HAVE ANY ANSWERS TO THESE TROUBLING QUESTIONS.

BUT I DO AGREE WITH LIFER, ROBERT JACKSON, WHO SAY'S THAT GOD'S LOVE IS NOT LIMITED TO OUR CAPACITY TO RECEIVE IT," WE ARE ALL 'LOVED SINNERS'," WRITES JACKSON," FOR GOD HATES NOTHING HE CREATED."

I LONG FOR THE DAY MY FRIEND WILL ' GRASP HOW WIDE AND LONG AND HIGH AND DEEP IS THE LOVE OF CHRIST, AND TO KNOW THIS LOVE SURPASSES KNOWLEDGE" (EPHESIANS 3:18-19).

*ARTICLE BY MARK REDFEARN, THE PASTOR OF THE LIVING WATER CHRISTIAN FELLOWSHIP AT THE YWCA IN HANOVER.ARTICLE USED BY PERMISSION AND EDITED AND SUBMITTED BY JESUS ANAYA.

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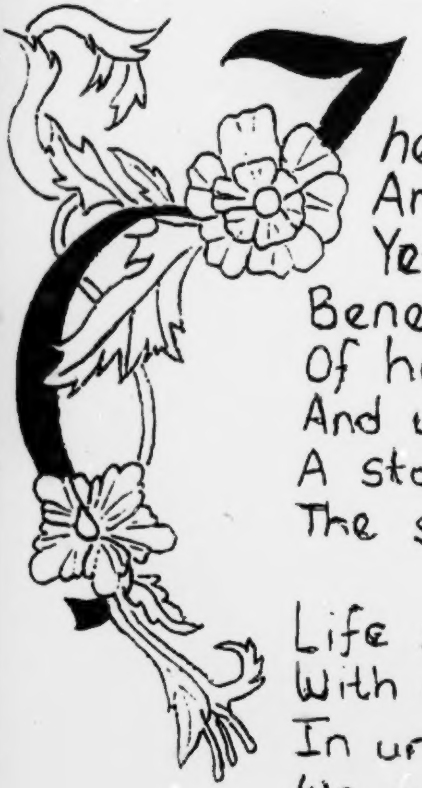
After the Storm

by Hilen Letiro



The storms may come
And limbs may break;
Yet others bend
Beneath the weight —
Of heavy rain
And windy breeze...
A storm can mark
The strongest trees.

Life sometimes deals
With us this way;
In unseen trials
We meet each day.
It's not how much our bodies break
Or how much they may bend;
Its our outlook in our own life
That helps our spirits mend.

—Art/setup by Jesus Anaya JR.

"TRIVIA QUESTIONS"

1. What's the longest war in U.S. history?
2. What sign of the zodiak covers Nov.22-Dec.1?
3. Who asked you to do the locomotion with her in 1962?
4. Who was the only undefeated heavyweight boxing champion?
5. What american won the world Grand Prix driving championship?
6. How many years are there in four score and seven?
7. What do trees get 90% of their nutrients from?
8. Who declared: As long as I am mayor, there will be law and order in Chicago?
9. What number is at 6 o'clock on a dartboard?
10. What U.S. state comes last in an alphabetical list?

GOD IS ALL GOOD
GOD IS ALL GRACE
WHO WORKS HIS MIRACLES IN EVERY PLACE
LIMITED TO DO AND LIMITED TO SEE
I KNOW THAT GOD IS HERE WITH ME.

POEMS BY: MICHAEL K. JOHNSON

ALL FOR ONE AND ONE FOR ALL
THE ALL FOR ONE,
THAT ONE SHOULD BE GOD
BECAUSE ONE FOR ALL IS GOD.

T H T U O M F R O W N T Y X G
S U S I C S O B O R P U Z R D
E N O I S S E R P X E O I K K
L C G P L A V D T P C N M I S
P A N W M I A E E H L S O S A
M H O A S V H S E Y E E U S M
I J S A N C Y E T S H P E E E
D S G U A E K W H I S K E R S
G E N T L B T P R O F I L E H
R U S I O B S N G G W G N S A
I U M N K N E U U N L T P B P
M S E R E S C H N O Z Z L E E
A S P E C T A H W M C S W A J
C K R I M S F E I Y N W A R D
E M A S C A R A M N I K X D X

ASPECT
BEAM
BEARD
BLUSH
CHEEKBONES
CHIN
COUNTENANCE
DIMPLES
DRAWN
EXPRESSION
EYES
FACES
FROWN
GLOWER
GRIMACE
GRIN
JAWS
JOWLS
KISSER
LEER
MASCARA
MASK
MOUE
MOUTH
MUSTACHE
NOSE
PHYSIOGNOMY
POUT
PROBOSCIS
PROFILE
PUSS
SCHNOZZLE
SHAPE
SKIN
SMILE
SMIRK
SNEER
SNOUT
TEETH
VISAGE
WHISKERS

1

REMEMBER MOM WORD FIND

T	R	O	P	S	G	L	L	E	W	S	W	O	G	S
R	A	G	R	E	E	A	B	L	E	G	P	L	E	M
R	E	V	I	G	Z	N	U	E	T	U	C	D	N	A
S	D	G	Q	I	E	F	T	W	S	H	Z	E	T	R
E	G	N	A	R	R	A	E	H	U	A	G	R	L	T
A	L	I	V	E	U	I	L	R	U	T	E	I	E	V
R	L	B	E	E	L	T	C	E	E	S	V	P	L	X
T	M	H	O	G	L	H	R	G	R	A	I	E	P	Z
F	C	O	R	N	A	F	D	I	D	T	T	A	T	A
U	U	E	D	E	R	U	V	O	G	A	N	R	S	R
L	A	S	L	E	B	L	R	E	C	H	E	R	E	M
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TEASE

BY:F.PITTENTURF JR.

CAN A CONVICT REALLY KNOW GOD

WHO NEED'S GOD? WHO KNOWS GOD? WHOM DOES GOD LOVE?

THESE ARE SOME OF THE MOST COMPELLING QUESTIONS HUMAN BEINGS CAN ASK. AND SOME COMPELLING ANSWERS CAME FROM ROBER L. JACKSON OF PARCHMAN, MISSISSIPPI.

WRITTING IN AN RECENT ISSUE OF THE 'CATHOLIC WORKERS,' JACKSON, AN INMATE AT MISSISSIPPI STATE PRISON, ASSERTS THA PRISONERS ARE MORE LIKELY TO DRAW NEAR GOD THAN PEOPLE WHO ARE FREE.

"(W)HEN A PERSON FINDS HIMSELF IN A POSITION WHERE HE HAS NOTHING LEFT IN THE WORLD BUT GOD," WRITES JACKSON, "HE'LL REALIZE THAT GOD IS ENOUGH. UNFORTUNATELY," HE MOURNS, "WE'RE NOT ALWAYS AFFORDED THE OPPORTUNITY."

AND AGAIN, UNFORTUNATELY, NOT EVERYONE WHO HAS THE OPPORTUNITY, TAKES ADVANTAGE OF IT.

I HAVE A FRIEND WHO HAS BEEN IN AND OUT OF PRISON FOR THE LAST TWENTY YEARS. CURRENTLY, HE'S NOT BEHIND BARS, BUT HE'S STILL A PRISONER, LIVING UNDER A DEATH SENTENCE. MY FRIEND HAS AIDS.

NOW THAT AIDS IS IMPRISONING MY FRIENDS BODY, HE STILL HAS NOTHING LEFT IN THIS WORLD , BUT GOD. YET, HE STILL DOESN'T REALIZE THAT GOD IS ENOUGH.

WHAT WILL IT TAKE FOR MY FRIEND TO BELIEVE THAT GOD IS ALL HE NEEDS? HOW MANY MORE CATASTROPHIES MUST STRIKE UNTIL MY FRIEND AVAILS HIMSELF OF GOD'S AMAZING GRACE?

ROBERT JACKSON REMINDS ME THAT NO ONE, NOT EVEN THE PERSON CONVICTED OF THE MOST HATEFUL CRIME IS BEYOND THE PALE OF GOD'S GRACE. SOMETIMES ITS TEMPTING TO THINK THEY ARE , HOWEVER.

" IN RECENT MONTHS," WRITES JACKSON," SOME TELEVISION TALK-SHOWS HAVE AIRED INTERVIEWS WITH THREE MEN IN PRISON CONVICTED OF MURDER...(E)ACH MAN WAS ASKED...ABOUT HIS RELIGIOUS AND MORAL BELIEFS. EACH ONE STATED THAT HE HAS MADE SOME SORT OF 'PEACE WITH GOD'.

"THESE STATEMENTS WERE MET WITH GREAT SKEPTISCISM BY THE INTERVIEWER, AS WELL AS THE STUDIO AUDIENCE...(T)HEY APPARENTLY FOUND IT ALMOST INCONCEIVABLE THAT MEN WHO COMMITTED THESE TYPES OF CRIMES COULD KNOW GOD, OR...THAT GOD COULD KNOW THEM."

HOW TO PRAY A MINUTE

TODAY'S WORLD IS SO JAMMED PACKED WITH STRESSFUL THINGS WE OFTEN LOSE INSIGHT WITH REALITY AND OUR SPIRITIAL LIVES, AND OFTEN FORGET TO PRAY. WHEN WE LOOSE TIME TO PRAY, WE THEN LOSE OUR LIVES THE WAY THEY ARE MEANT TO BE, CHRIST LIKE. WE OFTEN FIND TELLING OURSELVES AND OTHERS, "I'D LIKE TO PRAY MORE, BUT I DON'T HAVE THE TIME,""I'M SO BUSY, I CAN'T THINK ABOUT GOD DAILY.""CHURCH ON SUNDAY'S IS ALL I CAN MANAGE." ALL THIS SOUNDS TOO FAMILIAR IN ALL OUR LIVES, BUT WITH THE HELP OF A FEW TIPS, WE CAN BEGIN TO BRING OURSELVES BACK TO WAYS OF A CHRIST LIKE LIFE BY BEING GOD CONSCIOUS IN 60 SECOND BITES.

HERE ARE SOME IDEAS:

TELEPHONE THANKSGIVING. LET THE TELEPHONE RING REMIND YOU OF GOD'S BLESSING. EACH TIME IT RINGS, RECALL SOMETHING GOOD AND SAY A LITTLE PRAYER OF THANKS.

THIRTY-SECOND EYE CONTACT. TOO OFTEN, WE IGNORE THE PERSON WE DON'T KNOW. NEXT TIME YOUR AT THE SUPERMARKET OR AT THE MALL, MAKE EYE CONTACT WITH THE SALESPERSON OR ANOTHER SHOPPER, YOU'LL PROBABLY GET A WARM SMILE IN RETURN.

STAY IN THE PRESENT MOMENT. TOO OFTEN, WORRY SENDS US INTO THE FUTURE-A FUTURE WHERE WE ARE SURE SOMETHING AWFUL WILL HAPPEN. TELL YOURSELF THAT, FOR ONE MINUTE, YOU WILL LIVE IN THE PRESENT WITH GOD. REMIND YOURSELF THAT GOD GIVES US OUR LIVES MOMENT BY MOMENT AND IS ALWAYS WITH US, EXPERIENCE GOD NOW.

PERFORM A ONE-MINUTE KINDNESS. KEEP POSTCARDS HANDY TO WRITE A FEW WORDS TO A FRIEND OR RELATIVE. LET SOMEONE WHO IS RUSHED, GO AHEAD OF YOU IN LINE.

THE ONE-MINUTE FAST. TEMPTED TO EAT SOMETHING YOU SHOULDN'T? WAIT A MINUTE. OFFER THE MOMENT TO GOD AND ASK THE HOLY SPIRIT TO HELP YOU TO CONTROL YOUR DESIRE. YOU THEN MAY BE NO LONGER TEMPTED WHEN THE MINUTE IS UP.

AFFIRM YOURSELF. WE ARE OFTEN OVERLY CRITICAL OF OURSELVES. AT NIGHT TAKE A MINUTE TO LOOK INTO THE MIRROR. MAKE EYE CONTACT WITH YOURSELF, "GOD LOVES YOU," YOU MIGHT SAY,"AND I LOVE YOU."

RED LIGHT ACT OF CONTRITION. AT EVERY RED LIGHT, TELL GOD YOU'RE SORRY FOR ALL THE TIMES YOU STOPPED LIVING GOD'S WILL TO PURSUE YOUR OWN DESIRES.

THE SHOWER-POWER PRAYER. WATER IS A POWERFUL CHRISTIAN SYMBOL. AS YOU SOAP AND RINSE IN THE SHOWER, PRAY TO BE CLEANSED FROM THE FEELINGS OF ANGER, RESENTMENT, AND BITTERNESS.

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"MY LORD AND MY GOD"

Almost twenty centuries ago there was a man born contrary to the laws of life. His death was contrary to the laws of death. He lived in poverty; He possessed neither wealth nor social prestige. In infancy He startled a king;in childhood He puzzled doctors;in manhood He ruled the course of nature, walked upon the billows as pavements, and hushed the sea to sleep. He had no cornfields or fisheries, but He could spread a table for five thousand and have bread and fish to spare. He healed the multitudes without medicine and made no charge for His service. He never wrote a book,and yet all the libraries of the country could not hold the books that have been written about Him. He never wrote a song,and He has furnished the theme for more songs than all the songwriters combined. He never founded a college,but all the schools put together cannot boast of having as many students. He never marshaled an army,nor drafted a soldier, nor fired a gun;and yet no leader ever had more volunteers who have,under His orders, made more rebels stack arms and surrender without a shot fired. He never practiced psychiatry,and yet He has healed more broken hearts than all the doctors far and near. When He died few men mourned. But a black crepe was hung over the sun. Though men trembled not for their sins,the earth beneath them shook under the load. All nature honored Him. Sinners alone rejected Him. Corruption could not get hold of His body. The soil that had been reddened with His blood could not claim His dust. Once each week the wheels of commerce cease their turning and multitudes wend their way to worshipping assemblies to pay homage and respect to Him. Like Thomas, could anyone in their right mind keep from exclaiming: "My Lord and my God!"

SUBMITTED by:F.PITTENTURF JR.

THE TV MINUTE. USE THE NEXT COMMERCIAL TO FOCUS ON THE CHRISTIAN CALL TO LIVE SIMPLY. NOTICE HOW FEW PRODUCTS ADVERTISED RELATE TO WHAT WE NEED AND HOW MANY ARE DESIGNED TO MAKE US WANT WHAT IS REALLY NECESSARY. TALK BACK TO THE COMMERCIALS.

THE GAS PUMP MINUTE. AS YOU PUMP GAS INTO YOUR CAR, ASK GOD'S SPIRIT TO FLOW INTO YOU, FILLING YOU WITH HOLY ENERGY.

AS YOU PRACTICE THESE EXERCISES, YOU'LL COME UP WITH OTHERS ON YOUR OWN. YOU'LL NOTICE AS YOU PRACTICE THESE ONE MINUTE SPIRITUALITY BITES, A SHIFT IN CONSCIOUSNESS OCCURS. WE WILL BEGIN TO SEE GOD IN ALL THE MINUTES OF OUR DAY AND MAYBE AVOID SLIPPING AWAY INTO EARTHLY THINGS AND DESIRES.

YOU DON'T HAVE TO ALLOT TO GOD A LARGE BLOCK OF TIME THAT IS NEVER AVAILABLE. GOD IS WITH US EACH LITTLE MOMENT. IT IS UP TO US TO SEE GOD IN EVERYONE.

*INFORMATION IS FROM THE CATHOLIC DIGEST BY BARBARA BARTOCCI.EDITED AND SUBMITTED BY JESUS ANAYA JR."LIVING BY THE FAITH IN CHRIST"

YOU SAID WHAT

* "I'M REALLY GLAD YOU CAME TODAY," LITLE JIMMY SAIID TO HIS VISITING PLAYMATE. "NOW MOMMY CAN DO THAT TRICK SHE SAID SHE WOULD DO ."

"WHAT TRICK IS THAT?" THE FRIEND ASKED.

"SHE SAID SHE WOULD CLIMB THE WALL IF YOU CAME OVER TODAY," JIMMY ANSWERED.

* YOU KNOW YOUR GETTING OLDER WHEN MOST OF YOUR DREAMS ARE RERUNS.

* SCIENTISTS HAVE MADE MANY DISCOVERIES, BUT STILL HAVEN'T DISCOVERED WHY WOMEN'S SLIPS SAGS AND MEN'S SHIRT CREEPS UP.

* YOU BLAME FATE FOR OTHER ACCIDENTS, BUT YOU FEEL PERSONALY RESPONSIBLE WHEN YOU MAKE A HOLE IN ONE.

* FLIGHT ATTENDANT TO NERVOUS PASSENGER:

"LOOK AT IT THIS WAY. IF IT WASN'T SAFE, WOULD WE LET YOU PAY WITH A CREDIT CARD?"

* IF YOU MAKE EVERY GAME A LIFE AND DEATH PROPOSITION , YOU'RE GOING TO HAVE PROBLEMS. FOR ONE THING, YOU'LL BE DEAD ALOT.

"A MOTHER'S LOVE"

A mother's love is something
  that no one can explain,
It is made of deep devotion
  and of sacrifice and pain,
It is endless and unselfish
  and enduring come what may,
For nothing can destroy it
  or take that love away...

it is patient and forgiving
  when all others are forsaking
And it never fails or falters
  even though the heart is breaking,
It believes beyond believing
  when the world around condemns,
And it glows with all the beauty
  of the rarest, brightest gems...

It is far beyond defining
  it defies all explanation,
And it still remains a secret
  like the mysteries of creation...

BY:F.PITTENTURF JR.

FIVE MINUTES TO CHANGE YOUR LIFE

IF YOU WERE TO SAY TO SOMEONE ELSE, "IF MY LIFE WAS ONLY DIFFERANT." WHY NOT MAKE IT? YOU WOULD PROBABLY SAY, "I'VE BEEN LIKE THIS FOR YEARS, AND IT WOULD TAKE MORE TO CHANGE." WHAT WOULD YOU SAY IF I COULD GIVE YOU TIPS TO CHANGE YOUR LIFE FOR THE BETTER----IN FIVE MUNUTES OR LESS A DAY.

LET ME EXPLAIN.

ONE OF THE MOST ASTONISHING THINGS ABOUT CHRISTIANITY IS HOW SIMPLE- NOT EASY, BUT SIMPLE-IT REALLY IS AND HOW COMPLICATED WE CHURCH PEOPLE CAN SOMETIMES MAKE IT SEEM.

THE FIRST STEP FOR A SIMPLE FORMULA WE MIGHT USE FOR CHRISTIAN LIVING IS BEGIN EACH DAY WITH A TWO-MINUTE PRAYER. AS YOU HIT THE ALARM OR JUST GET UP OUT OF BED, AND GRADUALLY STAND OR SIT UP, PRAY SIMPLY: "THANK YOU LORD, FOR TODAY. STAY WITH ME LORD, THROUGH THE DAY."

AFTER YOU AWAKE AND AS YOU WASH YOUR FACE, SHOWER, SHAVE OR BRUSH YOUR TEETH, THINK BACK ON SOMETHING YOU HAVE DONE THAT MAKES YOU FEEL GOOD ABOUT YOURSELF. THIS MIGHT BE SOMETHING SPECIAL LIKE GRADUATION, PASSING A TEST, WINNING A AWARD OR GETTING MARRIED. YOU MIGHT EVEN THINK BACK ON SOME KINDNESS YOU DID THE PREVIOUS DAY OR DAY'S, LIKE HOLDING THE DOOR FOR A YOUNG MOTHER WITH HER CHILD OR MAKING AN EFFORT TO BE KIND TO SOMEONE.

THE MOST IMPORTANT THING IS NOT THE MAGNITUDE OF THE EVENT, BUT BEGINNING THE DAY REMEMBERING SOMETHING YOU DID THAT HELPS YOU FEEL GOOD ABOUT YOURSELF. THE SIMPLIEST ONE SENTENCE SUMMARY FOR BUILDING SELF ESTEEM IS, 'DO GOOD THINGS AND REMEMBER THEM.' THIS PART OF THE EXERCISE ONLY TAKES A MINUTE OR TWO, BUT CAN LAST THE WHOLE DAY.

BEGIN THE DAY FIRST GLORIFYING GOD. BEGIN WITH AN ACT OF FAITH IN GOD. GIVE YOURSELF THE MENTAL AND EMOTIONAL GIFT OF SELF-WORTH.

MAKE AN ACT OF FAITH IN YOURSELF. AS A PRACTICAL PHILOSPHER ONCE SAID, "THE ROOT OF ALL THE EVIL IN THE WORLD IS NOT SELF LOVE, BUT SELF HATRED," BEGIN EACH DAY LOVING GOD AND LOVING YOURSELF, AND YOU MADE A GREAT START FOR THE WHOLE DAY.

THIRD, MAKE IT A POINT DURING THE DAY TO MAKE SOMEONE ELSE'S LIFE A LITTLE EASIER. IT MIGHT BE A SIMPLE COURTEOUS, "HELLO," A SMILE OR TAKING TIME TO JUST LISTEN TO SOMEONE ELSE, WHATEVER.

FINALLY, AT THE END OF THE DAY, ANOTHER TWO-SENTENCE PRAYER, SUCH AS, "THANK YOU LORD, FOR TODAY. STAY WITH ME THROUGH THE NIGHT."

WHAT DOES THIS FORMULA BOIL DOWN TO? A MINUTE FOR GOD AT THE BEGINNING AND END EACH OF DAY. A MINUTE FOR OURSELVES AT THE BEGINNING OF EACH DAY AND TWO MINUTES DURING THE DAY FOR SOMEONE ELSE.

THE FORMULA DOES SOMETHING ELSE. IT HELPS CAPSULIZE THE WORDS OF JESUS : "LOVE GOD...LOVE YOUR NEIGHBOR AS YOU LOVE YOURSELF. LOVE FULFILLS THE LAW AND THE PROPHETS."

THE KEY TO THE WHOLE FORMULA IS THAT IT HELPS US TO REALIZE THAT WE ALL HAVE DAILY OBLIGATIONS TO GOD, TO OTHERS, AND TO OURSELVES. IF WE ASK TOO MUCH OF PEOPLE TOO SOON, WE SCARE THEM AWAY FROM GOD. IF WE ASK TOO LOITTLE, WE GIVE THEM THE IMPRESSION THAT GOD IS OF NO CONSEQUENCE.

IF OUR LIVES OUR NOT HAPPY, WE MIGHT QUESTION OURSELVES ON WHICH LOVE IS MISSING. HAVE I FORGOTTEN TO LOVE GOD? HAVE I FORGOTTEN TO LOVE OTHERS? HAVE I FORGOTTEN TO LOVE MYSELF? WE CAN GIVE MORE THAN FIVE MINUTES A DAY TO THESE LOVES, BUT I HOPE WE DON'T GIVE LESS.

*INFORMATION DERIVED FROM THE CATHOLIC DIGEST BY JOSEPH BREIGHNER. EDITED AND SUBMITTED BY JESUS ANAYA JR.
"LIVING BY THE FAITH IN CHRIST"
"ARE YOU?"

COMMITMENT OF LOVE

EVEN THOUGH I SIT BEHIND THESE PRISON WALLS I AM THE HAPPIEST MAN ALIVE KNOWING I HAVE SUCH A BEAUTIFUL , CARING, AND LOVING WOMAN AS MY WIFE. I AM SO VERY HAPPY AND PROUD TO ACKNOWLEDGE AND BE BLESSED WITH SUCH AN UNDERSTANDING AND COMPASSIONATE WOMAN, SUCH AS YOURSELF, AS MY WIFE. AND TO BOLDLY DISPLAY MY WEDDING BAND WHICH HAS BEEN BLESSED BY THE LORD AND SYMBOLIZES THE LOVE AND COMMITMENT WE HAVE ENTRUSTED TO ONE ANOTHER.

I LOVE YOU PROFUSELY AND LONG FOR THE DAY WE ARE REUNITED SO WE CAN SPEND EVERYDAY, FOR ETERNITY, TOGETHER AS ONE. I NEVER, EVER WANT TO BE ABSENT OR SEPERATED FROM YOU AGAIN. I WILL CHERISH AND OBEY THE SOLEMN COMMITMENT AND THE VOWS WE HAVE MADE TO ONE ANOTHER FOR THE REST OF MY LIFE. I PROMISE YOU AS LONG AS WE BOTH EXIST, I WILL HONOR YOU, CHERISH YOU, LOVE YOU, AND BE COMPLETELY FAITHFUL TO YOU.

I WANT US TO HAVE A LIFETIME OF LOVE AND HAPPINESS TOGETHER, SHARING EVERY INTIMATE DETAIL OF OUR LIFE WITH ONE ANOTHER.

BY INTIMACY I MEAN THE MYSTICAL BOND OF FRIENDSHIP, COMMITMENT , AND UNDERSTANDING THAT WE SHARE THAT ALMOST DEFIES EXPLANATION. THE BOND THAT OCCURS WHEN A MAN AND A WOMAN, BEING SEPERATE AND DISTINCT INDIVIDUALS, ARE FUSED INTO A SINGLE UNIT WHICH THE BIBLE CALLS "ONE FLESH." I PROMISE YOU THAT MY LOVE FOR YOU WILL ALWAYS BE UNCONDITIONAL AND WITHOUT ANY ULTIMATUMS OR CONDITIONS.

I LOVE YOU JUST THE WAY YOU ARE AND DON'T WANT YOU TO CHANGE, EXCEPT FOR THE DESIRE TO DO GOD'S WILL WHICH WILL ONLY HELP OUR MARRIAGE TO GROW IN COMPLETE HARMONY. HONEY, I NEVER WANT US TO LOSE THE KNACK WE SHARE OF COMMUNICATING WITH ONE ANOTHER. I ALSO HOPE AND PRAY THAT WE NEVER LOSE THE ROMANCE THAT WE HAVE SHARED SINCE WE MET. IT TAKES TWO TO MAKE A MARRIAGE SUCCESSFUL AND I PROMISE YOU I WILL DO MY PART TO MAKE OUR LIFE TOGETHER THE BEST EXPERIENCE THAT'S EVER HAPPENED TO YOU IN YOUR ENTIRE LIFE.

I KNOW WE WERE MEANT TO BE AS ONE AND I TRULY FEEL IN MY HEART THAT OUR MARRIAGE WILL PROVE EVERYONE'S MISCONCEPTIONS WRONG, AND WE WILL BE BOTH HAPPILY MARRIED FOR THE REST OF OUR LIFE. I NEVER WANT US TO BECOME JUST ANOTHER STATISTIC.

I BELIEVE AS LONG AS WE BOTH TRUST ON ANOTHER, AS GOD HAS FINALLY GIVEN US THE ABILITY TO DO, AND WE TURN TO GOD WITH ALL OF OUR ADVERSITIES AND PROBLEMS, TOGETHER, OUR MARRIAGE CAN AND WILL BE A SUCCESS. I LOVE YOU MORE THAT I HAVE EVER LOVED ANYONE IN MY LIFE, MORE THAN LIFE ITSELF, AND AGAIN I WILL BE PRAYING THAT OUR MARRIAGE WILL CONTINUE TO GROW AND FLOURISH AS IT HAS THESE PAST FEW MONTHS.

I LOVE YOU AND CONTINUE TO REMINSCE ABOUT YESTERDAY'S EVENTS. YOU CAN'T CONCEIVE THE STIMULATING IMPRESSION YOU INSTILLED UPON ME AND HOW DEEPLY YOU MOVE ME WHEN YOUR EMOTIONS BEGIN TO SHOW, AND TEARS FLOWED DOWN YOUR CHEEKS AS WE WERE HOLDING HANDS SAYING OUR VOWS TO EACH OTHER. YOU'LL NEVER KNOW THE LASTING IMPRINT AND IMPRESSION THAT YOU LEFT

ENGRAVED IN MY MEMORY AS YOU LOOKED IN MY EYES, SAID THOSE VOWS, AND TEARS STREAMED DOWN YOUR FACE. THAT MOMENT WILL NEVER LEAVE MY MIND. IT HAS SUCH A PROFOUND EFFECT ON ME. I WAS SO DEEPLY TOUCHED BY THAT SINCERE EXPRESSION OF LOVE. I WILL NEVER FORGET THAT EMOTIONAL MOMENT FOR THE REST OF MY LIFE. IT HELPED ME TO REALIZE, SUBSTANTIALLY, THE TRUE SINCERITY OF YOUR LOVE FOR ME AND HOW DEEPLY YOU REGARD THIS COMMITMENT FOR LIFE WE HAVE MADE. AS I WAS HOLDING YOUR HANDS, LOOKING INTO YOUR EYES I COULD FEEL THE LOVE AND PASSION FLOWING FROM YOUR HEART TO MINE AND I COULD SENSE MY OWN TEARS BEGINNING TO FLOW.

I KNEW FROM THE VERY BEGINNING OUR RELATIONSHIP WAS A GIFT FROM GOD. AS YOU ONCE SAID," OUR MEETING WAS NOT COINCIDENTAL," IT WAS MEANT TO BE AND OUR MARRIAGE WAS IMMINENT. THE FUNDAMENTAL REASON WHY OUR MARRIAGE WILL BE LASTING, LOVING COMMITMENT IS BECAUSE WE SHARE THE ESSENTIAL INGREDIENT OF FRIENDSHIP. YOU ARE LITERALLY MY BEST FRIEND AND I WOULD RATHER SPEND AN EVENING WITH YOU THAN ANYONE ON EARTH.

WE ALSO SHARE THE MAJOR ELEMENT THAT HELPS RELATIONSHIPS TO A LIFETIME OF LOVE AND HAPPINESS, AND THAT'S THE GRACE OF GOD. WE ARE BOTH UNIQUE INDIVIDUALS AND HAVE STRUGGLED AT TIMES WITH OUR DIFFERENCES, BUT WITH GOD NOW LEADING BOTH OF OUR LIVES WE CAN OVERCOME AND DEAL WITH ANY HARDSHIP OR OBSTACLE THAT MAY COME OUR WAY. WE MUST CONTINUE TO SEEK THE WILL OF GOD IN OUR LIVES AND GRASP ON TO A SPIRITUAL BOND BETWEEN US TO KEEP OUR MARRIAGE INTACT AND HEALTHY.

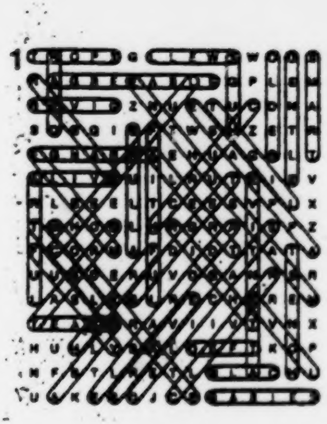
I LOVE YOU AND NEVER WANT US TO PART. I TRULY BELIEVE WITHOUT CHRIST IN OUR LIVES THERE WILL ALWAYS BE A VOID AND IT MAY LEAD US BACK INTO OUR SINFUL WAYS.

I SOLEMNLY BELIEVE THAT A GOOD MARRIAGE MUST HAVE A FOUNDATION IN CHRIST IN ORDER TO EXPERIENCE LASTING, LOVE, PEACE AND JOY. I VERITABLY WANT US TO ENJOY THESE ATTRIBUTES IN OUR MARRIAGE. WE MUST DEPEND ON SCRIPTURE FOR THE SOLUTIONS TO OUR STRESSES AND TRIALS OF DAILY LIVING.

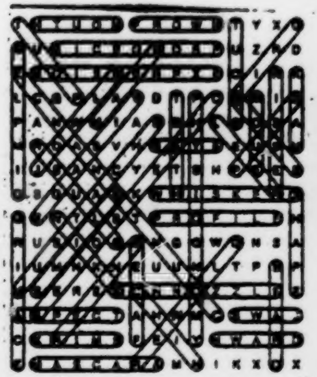
I TRULY BELIEVE THE CHRISTIAN WAY OF LIVE LENDS STABILITY TO MARRIAGE BECAUSE ITS PRINCIPLES AND VALUES NATURALLY PRODUCE HARMONY.

BY TERRY POWELL

TRIVIA QUESTION ANSWERS



1. Vietnam war
2. Sagittarius
3. Little Eva
4. Rocky Marciano
5. Mario Andretti
6. Eighty Seven
7. The Air
8. Richard Daley
9. Three
10. Wyoming

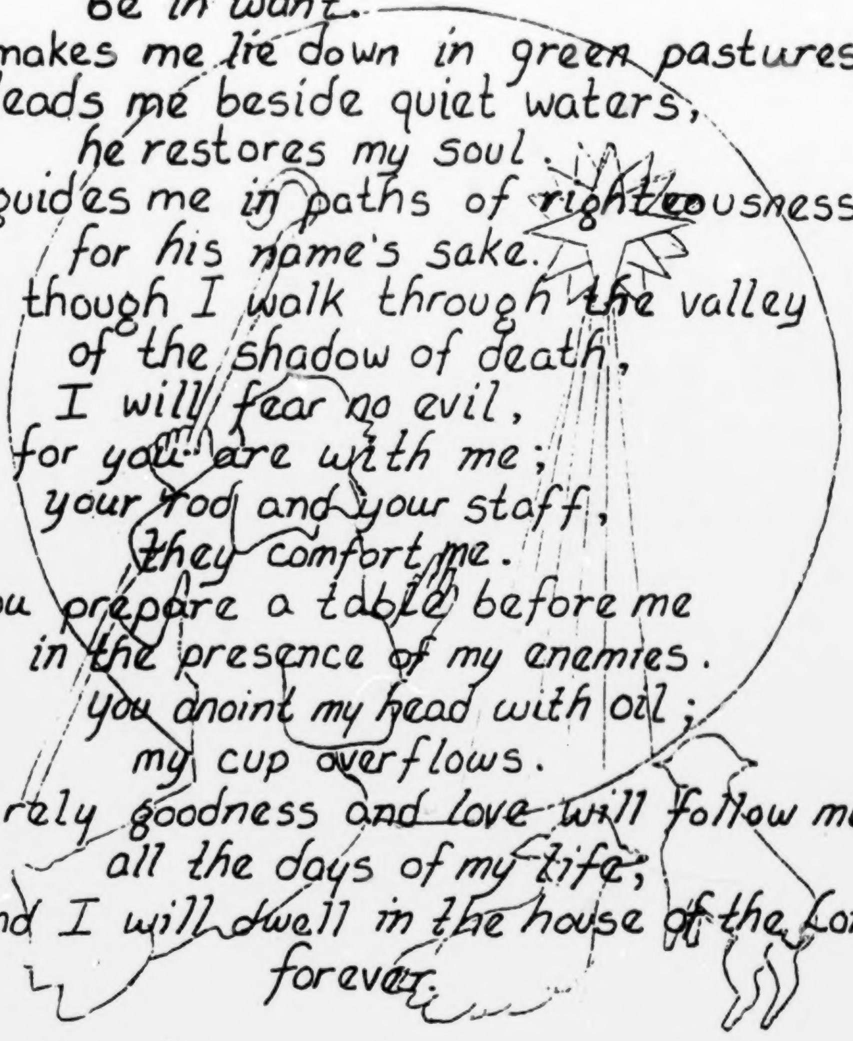


ANSWERS TO CROSSWORD PUZZLE:

ACROSS:
1. PHARAOH
3. ADAM AND EVE
7. THE SERPENT
8. AMICABLE
10. CANA
11. ESTHER
12. BELITTLE
14. SLANDER
15. FAITH
18. RECONCILIATION
19. GOSSIP
20. REMISSION
21. CALUMNY

DOWN:
2. RAVEN
4. ABIMELECH
5. ATHEIST
6. GREEN
9. ACEDIA
11. ESTHER
13. REPENTANCE
17. AGNOSTIC
16. ADOPTION
19. GOD

Psalm 23



The Lord is my shepherd, I shall not
be in want.
He makes me lie down in green pastures,
he leads me beside quiet waters,
he restores my soul.
He guides me in paths of righteousness
for his name's sake.
Even though I walk through the valley
of the shadow of death,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.
You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.
Surely goodness and love will follow me
all the days of my life;
and I will dwell in the house of the Lord
forever.

ARTWORK BY JESÚS ANAYA JR - 6-93
"Living by the faith in Christ"

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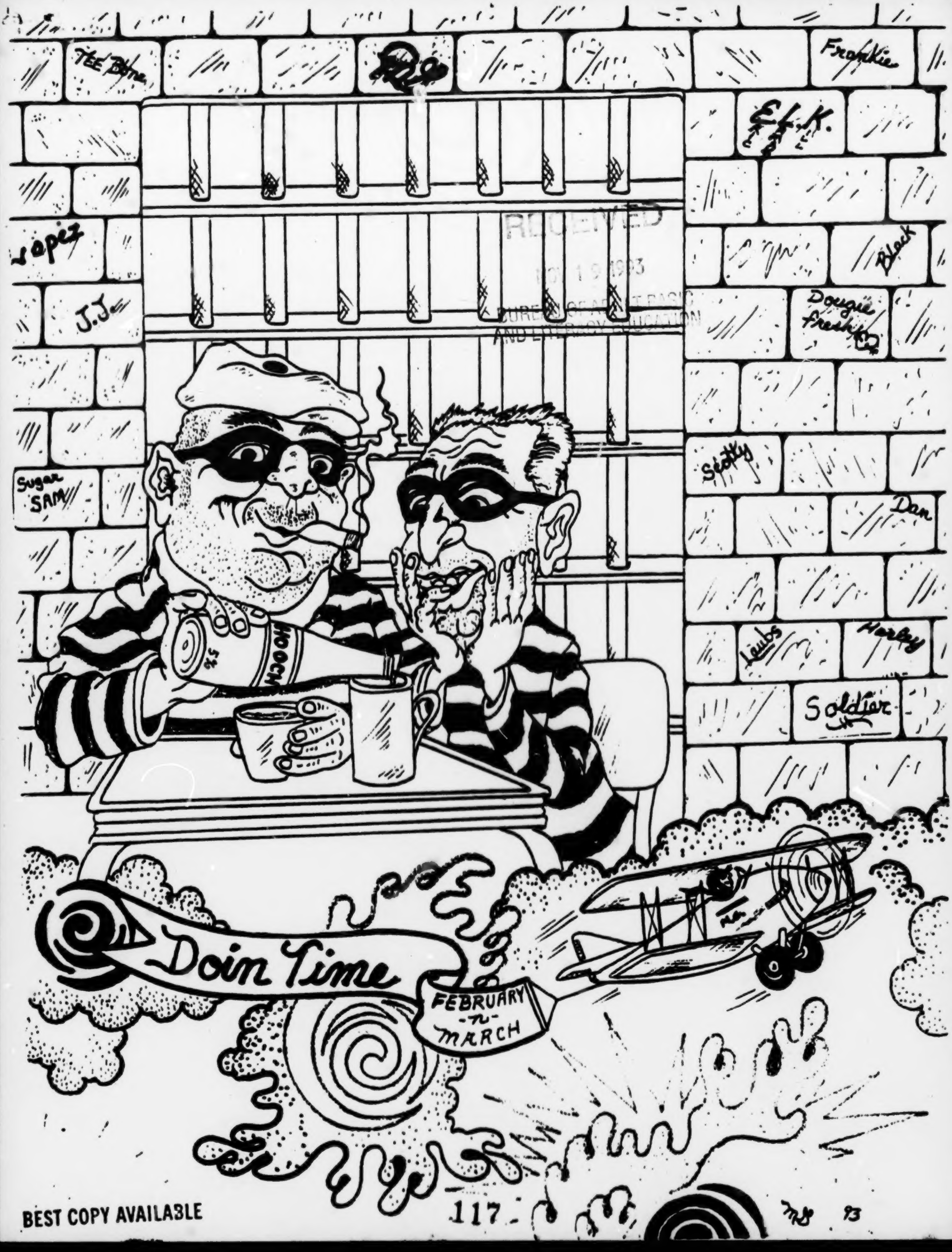
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Frankie
E.J.K.
Lopez
Black
J.J.
Dougie Fresh
Scotty
Sugar SAM
Dan
HOOCH
Lewbs
Harley
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BY DEB BYERS

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"TAKE TIME"

TAKE TIME FOR PRAYER IN THE MORNING
TAKE TIME FOR PRAYERS AT NIGHT
TAKE TIME FOR GOD AND THROUGH THE DAY
HE'LL SEE THAT THINGS GO RIGHT.

AND IF YOU SHOULD ENCOUNTER
A FEW MISHAPS ALONG YOUR WAY
HE'LL SURELY GIVE YOU STRENGTH AND HELP
TO GET THROUGH YOUR DAY.

AND THEN WHEN EVENING BEFALLS YOU
AND YOU COME TO THE END OF THE DAY
HE'LL STILL BE THERE TO HEAR YOUR PRAYER
AND LISTEN TO ALL YOU SAY.

YOU'LL FEEL HIS HAND OF COMFORT
AS YOU TALK WITH HIM ONCE MORE
AND THANK HIM FOR HIS LOVING CARE
AND BLESSING BY THE SCORE.

SO TAKE TIME FOR GOD IN THE MORNING
TAKE TIME FOR GOD AT NIGHT
AND TALK WITH GOD, AND WALK WITH GOD
HE'LL MAKE YOUR BURDEN LIGHT

FROM THE EDITOR,

MAKING A NEEDED CHANGE!

I would once again like to take the time to introduce you to our new Warden Mr. Raymond Rosenberry. Due to technical difficulties, most of the interview with Mr. Rosenberry was omitted in our last edition of the prison paper. I'd like to take time again and mention what steps he has taken to make our lives a little more bearable in the short time he has been here. The Warden comes from the Maryland Prison System, with more than 25 years of experience and training behind him. He is married, has children, and also live locally.

When inmates here in the prison first saw this man walking around in street clothes for the first time, they asked "who is that?,Is he a visitor?,or what?" The answer was NO, he is the Warden, THE MAN!!! Yet his presence now hardly worries anyone, but the respect for him is there totally! He takes the time to walk through the blocks, the dining hall, yard in or out, and is always willing to talk with any inmate. He understands that even if your problem is a small one to other people, it may be the biggest problem in your life right now. He is willing to try to assist you no matter what your problem is--"within reason of course". Conditions were not always so relaxed at this prison, the mood just months before he came was so tense that sit downs, food strikes, and other major disturbances were being talked about by a large number of the prisoners. The discontent of the inmates could be summed up in one word--hopelessness. There was no one to turn to, to make the needed changes at that time.

Enter Warden Rosenberry, in just a few short weeks he started turning the prison around for the better, relying on little more than his common sense, decency and fairness. The number of misconducts has dropped dramatically, and communication between the inmates and staff has started to show a marked improvement. The inmates credit this all to Warden Rosenberry. Most inmates and staff alike say "he has made alot of difference". The way most inmates and staff tell it, Warden Rosenberry sounds like a hero in a movie or book, he is open-minded, impartial, and very considerate. In a close environment as we are in, where everyone is constantly watching everyone else, "he get's the highest compliment: he is straight up! He sees inmates as people, not just prisoner"

To illustrate, I recently sat on a misconduct hearing representing another inmate who had 23 charges on 3 misconduct reports. The charges were read, and a incident report for each misconduct was being used as evidence to substantiate the misconducts, However, I objected to the use of the incident reports being used as evidence, since the inmate had no prior notice of what information this contained, therefore, he could not be prepared to defend against this unknown information. Warden Rosenberry sat in on this hearing along with a Sgt, and C/O. The Sgt and the C/O wanted the information to be used against my objections, but the Warden did the unthinkable he overruled them and did not allow this information to be used. He did however say that from then on, if any incident was to be used during a misconduct hearing, the inmate must receive a copy of it also. Another recent incident resolved by the Warden was concerning inmate work detail pay the money was due to be on the books on the same day as the prison staff was due to receive their paychecks but no pink slips were handed out. This was brought to the warden's attention, he came back later personally and stated that the slips were not handed out, but the money would be on the books for Monday's commissary. Monday the money was not on the books, and several of us stated what the warden said to us

Friday. Warden Rosenberry later found out and had the Sgt fill the commissary orders on Tuesday, and to rectify the workers delay in obtaining their pay in commissary he gave each one $5.00 extra to spend in commissary. The cooperation that is starting to develop between inmates and staff due to Warden Rosenberry was a long time in coming. He choose to help the inmate in both of these situations. That's not in his job description, it was decency and common courtesy.

Yet, in any situation you always have exceptions, and this situation is no different. Yes, there are those on the staff that look down on the strides this man has made to change the prison for the better, and to make life a little more bearable for the inmates, yet not jeopardize security, which is always first priority to him. Statements made such as QUOTE "This is no longer Franklin County Prison it's Rosenberry's Retreat",or "no, but write a request to your guy's dad, he's giving you anything else you ask for", "I don't care what the warden say's, this is my shift and I run it" and "ask daddy Rosenberry". These attitudes are not from all the staff, most respect him for who he is and what he stands for. And yes, there is the token inmate or two that also make sarcastic remarks about the man, but this is due to an incurable disease--ignorance and fear!!! These people are so used to abuse and hopelessness, that they automatically assume that everyone wishes to use or abuse them. They say, "Why is he giving us this? He must be ready to take something away we already have." "Why did he stop money orders being left on visits, and during the week?" "I knew he was going to do something like this for giving us stuff."

But, beyond these few exceptions, the man gets a well deserved pat on the back from the rest of us!!! But , we must not take all of these things he has done as a sign of weakness. He's willing to give, but just as easily as he is to take it away also. His number one concern is security, and he doesn't have a problem with punishment either. However he is more conservative towards disciplinary actions and the changes he is going to make in this area should be a deterrent to all but a few limited situations.

I feel that the Warden has made the difference in this prison, it is a change that was long overdue! His attitude is, if you see anything wrong let me know, and we'll fix it. It was clear right from the start that he want's more: more staff, recreational equipment, classes, commissary items, books, legal material, etc., etc. However like every other warden he runs up against budget limitations. Given the time and cooperation he can and will make the difference.

I know that this prison is not the best in the state, but if this man stays here as warden F.C.P. will be one of the best County Prison's in the state of Pennsylvania. I would like to take this to say to our new Warden from all of us, THANK YOU FOR COMING!!!

"SUGGESTIONS & IDEAS"

(MOVIES) Try to get movie listings from video stores with short descriptions of the movies and length. The list will also show new releases. Also try to set up a account for the prison so we could recieve new movies as soon as they are released. Try to set it up so that when Sgt. Fow is off someone else can get movies. And have movies on the holidays.

(T.V.'s): Put remotes for the t.v.'s on the blocks, this will stop the continued manual changing of the stations and ensure longer use of the televisions.

(INMATE ORGANIZATION): Write up charter & by laws.

(SANDWICH SALES, CARD SALES, & PICTURES TAKEN): All procedes should go into inmate trust fund.

(BLOCK REPRESENTITVES): There should be one from each block, 2 from minimum area. (1 upstairs, 1 downstairs.)

(MORE TABLE TOP GAMES): Games supplied by the jail like Monopoly, Trivial Pursuit, Trouble, and Scrabble.

(COMMISSARY SHOULD SELL ART SUPPLIES) such as packs of colored markers, water paints, plastic rulers, and protracters ect.

(COMMISSARY SHOULD SELL POCKET HANDKERCHEIFS), blue, red, white ect.

(COULD BUY THESE FROM THE DOLLAR STORE IN CHAMBERSBURG MALL)

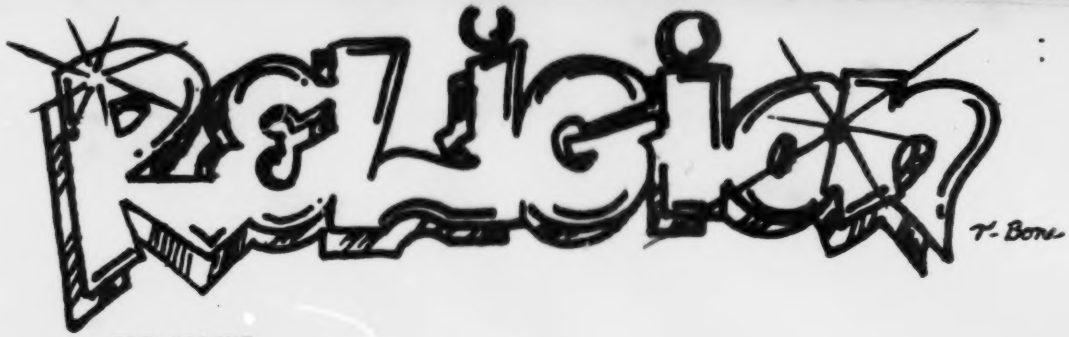
(PRISON SHOULD ALLOW BOOKS) to be sent from publishers, or store to inmates.

(PRISON SHOULD JOIN BOOK CLUB), and also get subscriptions to magazines such as Sports Ill, Outdoor Life, Road & Track, Omni, ect.

(SHOULD CONSIDER ALLOWING BLOCKS) out of their cells more, and have 10 min hourly to return to cells, come out or get items from cells.

(SHOULD CONSIDER POLICY CHANGE ON MONEY BROUGHT IN), should allow money order to be left only during visits, the rest of the time must be sent in mail.

(SHOULD FEATURE CERTAIN CONTESTS AND TOURNAMENTS) every 2 to 3 months such as SPADES, PINOCHLE, HEARTS, CHECKERS, CHESS, WEIGHT LIFTING, PING-PONG, AIR HOCKEY, HOT SHOT BASKETBALL, PITCH SOFTBALL ECT. GIVE PRIZES OF $5-$3-$1.50 FOR EACH EVENT.



"RELIGION"

1. CHAPEL SERVICE : SUNDAYS AT 8:30 AM.
2. SPECIAL PROGRAMS : MONDAYS AT 7:00 PM.
3. YOKE FELLOWS : WENSDAYS AT 7:00 PM.
4. BIBLE STUDY : THURSDAYS AT 7:00 PM.
5. CATHOLIC BIBLE STUDY : SECOND TUESDAY OF EACH MONTH AT 7:00 PM.
6. CHOIR PRACTICE : SECOND, FOURTH AND FIFTH SATURDAY OF THE MONTH AT 7:00 PM.

FUTURE PROGRAMS NOW BEING PLANNED

1. BI MONTHLY HYMN AND GOSPEL SONG FEST
2. WEEKLY PRAYER AND BIBLE STUDIES SIMILAR TO THE TUESDAY MEN'S ANNEX STUDY FOR WOMEN AND THE MAIN PRISON.

"YOKEFELLOWS"

This program is offered on wensday evenings at 6:45 Pm and is for our good... This program has been at the prison for about 18 years. Clarence, Nevin, and Omer have something to tell you as an individual.

We are here for your needs, do you know what a yoke is? It is something like this: this is made so two animals can pull a load together. In life we need to work together in lot's of things.

In MATHEW 11.28 "Jesus said" come to me all you who are weary and burdened, and I will give you rest, Take my yoke upon you and learn from me. For I am gentle and humble in heart and you will find rest for your souls, fore my toke is easy and my burden is light.

We are here to learn together and let Jesus help us with our problems. He will help us find life. That real life gives light to our paths. Please come and see us come one and all!!

WE LOVE AND PRAY FOR YOU,(CLARENCE GROVE, NEVIN GROVE, OMER ABDULLAH.

"GOD'S EXTRAS"

GOD COULD HAVE MADE THE SUN TO RISE
WITHOUT SUCH SPLENDER IN THE SKIES;
HE COULD HAVE MADE THE SUN TO SET
WITHOUT A GLORY GREATER YET.

HE COULD HAVE MADE THE CORN TO GROW
WITHOUT THE SUNY, GOLDEN GLOW;
THE FRUIT WITHOUT THOSE COLORS BRIGHT,
SO PLEASENT TO THE TASTE AND SIGHT.

HE COULD HAVE MADE THE OCEAN ROLL
WITHOUT SUCH MUSIC FOR THE SOUL-
THE MIGHTY ANTHEM, LOUD AND STRONG-
AND BIRDS WITHOUT THEIR CLEAR, SWEET SONG.

THE GOD WHO FASHIONED FLOW'RS AND TREES,
DELIGHTS TO GIVE US THINGS THAT PLEASE,
AND ALL HIS HANDYWORK SO FAIR
HIS GLORY AND HIS LOVE DECLARE.

YES, HE WHO MADE THE EARTH AND SKIES
GAVE "EXTRAS" FOR OUR EARS AND EYES,
AND WHILE MY HEART WITH RAPTURE SINGS,
I THANK HIM FOR THE "EXTRA THINGS."

"GOD'S TENDER CARE"

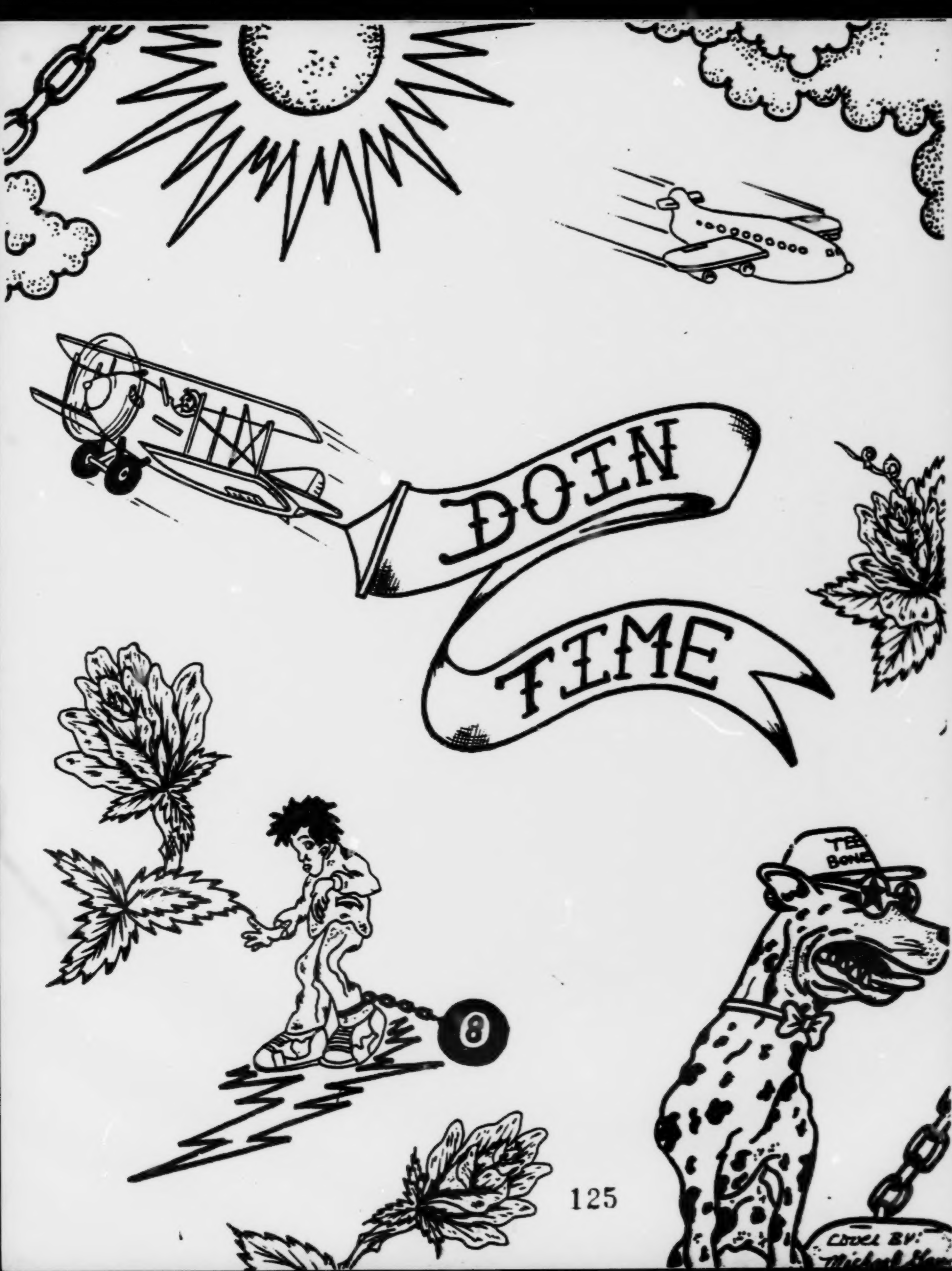
WHEN TROUBLE COMES,
AS IT DOES TO US ALL,
GOD IS SO GREAT
AND WE ARE SO SMALL-
BUT THERE IS NOTHING
THAT WE NEED KNOW
IF WE HAVE FAITH
THAT WHEREVER WE GO
GOD WILL BE WAITING
TO HELP US BEAR
OUR PAIN AND SORROW,
OUR SUFFERING AND CARE-
FOR NO PAIN OR SUFFERING
IS EVER TOO MUCH
TO YIELD ITSELF
TO GOD'S MERCIFUL TOUCH!

"MEASURED STEPS"

EVERY STEP I WALK, TODAY,
WILL BE A STEP OF LOVE
THAT WILL ENDEAR ME TO THE LORD
AND LEAD TO LIFE, ABOVE;
EACH ONE WILL WIN HIS TOUCH OF GRACE
UPON MY LIFE AND SOUL
AND BE A MEASURE OF MY WORTH
FOR HEAVEN'S TREASURED GOAL.
I WILL NOT WANDER FROM THE WAYS
THAT LIFE HAS PROVEN TRUE,
AND WILL NOT TRAMPLE ON THE FLOWERS
THAT LOVE AND PATIENCE GREW;
I WILL BUT WALK, WITH MEASURED STEPS,
EACH PATH AND TRAVELED MILE
AND LINE EACH PATH WITH DEEDS OF LOVE
AND MILES OF HAPPY SMILES.

"NO PRAYER, GOES UNHEARD"

OFTEN WE PAUSE AND WONDER
WHEN WE KNEEL DOWN AND PRAY-
CAN GOD REALLY HEAR
THE PRAYERS THAT WE SAY...
BUT IF WE KEEP PRAYING
AND TALKIN TO HIM,
HE'LL BRIGHTIN THE SOUL
THAT WAS CLOUDED AND DIM,
AND AS WE CONTINUE
OUR BURDEN SEEMS LIGHTER,
OUR SORROW IS SOFTENED
AND OUR OUT LOOK IS BRIGHTER
FOR THOUGH WE FEEL HELPLESS
AND ALONE WHEN WE START,
OUR PRAYER IS THE KEY
THAT OPENS THE HEART,
AND AS OUR HEART OPENS
THE DEAR LORD COMES IN
AND THE PRAYER THAT WE FELT
WE COULD NEVER BEGIN
IS SO EASY TO SAY
FOR THE LORD UNDERSTANDS
AND GIVES US NEW STRENGHT
BY THE TOUCH OF HIS HANDS.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Cover By:
Michael

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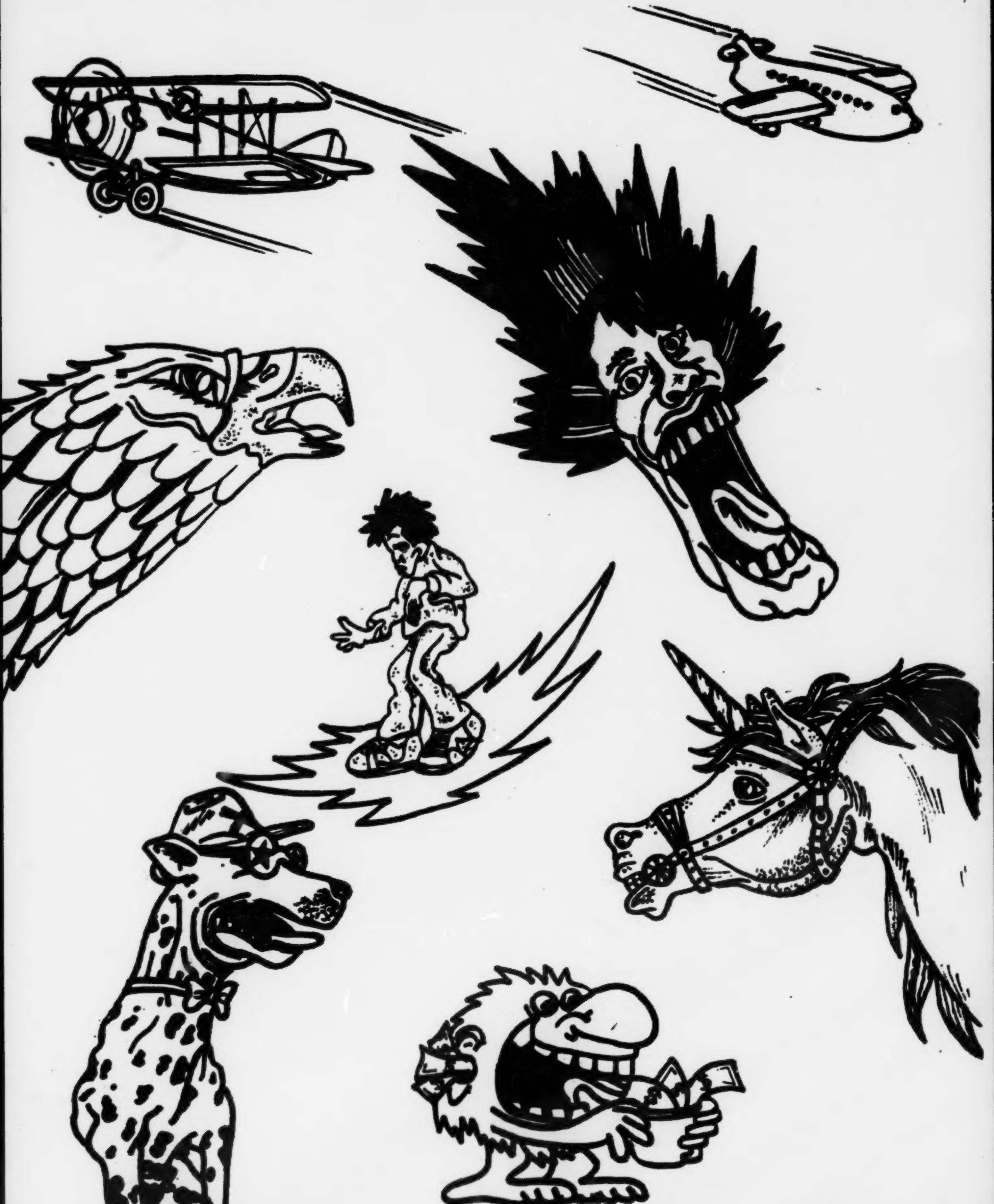

M·Hall

"WHAT LOVE CAN BE"
LOVE SHOWS ITSELF IN THE ART OF CARING
IN GENEROUS GIVING, IN UNSELFISH SHARING,
IN JUST BEING THERE WHEN IT MEANS VERY MUCH
WITH A COMFORTING SMILE,
AN AFFECTIONATE TOUCH.
LOVE HAS IT'S OWN WAY OF LOOKING AND SEEING,
IT'S OWN GENTLE MANNER,
IT'S OWN SPECIAL BEING.
IT LAST AND SUPPORTS US
THROUGH PROBLEMS AND SORROW-
IT'S SOMETHING WE KNOW
WE CAN COUNT ON TOMORROW.
HOW RICH WE ARE, HOW SAFE, HOW SECURE,
WHEN WE HAVE LOVE
THAT WILL ENDURE.
FOR WORDS YOU SPEAK SO TENDERLY,
FOR EVERY THOUGHT
YOU HAVE OF ME
FOR EVERY HAPPY TIME WE SHARE,
FOR EVERY GLANCE
THAT SAYS "I CARE"
FOR ALL THE THINGS
THAT MEAN SO MUCH-
YOUR WARMTH, YOUR LAUGH,
YOUR GENTLE TOUCH,
YOUR SMILE THAT GIVES MY HEART A THRILL
I LOVE YOU, AND I ALWAYS WILL!

WHEN TWO PEOPLE FIND WITH EACH OTHER,
NEW BEAUTY IN EVERYDAY LIVING.
AND OPEN THEIR HEARTS TO EACH OTHER
BY TRUSTING AND SHARING AND GIVING...
WHEN TWO PEOPLE SHARE WITH EACH OTHER,
A WORLD OF CONTENTMENT AND FUN.
WHEN THEY KNOW THEY'RE MEANT
FOR EACH OTHER...
THEN TWO PEOPLE TRULY ARE ONE.

MORE AND MORE, IT SEEMS WE SHARE
A LANGUAGE ALL OUR OWN-
A BOND, AN UNDERSTANDING,
MEANT FOR YOU AND ME ALONE.
MORE AND MORE, I'M FINDING OUT
HOW JOYFUL LOVE CAN BE,
FOR EACH DAY WE GROW CLOSER
AND YOU MEAN STILL MORE TO ME.

WHEN I SAY "I LOVE YOU"

I SAY THE WORDS "I LOVE YOU" SO MUCH
THAT I WONDER SOMETIMES IF YOU TAKE FOR
GRANTED THE FEELING THAT IS BEHIND THEM.
I NEVER WANT YOU TO SEE THEM AS JUST WORDS
TO BEGIN OR END A CONVERSATION.
"I LOVE YOU" IS JUST MY WAY OF SAYING
THAT YOU HAVE TOUCHED A PLACE IN MY HEART
AND MADE ME COME ALIVE.
YOU HAVE CLAIMED A PART OF MY HEART THAT
NO MATTER WHAT HAPPENS TO US,
WILL ALWAYS BELONG TO YOU.
YOU TAUGHT ME HOW TO LOVE
YOU BROKE THROUGH ALL OF MY DEFENSES
AND COMFORTED MY FEARS.
YOU TOUCHED PLACES IN ME,
I NEVER KNEW I HAD AND MADE ME FEEL THINGS,
I NEVER THOUGHT I'D FEEL.
YOU HAVE ALL THE PATIENCE, CARE,
UNDERSTANDING, AND CONCERN NEEDED
TO BUILD THE KIND OF RELATIONSHIP WE HAVE.
SO WHEN I SAY "I LOVE YOU,"
THE WORDS ARE NOT SPOKEN OUT OF HABIT.
IT IS MY WAY OF SAYING THANK YOU FOR
BEING YOU AND OF RETURNING SOME
OF THE JOY YOU HAVE GIVEN ME...

A POEM OF LOVE, A POEM OF CARE,
A POEM TO THE ONE I LOVE SO DEAR.
WRITING A POEM JUST TO YOU,
BECAUSE I LOVE YOU AND IT'S TRUE.
PEOPLE WILL TALK AND PEOPLE WILL LIE,
BUT I WILL LOVE YOU TILL THE DAY I DIE.
I PRAY FOR YOU DAY AND NIGHT,
I PRAY THAT IT WILL BE ALRIGHT.
THE DAY WILL COME FOR YOU AND ME,
WHEN THIS JAIL WILL SET ME FREE.
SO YOU BE STRONG AND JUST HOLD ON,
I'LL PROMISE YOU I'LL SOON BE HOME.
AT NIGHT I SLEEP, AT NIGHT I DREAM,
ABOUT THE THINGS I'VE SEEN.
A DREAM OF LOVE, A DREAM OF CARE,
A DREAM THAT YOU WILL ALWAYS BE THERE.
WHY ARE DEAMS HARD FOR ME?
CAN IT BE THE THINGS I'VE SEEN?
WELL FOR NOW I'LL LET YOU GO,
I GUESS BECAUSE I LOVE YOU SO.
DAY'S WILL GO AND NIGHTS WILL PASS,
BUT I HOPE OUR LOVE WILL ALWAYS LAST.
SO UNTIL I WRITE YOU AGAIN
I'LL HOPE OUR LOVE WILL NEVER END

I LOVE YOU, AND I DON'T
EVER WANT TO LOSE YOU.

I KNOW WE'VE ALWAYS HAD THE ABILITY
TO REALLY OPEN UP AND TALK DEEPLY
WITH EACH OTHER.
BUT LATELY AND FOR REASONS
I CAN'T EXPLAIN
I FIND MYSELF FEELING FRIGHTENED
ABOUT WHAT WILL HAPPEN WITH US.
I KNOW I CAN'T PREDICT THE FUTURE,
NOR DO I WANT TO;
BUT SOMETIMES I NEED YOUR ASSURANCES
THAT EVERYTHING WILL BE ALRIGHT,
AND THINGS WILL TURN OUT WELL FOR US.
TO THINK OF LIFE WITHOUT YOU
IS TO THINK OF A LIFE OF EMPTINESS,
FILLED WITH LONELY DAYS
AND LONELY THOUGHTS.
I WANT TO APPROACH YOU
TO LET YOU KNOW HOW I'M FEELING,
AND IN DOING THAT, I HOPE
WE CAN MAKE EVERYTHING GOOD AGAIN.
I'D REALLY HATE TO LOSE YOU;
THE VERY IDEA OF IT FRIGHTENS ME,
SO PLEASE TRY AND UNDERSTAND
MY FEELINGS ABOUT THIS,
BECAUSE I LOVE YOU
AND I DON'E EVER WANT TO SEE THINGS
CHANGE BETWEEN US.

"STARLIGHT"

THE STARS ABOVE, THE STARS AT NIGHT,
GIVING OFF THEIR MAGIC LIGHT,
SHINING BRIGHTLY THROUGH THE SKY,
LIKE A TWINKLE IN YOUR EYE.
SHINING HOPE ON ALL THE EARTH,
MAKING LIFE SEEM WHAT IT'S WORTH.

"THE BEACH"

THE WAVE'S ARRIVE IN GREAT BIG SWELLS,
ALONG THE BEACH ARE MANY SHELL'S,
THE SAND GLIMMER'S, THE SEAGULLS CRY,
AS THEY FLY OF INTO THE SUMMER SKY.

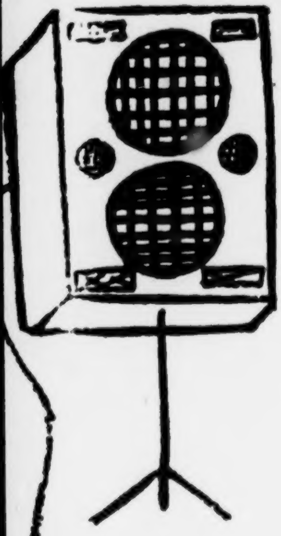
"DREAMS"

REACH FOR THE UNREACHABLE,
BELEIVE THE UNBELEIVABLE.
ATTAIN THE UNATTAINABLE.
AND YOU WILL OBTAIN,
ALL YOUR DREAM'S.

SOME PEOPLE MIGHT THINK
IT SOUND A LITTLE CRAZY
TO SAY WE WERE MEANT
ONLY FOR EACH OTHER
BUT I DON'T CARE
WHAT I SOUNDS LIKE.
I KNOW THAT IT'S TRUE.
UNTIL I MET YOU
MY LIFE JUST WASN'T COMPLETE.
NO ONE ELSE COULD UNDERSTSND ME.
SHARE MY THOUGHTS AND DREAMS,
OR MAKE ME FEEL LOVED
THE WAY YOU DO
THERE WAS SOMETHING MISSING
IN MY LIFE
AND IT WAS ONLY WHEN WE MET
AND FELL IN LOVE
THAT I REALIZED
WHAT I'D BEEN MISSING WAS YOU.

BY,
BRYAN (POOKY BEAR) HURLEY

Music



TOP FIVE CHOICES

HIP HOP

1. EPMD-"Pop Goes My Nine"
2. WRECKS ON EFFECT-"Rump Shaker"
3. IN 2 DEEP-"Back At The Hotel"
4. TLC-"What About Your Friends"
5. HENGEE-N-EVIL Z-"Lil Trig"

R&B

1. HI FIVE-"Quality Time"
2. BOBBY BROWN-"I Gotta Get Away"
3. ROBERT KELLY-"Born Into The Nintey's"
4. BOBBY BROWN-"Here We Go"
5. BELL BIV DEVOE-"Lampin'"

SLOW CUTS

1. SHAI-"If I Ever Fall In Love Again"
2. LEVART-"Baby Hold On To Me"
3. BOBBY BROWN-"Good Enough"
4. WHITNEY HOUSTON-"I'll Always Love You"
5. BOYZ-2-MEN-"Still Of The Night"

"CLASSIC ROCK"

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C D B R R E O S P E E D W A G O N Q D O C P T V R S N E J
V K I T P T A Z M L C X K N C R E A M R S D Q V M T F P E
A T Z H H A S T E E L Y D A N Z B T N O M G D A N C L L T
N H P E P E K C A K O T S G N F H L Z S G L D H F R E M H
H E L M Y R A U I K I S P I T U F M E C I Y A P H E E N R
A S Q O P Z E L E D Z E P P L I N R L R N S V I T E T K O
L T Z O B T R Y L R O Z Z T O P S E F K U D I O Y D W O T
E E Y D T C O N R M S N R Q Y U L C R L A Y D E G E O C U
N V M Y M R S Y H L A L I C E C O O P E R B B H D N O B L
Z E B B Z O M R M R Q N P A Q T K Q D B Y S O S A C D T L
R M G L R C I D S G M L B R P F E L Y T N R W T O E M R L
S I D U M Z T S A J F Y U R Q R U E S O A G I U R C A A P
B L F E G T H K I N Y S Q Z O F S B U N P O E F L L C F Z
O L K S I K U Y F B H L F U E T P L H L M R T H I E I F T
B E A T M R Z Y A K S C Y T P R H P S K O C B L A A C I K
D R L C Z Y I R Y R O U A E P B G E U B C I T H R R P C A
Y B Z R D U M D O E L R P H E T S T R R D R O U K W K O N
L A D T Y C T O E C G I U S O B K I A S A N T A N A B Z S
A N B N Z L D O O B I E B R O T H E R S B A N D U T M P A
N D K O Y E L U I E G K P O E Q M B P S K A Z T F E Z H S
D L Z A H I U C Q R N O S D H L O E H I R S N S D R O T Q
Q P Y T Y A Z I E I E R Z S B B J S S M E T K D N R A E K
A R K Q N T G S L Y N P L T H Q J R Y B A Q Y B A E B B Z
T O B T A L N D R C E H M E L T O N J O H N S T R V Y B R
L N T H Y I O S K A O Q S W Q E E U B E T B Z Y G I E A O
K F G Z C J E Y F I H Z R A C K C S P A M E Q P S V N S A
G O M G S L H M Q Y W L I R F G O N E Y K N E S G A R K L
F D K I G M A O H R E K Y Y U C C S T Z U C A L Y L U C F
O B N A Z Q N A C M H I P L N F K I K H P L I B H G O A G
P A E R I C C L A P T O N A Q F E Z N R G Y F R N A J L Y
J I M M Y H E N D R I C K S A N R B T Z T O Q A G F K B M
R O L L I N G S T O N E S P B J A C K S O N B R O W N Q A
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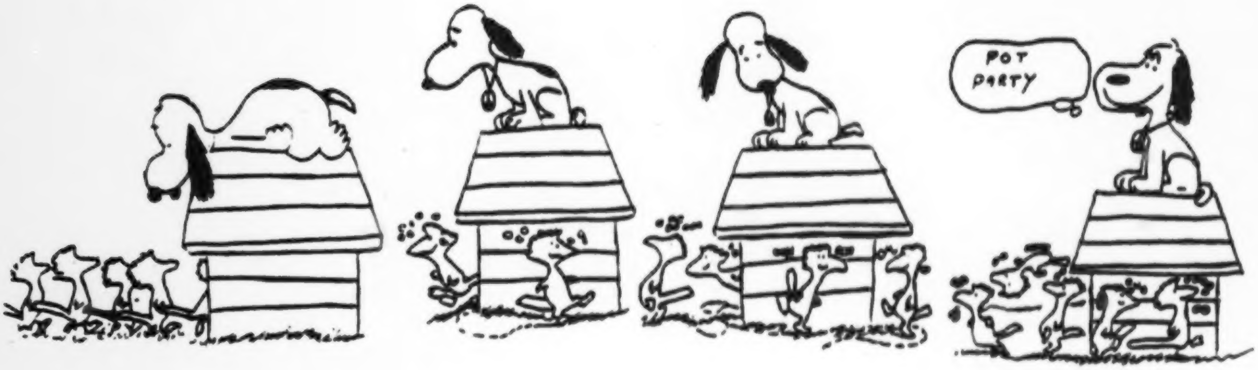
1. THE AILMAN BROTHERS BAND
2. DOOBIE BROTHERS BAND
3. THE MOODY BLUES
4. GRAND FUNK RAILROAD
5. CREEDENCE CLEARWATER REVIVAL
6. THE STEVE MILLER BAND
7. BAD COMPANY
8. JOE COCKER
9. JANIS JOPLIN
10. JIMMY HENDRICKS
11. BOB DYLAN
12. ZZ TOP
13. FOGHAT
14. ROD STEWART
15. ELTON JOHN
16. RUSH
17. CREAM
18. ERIC CLAPTON
19. LYNYRD SKYNYRD
20. THE WHO
21. FLEETWOOD MAC
22. JOURNEY
23. THE DOORS
24. YES
25. EAGLES
26. STEELY DAN
27. DAVID BOWIE
28. AEROSMITH
29. SANTANA
30. GRATFUL DEAD
31. TRAFFIC
32. BLACK SABBATH
33. REO SPEEDWAGON
34. VAN HALEN
35. LED ZEPPLIN
36. KANSAS
37. JACKSON BROWN
38. ROLLING STONES
39. AC/DC

"HURLEY'S CORNER"

I think that something should be done about the water situation in the jail. It is causing alot of skin irritations for people, like leaving little white spots and causing severe itching on many people's skin. The reason for this is because the water is hard. I think something should be done to rectify this situation before it gets any worse. I think a possible solution would be to put a water softener in the Prison. That way it would solve most of the problems of the skin irritations.

We have enough problems in here, but one of the main ones I would like to point out is, not only do we have low quality food and poor, meals but now we have ("COCKROACHES") in our meals. I think something should be done about this, FOR REAL. A good solution would be to have an exterminator come in and look the problem over and maybe give the maintenance crew some suggestions on how to terminate these little pest that are carrying our food away right off our trays. I don't think it would take too much to cure this problem.

BY,
BRYAN (POOKY BEAR) HURLEY



NFL Free Agency

Free agency...for NFL players, the term has a nice ring, suggexting wealth and comfort beyond Reggie White's winter dreams.

And for White, Steve Young and other free-agent superstars, this is the month to add to their riches. White, who earned $1.625 million as an All-Pro devensive end with Philadelphia, likely will jump to $3 million in a free market. Young, San Francisco's nervy quarterback who earned $2.5 million, easily will top $3 million.

However, there is another, darker side to the new free agency system. With a cap on player costs expected to be triggered in 1994, the middle and lower roster players are going to come up short.

Washington's general manager Cahrley Casserly says a new sytem will follow the NFL's defense in federal court.

The NFL line was that in any free agency system the star players will demand more. To pay them higher money, othe players will have to make less.

A typical NFL team will include:

Five superstars;toatal salary, $10 million.

Twenty solid veterans ($500,000-$1 milllion); Total salary, $15 million

Twenty or so young prospects near or at minimums; total salary $3.5million.

This might be Christmas in March for White, Young and other supertalents, but for Green, Ray Horton, Everson Walls and a small army of other journeymen in their thirties, it is early retirement. Unless of course they agree to work as $100,000 backups.

WALLACE'S GRAND PRIX

Anybody who watched the Daytona 500 and saw Rusty Wallace's Pontiac flip high in the air, spin and roll, then roll some more probably found it hard to believe that the same driver was able to compete two weeks later, let alone win.

Beyond the fact that the 36-year-old driver was able to shrug off that frightening crash, from which he emerged with only a small cut, Sunday's victory was a milestone in the life of the Penske Racing South team that Wallace, Roger Penske and Don Miller formed in 1991.

"I told everybody at the end of the '92 season that this team was very tough," Wallace said after winning the second race of the new season. "At Daytona I think we took a car from thirty-fourth to third, and lead a ton of laps. We're back, we're strong and we're going to get the championship this year.

Wallace, driving a pontiac Grand Prix, went on to lead for 203 laps including the last 70, beating Dale Earnhardt to the finish line by 50 seconds.

R. Soldier Dobson

"COLLEGE FOOTBALL TEAMS"

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N B F J K M Q N E B R A S K A V B E V R N M K G C
O B D F A T Z O X C I K L Y B X C M N O A I T E S
R A C E N Z S T A N F O R D R K I E Z S R S B D F
T E X A S Y K R M D O X O M E A Q U J U N S F S L
H R N O A P A E B Z C D P Q E F C G H I P I K I O
C I J K S M O D P K T T B Z E R S U T A B S W A R
A K L C D E A A F G H O I J K L O M S T Z S R Y I
R Z S T V N Y M X Y S M I C H I G A N E X I Y V D
O R E A O P M E P T Z I E F H J W Y C X C P W C A
L N O Z A B H I O T S A P R O Q R M P A B P G X S
I P I O D C A N P M N M A Z T O V Y R X M I Z P T
N R E P J F C W A S H I N G T O N G O H I S B E A
A G O Y H O T C L B I H H I M N K Y L P O T C A T
S Y M T L Z O P A T R S M M A X Y Z I D C A E B E
T K S L T V H T B S B R S Y Z T M O N P Y T D Z C
A F E C D E I B A M N X O O H I J R A B A E C D E
T G C B V T O K M P K B C F G H E J K T M F H O U
E Y T E X A S A A N D M L T O E O E S G O L G E Y
E A D E F Y T C B K T B X Y S Z B H P D M O F T Z
F O L K J I A H V G F K E S V E A B A B O T L L O
M P E N N S T A T E L X E T Z W R R T Y U P O O Y
T O D L C F E M P T E N X F B N O B A B S P R L A
O B T O Z U S Y K N N C O F L L U G E O R G I A C
Y Z T O M N C A B E A Z T Y O P O B A F E C D O L
A E I O P S O U T A E R N C A L I F O R N I A H D
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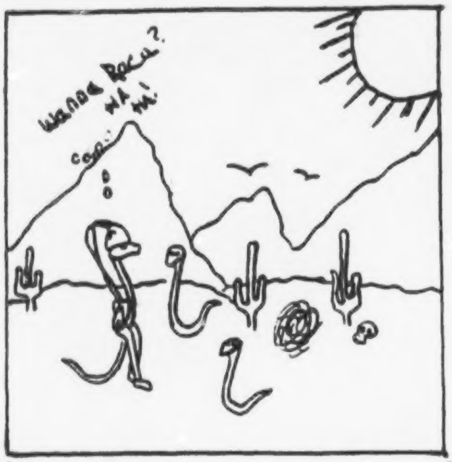
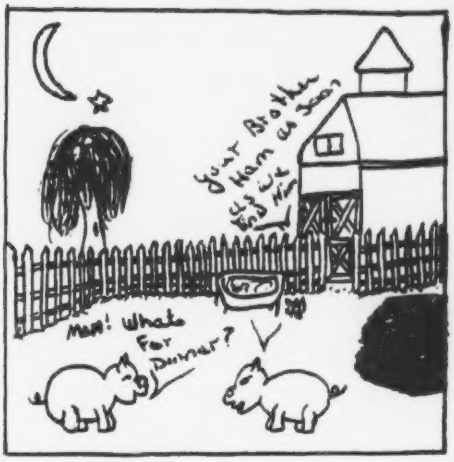
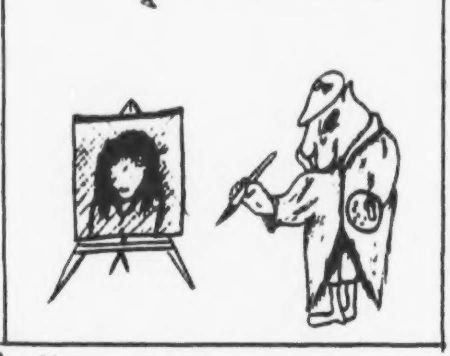
1. WASHINGTON
2. FLORIDA
3. MIAMI
4. GEORGIA
5. ALABAMA
6. COLORADO
7. MICHIGAN
8. NORTH CAROLINA STATE
9. TEXAS A&M
10. N.O. CAROLINA
11. FLORIDA STATE
12. MISSISSIPPI STATE
13. NEBRASKA
14. TEXAS
15. NOTRE DAME
16. STANFORD
17. BOSTON COLLEGE
18. OHIO STATE
19. SYRACUSE
20. PENN STATE
21. SOUTHERN CALIFORNIA
22. TENNESSEE
23. ARIZONA
24. WASH STATE
25. KANSAS


Wanna Race? HA HA!
coo:

"The Snake Inventer"

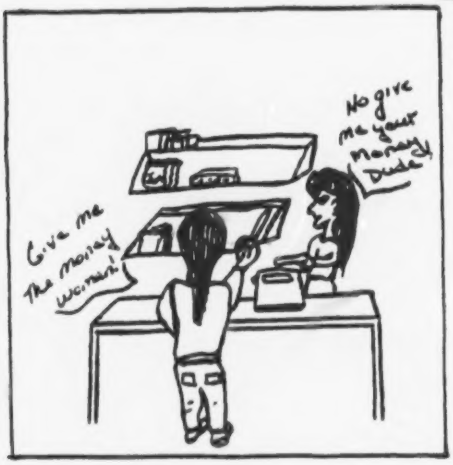

Your Brother Ham as Soon as we find Him
Mom! Whats For Dinner?

Cannibal Pigs

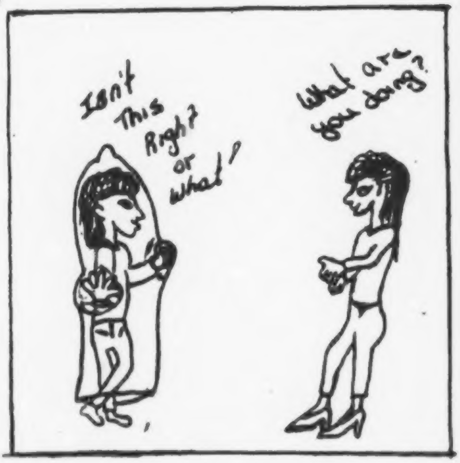


Luonardo Da Camel...
Painting the "Mona Lisa"

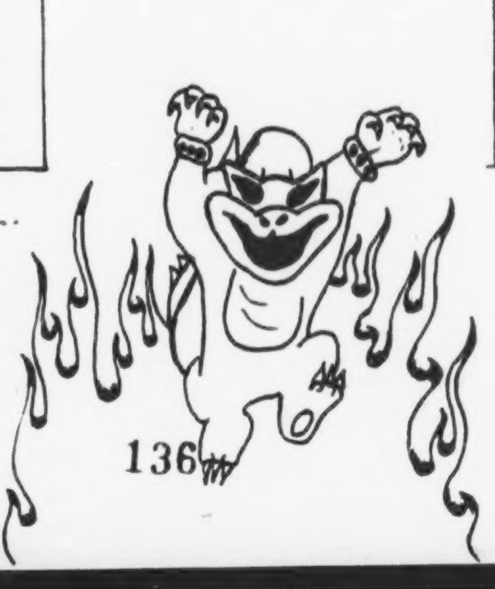
At Least I stayed in
Between the Lines.


No give me your money Dude!
Give me The money Woman!

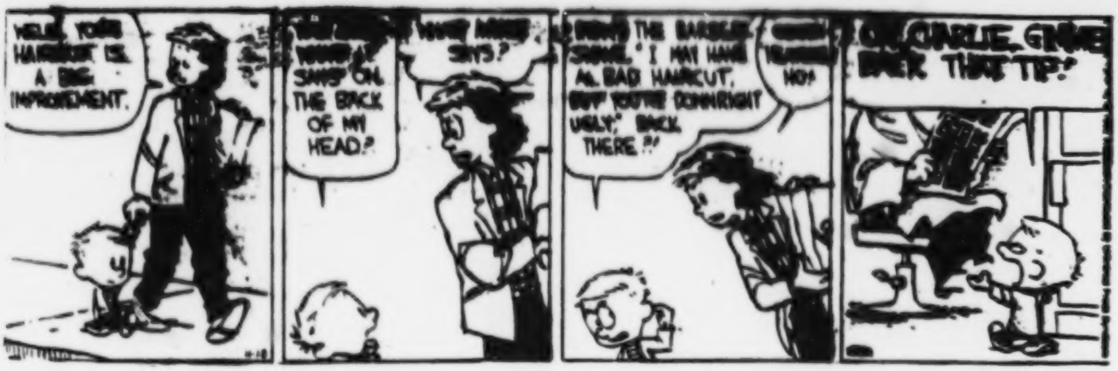
Man Rob's Woman on PMS...


Isn't This Right? or What!
What are you doing?

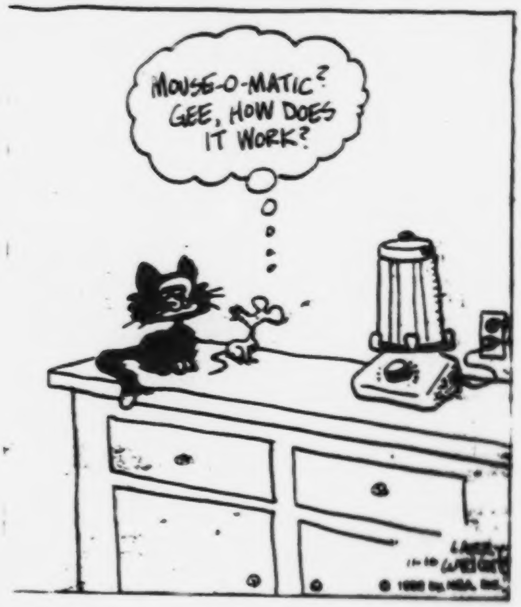
First Time User...



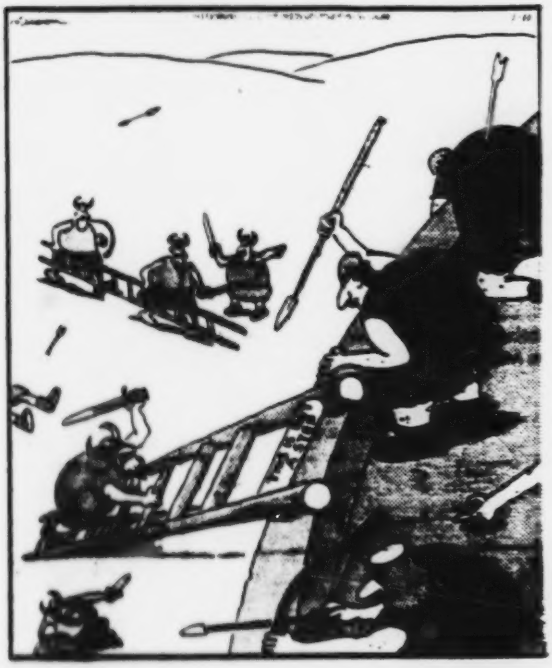
• BEST COPY AVAILABLE

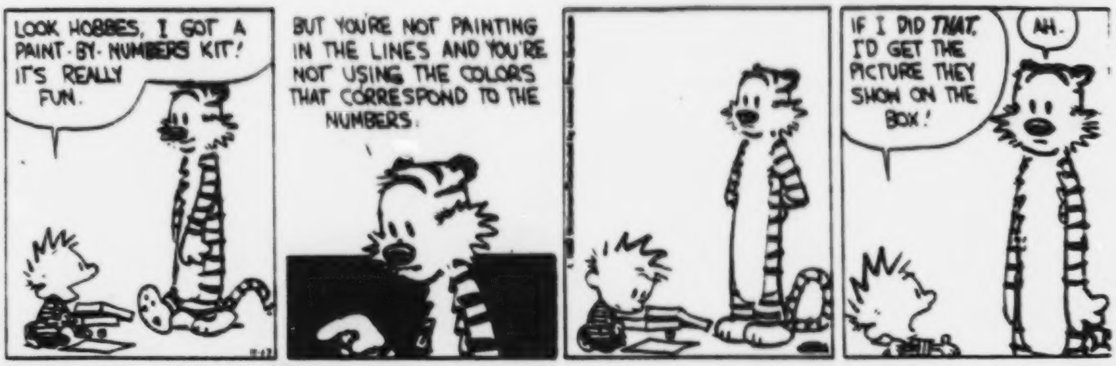

WELL, YOUR HAIRCUT IS A BIG IMPROVEMENT.
SAYS ON THE BACK OF MY HEAD?
WHAT WHAT SAYS?
THE BARBER SHAVED "I MAY HAVE A BAD HAIRCUT, BUT YOU'RE DOWNRIGHT UGLY," BACK THERE?!
NO!
OH CHARLIE, GIVE BACK THAT TIP!

KIT 'N' CARLYLE® by Larry Wright

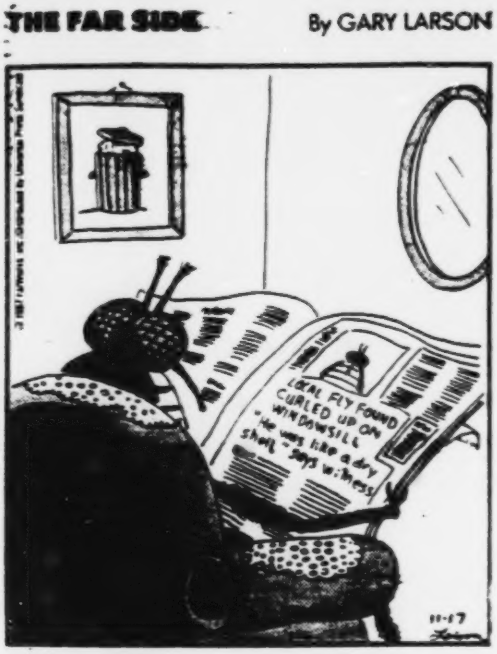

MOUSE-O-MATIC? GEE, HOW DOES IT WORK?
LARRY WRIGHT
© 1990 by NEA, Inc.

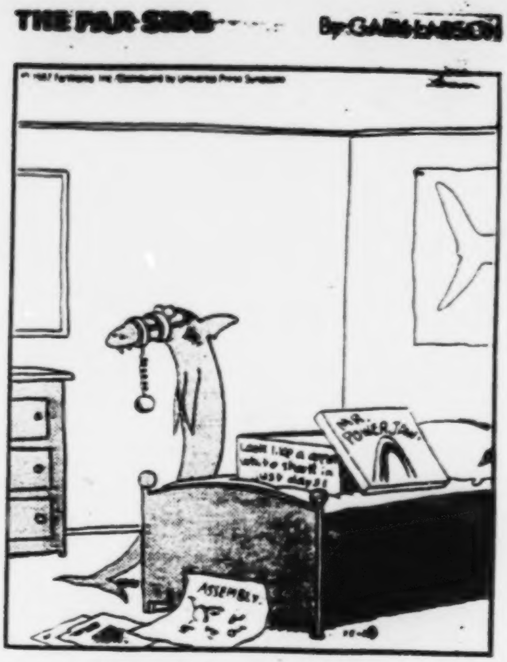
THE FAR SIDE By GARY LARSON



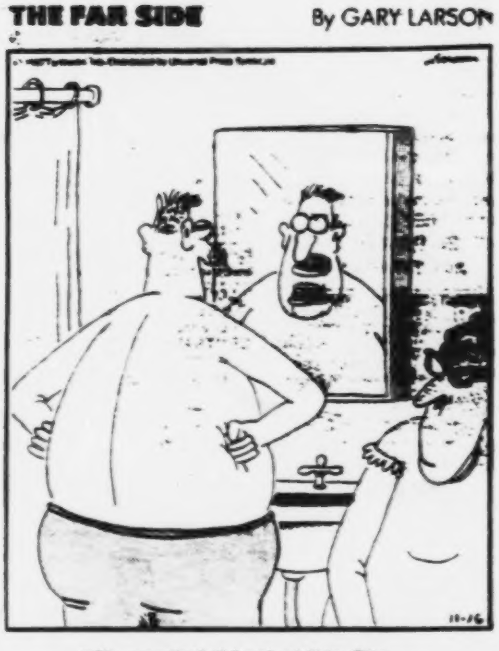

LOOK HOBBES, I GOT A PAINT-BY-NUMBERS KIT! IT'S REALLY FUN.
BUT YOU'RE NOT PAINTING IN THE LINES AND YOU'RE NOT USING THE COLORS THAT CORRESPOND TO THE NUMBERS.
IF I DID *THAT*, I'D GET THE PICTURE THEY SHOW ON THE BOX!
AH.

CALVIN and HOBBES bv Bill Watterson

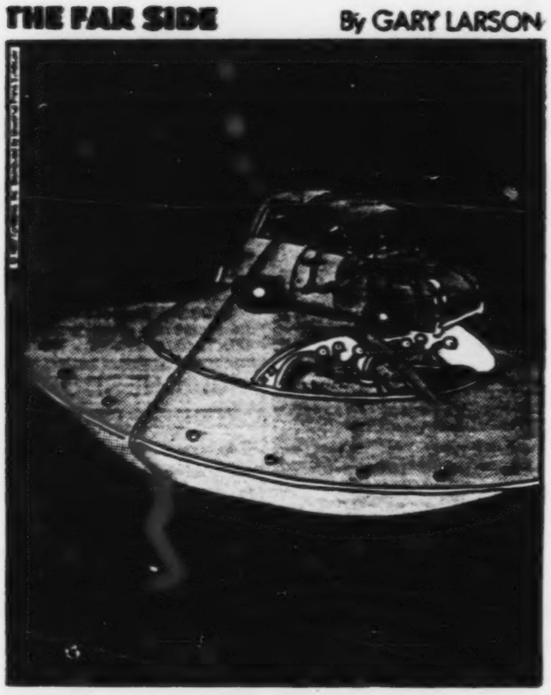

THE FAR SIDE By GARY LARSON
LOCAL FLY FOUND CURLED UP ON WINDOWSILL
"He was like a dry shell" – says witness
11-17


THE FAR SIDE By GARY LARSON
MR. POWERJAW
ASSEMBLY.

Products that prey on shark wimps


THE FAR SIDE By GARY LARSON
11-16

"Oh, wonderful! Look at this, Etta — another mouth to feed."


THE FAR SIDE By GARY LARSON

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

"PEACE TALKS"
FROM THE ANNEX

Myself Convict/Common Criminals....1
Personal Bill Of Rights....2
A Clean Start/ Who's To Blame....3
You're My Valentine....4
New Beginnings....5
True Happiness/I Remember You....6
My Man/Husband's Prayer/The Snore From Hell....7
Want Ads/Help Wanted....8

Staff:

Deborah Byers, Bonnie Brechbill,Roberta Nixon, Judith Henry, Dorothy Diamond, Donna Spoonhour, Peg Dankanich

Women's Activities

Monday-AA class from 7:00 to 8:00.
Monday-Choir class from 6:30 to 7:30.
Choir leader is Linda

Tuesday-Craft class from 1:00 to 3:00.
Tuesday-Bible Study from 11:00 to 12:00.

Wednesday-Newspaper class from 5:30 to6:30

Thursday-Self Impovement class from 5:30 to 6:30

Friday-Self Esteem class from 8:30 to 10:30am

Sundays-Church from 8:30 to 9:30

Myself Convict

Pardon me for my unliked stay. I'm only this way because I've been
taught no other way.
I need rehabilitation not ridcule, not undetermined thought up
decisions.
My life is not an easy one to live. I've seen too many things that I've
truly wished I wouldn't have.
You tend to look upon me and put me down without attempting to even find
anything out. "I deserve what I got" is what you say, but I know that
you thought "my God you shall also pay". You've done things wrong to
others at one point and day, so why should you look down upon me and
mold your own opinion of me. If you were face to face with me you
wouldn't know what to say.
The only people that truely know me are others that have walked
similarly my way, I sit here in prison and I'm what everyone considers
and calls a convict, because I got caught at my badly chosen decision.
You ought to try to help me so that I'll never come again this way.
Everyone could then say"once a convict that went astray, now chose a
decent life and is going the good way.

WRITTEN BY
BONNIE BRECHBILL
JAN 20,1993

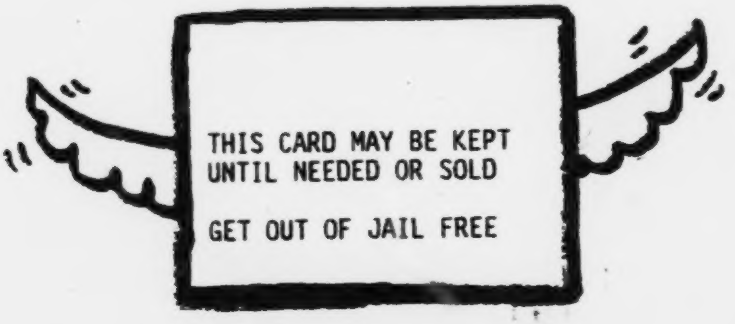
COMMON CRIMINALS

Once behind these prison walls,we no longer have a life,
they strip us of are vanity, they take away our life.

To some we're nothing but convicts, to others we're just trash,
they throw us in a cell and forget about us fast.

We know that we've done wrong, and accept what we got,
but what we're trying to say is accept us for who we are and not for
what we're not.

Jan 20,1993
WRITTEN BY
Roberta Nixon.


THIS CARD MAY BE KEPT
UNTIL NEEDED OR SOLD
GET OUT OF JAIL FREE

PERSONAL
BILL OF RIGHTS

I have numerous choices in my life beyond mere survival.

I have a right to discover and know myself.

I have a right to grieve over what I didn't get that I needed or what I got that I didn't need or want.

I have a right to follow my own values and standards.

I have a right to recognize and accept my own value system as appropriate.

I have the right to say no to anything when I feel I am not ready, it is unsafe, or violates my values.

I have the right to dignity and respect.

I have the right to make decisions.

I have the right to determine and honor my own priorities.

I have the right to have my needs and my wants respected by others.

I have the right to terminate conversations with people who make me feel put down and humiliated.

I have the right not to be responsible for others' actions feelings or problems.

I have the right to make mistakes and not be perfect.

I have the right to all my feelings.

I have the right to be angry with someone I love.

I have the right to be uniquely me without feeling I'm not good enough.

I have the right to feel scared and to say "I'm afraid."

I have the right to experience and then let go of fear; guilt, and shame.

I have the right to make decisions based on my feelings my judgment or any reason that I choose.

I have the right to change my mind at any time.

I have the right to be happy.

A Clean Start

Some fools say they're starting with a clean slate,
but never get around to erasing what's there.
It is not easy to find happiness in ourselves and it's
not possible to find it elsewhere.

I have but just a minute with sixty seconds in it...forced upon me... can't refuse it... didn't seek it... didn't choose it... but... it's up to me to use it.... I must suffer if I loose it... give accounts if I abuse it... just a tiny little minute, but eternity is in it...

Make it a rule of life never to regret and never look back. Regret is an appalling waste of energy you can't build on it, it is good only for wallowing in.

PROBLEMS ARE MESSAGES!
"We are here to add what we can to life, not to get what we can from it.:"

Who's to blame

My P.O. put me in here.
The judge put me here.
The police put me in here.
Someone snitched on me .
My friends put me in here.
My family put me in here.

Do any of these sound familiar? I thought so! We have used at least one of these lines during our stay(s) here at the center, but who is to blame? good question. The answer is simple all you have to do is grab a mirror and look in it ! kind of scarey knowing that you are your own worst enemy . so if you don't like what you see in the mirror, do something about it! Change! No,
I'm not talking about cutting your hair, washing your face, or brushing your teeth.It goes deeper then all of that. It is called being responsible. Stop blamming other people for your own wrong actions. Remember: You put yourself into this situation no one else did .

SO BE RESPONSIBLE!!!!!!!!!!!!!!!!!!!!!

Feb 8,1993
DONNA SPOONHOUR
WR#18
F.C.P.A.
3rd TIMER 1993

YOUR MY VALENTINE;

There are special things for special people, special holidays to spend
with a specal couple and that's the reason
I chose this season
To join the celebration
for this great occasion
You are the ultimate satisfaction
to my utmost expectation
You are the inspiration to my dream and the fulfilment of my vision
You are the sunshine in my rain
the pleasure for my pain
the teardrops, the laughter
and the father of my dauther
You are the strength to my weakness
and the comfort to my happiness
the belief to my doubt
and that's why you came about.
you are the success of my yesterday
and the magic of my today
the hopes of my tommorow
because you're so explicit and thorough
you are the joy of my heart
and I hope we'll never part.
Everything is by comparision.
Both bitter and sweet
and it takes a bit of both to make our lifes complete
The minute we meet
We both agree
So I'm guilty of loving you
In the first degree.

WRITTEN BY
JUDITH HENRY

1) What has happened to the State Parole Office?
2) What happened to the women's exercise equipt.?
3) Oh where, Oh where are our Public Defenders Oh where, Oh where could they be?
Every time we try to call them they hang up on us! So what is more important, a client or let's make a deal with our lives?
4) Why can't you get a couple hour pass if there is a emergency in the family?
5) What about more educational programs ?
6) Why can't the inmates do more around the prison?
7) Why is it that one guard goes by one rule and the next guard goes by something else?
8) Why can't there be more activities than what there is?
9) Where is our video games that we were promised?
10)What about listening to the inmates one time and see what is really going on?

To enjoy the future we must accept God's forgiveness for our past

This article is dedicated to my family and FCP with love.

Beginning Again.

...So he made it again into another vessel,as it seemed good to the potter to make.

Jeremiah:18:4

Many people who have messed up their lives are sad and desparing. A women who has been though three abusive marriages, lost a good job with excellent benefits, has four children tried to make all the craziness stop by commiting forgery not knowing the strength had to come from within.A minister who fell into immoral conduct is working at a mundane job,believing he can never be of use to the lord again.A young man fell into the trap of abusing drugs to escape the hurt of feeling alone.

All of these people have repented of there sins and have received God's forgiveness but they take a rather hopeless view toward the remainder of their lives. They figure they are responsible for their circumstances,and therefore they deserve a good share of misery the rest of their lives.

According to Jeremiah 18, that's not how God deals with the potter. He didn't thow away the vase when it became marred. He reworked it and made a new one to his liking. God told the prophet that this is how he deals with the people. When we sin and become marred, he does't throw us away. He waits for us to repent. And when we do, he goes to work on us again to make something BEAUTIFUL.

If you have messed up, don't despair. Repent and submit to God. He can still make something beautiful out of your life.

You CAN BEGIN AGAIN................

If you've rebelled and turned away
from what you know to be the truth,
submit to God, He will forgive;
He still work for you.

To add to my article,I would like to say if it weren't for F.C.P. I probally wouldn't be in this world today. Coming from a very abusive marrige,I lost myself, I did not exist. Today I have gained, through alot of help, who I am and what I want out of this life. My time here is over and I don't know how to say THANK-YOU to the many people here especially to Debbie Byers who has helped me through this.

I have closed a few doors but in return I have opened a brand new out look on life and to me the sky is the limit.

DON'T BE AFRAID YOUR LIFE WILL END;BE AFRAID
IT WILL NEVER BEGIN;

HERE'S TO NEW BEGINNINGS.

PEG DANKANICH

True Happiness

True peace of mind you can't buy
although you pile your dollars high

because it's only found within
a heart that's free of guilt and sin.

True happiness can still be found,
but it's not in things around,

for it's there within the heart
that has been taught the loving art.

The key to joy and true success
is found in blessed thankfulness

because although you think you're poor,
a heart of gold is riches pure.

So count your blessing old and new
and see what God has done for you,

for you will find that there are more
than you have ever thought before.

AUTHOR UNKNOWN
Submitted By Dorothy Diamond

"I Remember You"

I would like to DEDICATED TO MY BROTHER

WILLY ROY SHAW

I remember you as the days gone by and how you gently wiped the tears
from my eyes,
You were the first love that I had ever met,you will be the last love
that I'll never forget,
The days and nights they always grow so cold,then I realize it is you
not there to hold me
I remember you as the days gone by, now it comes to you my love
It's time to say goodby.
Just remember that I'll always love you for you.

THE END
This is Dedicated to my Brother
"Shagg"
Willy Roy Shaw
With love your sister
ANNIE SHAW.

My Man

You are the guy I am glad I had the chance to meet
Because you are everything, and you gave me your love all so sweet.
And nobody in this world could have you beat.
When my thoughts come shinning through,all I do is think of you.
When I lie in bed at night, I want to hold you all so tight
Because my love was not clear, I hope and pray that you're still there,
for my darling, I really do care, the thought of losing you
would make me feel so blue.
If there's a chance for a brand new start, Darling promise me we shall
never part, and that will ease the pain in my heart. I know our love is
so strong and nothing in this life could break that bond. I hope and
pray that you will stay and please don't walk away.
I promise I will make nothing go wrong because I want our love to last
so very long.

WRITTEN BY
DEB WARD

Husband's Prayer

Dear God full of grace, bless my husband's handsome face.
Bless his hair that also curls, keep him away from other girls.
Bless his arms that are so strong, make them stay where they belong.

Feb 8 1993
WRITTEN BY
DOROTHY DIAMOND

The Snore From Hell

The snore from hell
rings like a bell

It sounds like a buzzsaw in your head
It comes from the 152 bed!

It's very noisey over there
some nights it sounds like a grizzly bear

So get some earplugs for the left and the right
who knows if the snore from hell will come tonight

So you better beware
or challenge it if you dare

The snore from hell, take these words to heart
because sometimes it will be acompanied by a fart.

WRITTEN BY
STEVE H

Want Ads

Wanted-In house NA meetings

Wanted-Non-Alcoholic Mouthwash

Wanted-A tall dark handsome man that's able to work and be able to perform his duty at home. He also has the int. O.W. he goes to church every week and he's not afraid to speak his mind. If you fit this, then answer in the next paper.

Wanted-Looking for a new living quarters to reside. I don't need any place that's guarded. Will cook own meals. Would like to have some private time to myself when in the bathroom or when trying to take a shower. Would also like to be able to set down and read a book without someone screaming out loud and having the t.v. up so loud that you can't think about any thing. Also would liKe to go to sleep without 7 or 8 people looking at you to see if you are a sleep or not.

Wanted-Some real food that's not a want-to-be.

Wanted-Someone to take time out and care about the person that they're with and try to understand someone that's willing to work at their relationship and not take it for granted.

Help Wanted

Help wanted- Annex cell house women need to get out of jail free. If you have any imforation on this add please contact the women cellhouse their in rooms numbered 1 & 2 & 4 & 5 at this address:

Women in the Cellhouse
625 Franklin Farm Lane
Chambersburg Pa.
17201

Help Wanted-We need help to get are selves together and to help others who would like help. So if you have any type of help that you would like to do then just say so.The people that are not willing to help others are worse off than the people who need help.

Warden Rosenberry and Mr Wible
We would like to take this time to thank you for getting us the two curling irons in the work release and cell house.

Mrs. Pam
We are hoping that you will have a boy for all of us girls in the work release area, good luck!

Doin Time"

....June....

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Newspaper Staff

Mike Gaus	John Laubs
Joe Statum	George Scott
Bill Arnold	Kevin Feeney
Annie Shaw	Robert Montgomery
William Laughlin	

FROM THE EDITOR.

MAKING A NEEDED CHANGE!

I would once again like to take the time to introduce you to our new Warden Mr. Raymond Rosenberry. Due to technical difficulties, most of the interview with Mr. Rosenberry was omitted in our last edition of the prison paper. I'd like to take time again and mention what steps he has taken to make our lives a little more bearable in the short time he has been here. The Warden comes from the Maryland Prison System, with more than 25 years of experience and training behind him. He is married, has children, and also live locally.

When inmates here in the prison first saw this man walking around in street clothes for the first time, they asked "who is that?,Is he a visitor?,or what?" The answer was NO, he is the Warden, THE MAN!!! Yet his presence now hardly worries anyone, but the respect for him is there totally! He takes the time to walk through the blocks, the dining hall, yard in ro out, and is always willing to talk with any inmate. He understands that even if your problem is a small one to other people, it may be the biggest problem in your life right know. He is willing to try to assist you no matter what your problem is. "within reason of course". Conditions were not always so relaxed at this prison, the mood just months before he came was so tense that sit downs, food strikes, and othe major disturbances were being talked about by a large number of the prisoners. The discontent of the inmates could be summed up in one word hopelessness. There was no one to turn to, to make the needed changes at that time.

Enter Warden Rosenberry, in just a few short weeks he started turning the prison around for the better, relying on little more than his common sense, decency and fairness. The number of misconducts has dropped dramatically, and comunication between the inmates and staff has started to show a marked improvment. The inmates credit this all to Warden Rosenbery. Most inmates ar staff alike say "he has made alot of difference". The way most inmates and staff tell it, Warden Rosenbery sounds like a hero in a movie or book, he is open-minded, impartial, and very considerate. In a close inviroment as we ar in, where everyone is constantly watching everyone else, "he get's the highes complament: he is straight up! He sees inmates as people, not just prisoner"

To illustrate, I recently sat on a misconduct hearing representing another inmate who had 23 charges on 3 misconduct reports. The charges were read, and a incident report for each misconduct was being used as evidence to substanciate the misconducts, However, I objected to the use of the incident reports being used as evidence, since the inmate had no prior notice of what information this contained, therefor he could not be prepared to defend against this unknown information. Warden Rosenberry sat in on this hearing along with a Sgt, and C/O. The Sgt and the C/O wanted the information to be used against my objections, but the Warden did the unthinkable he overruled them and did not allow this information to be used. He did however say that from then on, if any incident was to be used during a misconduct hearing, the inmate must receive a copy of it also. Another recent incident resolved by the Warden was concerning inmate work detail pay the money was due to be on the books on the same day as the prison staff was due to receive their paychecks but no pink slips were handed out. This was brought to the warden's attention, he came back later personaly and stated that the slips were not handed out, but the money would be on the books for Monday's commisary. Monday the money was not on the books, and several of us stated what the warden said to us Friday. Warden Rosenberry later found out and had the Sgt fill the commisary orders on Tuesday, and to rectify the workers delay in obtaining their pay in commisary he gave each one $5.00 extra to spend in commisary. The cooperation that is starting to develop between inmates and staff due to Warden Rosenberry was a long time in coming. He choose to help the inmate in both of these situations. That's not in his job description, it was decency and common courtesy.

Yet , in any situation you always have exceptions, and this situation is no different. Yes, there are those on the staff that look down on the strides this man has made to change the prison for the better, and to make life a little more bearable for the inmates, yet not jeoperdize security, wich is always first priority to him. Statments made such as QUOTE "This is no longer Franklin County Prison it's Rosenberry's Retreat",or "no, but write a request to your guy's dad, he's giving you anything else you ask for", "I don't care what the warden say's, this is my shift and I run it" and "ask daddy Rosenberry".These attitudes are not from all the staff, most respect him for who he is and what he stands for. And yes, there is the token inmate or two that also make sarcastic remarks about the man, but this is due to an incurable decease ignorance and fear!!! These people are so used to abuse and hoplessness, that they automatically assume that everyone wishes to use or abuse them. They say,"why is he giving us this? he must be ready to take something away we already have". "Why did he stop money orders being left on visits, and during the week?" "I knew he was going to do something like this for giving us stuff"

But , beyond these few exceptions, the man gets a well deserved pat on the back from the rest of us!!! But , we must not take all of these things he has done as a sign of weekness. He's willing to give, but just as easily as he is to take it away also. His number one concern is security, and he doesn't have a problem with punishment either. However he is more conservative towards disiplinary actions and the changes he is going to make in this area should be a deterrent to all but a few limited situations.

I feel that the Warden has made the difference in this prison, it is a change that was long overdue! His attitude is, if you see anything wrong let me know, and we'll fix it. It was clear right from the start that he want's more: more staff, recreational equipment, classes, commissary items, books, legal material, ect, ect. However like every other warden he runs up against budget limitations. Given the time and cooperation he can and will make the difference.

I know that this prison is not the best in the state, but if this man stays here as warden F.C.P. will be one of the best County Prison's in the state of Pennsylvania. I would like to take this to say to our new Warden from all of us, THANK YOU FOR COMING!!!

SAYING THANK YOU!

Well I guess the thing on most peoples minds today are tapes. Well today being the final deadline. But really, here at F.C.P. we have something else on our minds. We really want to take time and say thank you to our new Warden Mr. Rosenberry and our new Deputy Warden Mrs. Weber. These two men have have more than gone out of their way to make this a better prison.

We have received new weight equipment! Coffee pots in all the blocks. New items on the commissary list like instant lunches, peanut butter, crackers, health mix, and new candy! Also having the basket ball court and softball field redone. having a new weight court built and new softballs, and are now trying to arrange for night yard-out and outside softball teams coming to play!

Also with the readdition of Sgt. Rauzer working with Mr. Webber and Mr. Rosenberry on request slips we are getting quicker answers to them. Also with the introduction of Mrs. Wolfe as Deputy of Treatment we know that we have a person who is caring in her job, and has really done a good job since she has been here.

I believe that our lucky break was when Mr. Rosenbery was hired here. Marylands loss was for sure our gain at F.C.P.. So we all feel that with Mr. Rosenbery, Mr. Weber, and Mrs. Wolfe here it is the best thing that has happened here in 22 years since this place was built. So we all say thank you to each one of you.

George Scott

SUGGESTIONS AND IDEAS

1. Make sure medication is announced over the loud speaker every time at medication runs.
2. Dumbbells for weight lifting.
3. Some type of yard-out in the evenings.
4. Check into the phone system, as the time limit from when the party answers, a recorder comes on. Also why does the party have to pay for it when you don't talk.
5. Money orders being brought in during visiting hours.
6. permitting mail to be sent out on Saturdays.
7. Try to get a movie listings from video stores with a short description of the movies and their length. Try to set up an account for the prison at the movie store so that we can reserve movies. Set up a system to get movies when Sgt. Fow is off. Also try to get movies for all holidays and on days of yard-in.
8. Put remote for the TVs in the blocks. This will stop the continual manual changing and ensure longer use.
9. Set up block representation, one from each block and one from each floor in minimum.
10. More table top games for the prison. Monopoly, Trouble, Scrabble, etc...
11. set up an inmate organization with a charter and by laws. we could then have sales of things like: sandwiches, cards, pictures taken, etc... proceeds would go to the inmate trust fund.

INTERVIEWS

I would like to take the time to introduce everyone to the newest member of the F.C.P. administrative staff, Mrs. J.W. Wolfe, our new Deputy Warden of Treatment. Mrs. Wolfe is 38 years old and she is married to a Captain at S.C.I. Camp Hill. Mrs. Wolfe was born and raised locally, and she attended Penn Hall.

Deputy Wolfe went to college at Penn State, and majored in Law Enforcement and Corrections. She completed an internship at M.C.T.C. *(Md. Correctional Training Center)* in Correctional Counselling, in Hagerstown, Md. Our Warden also came from the M.D. system at M.C.I..

Mrs. Wolfe later worked for Franklin County Child Welfare for two and a half years, working with troubled youths, who were having problems at home and with the law. She was then a Corrections officer at Camp Hill for five years, where she met her husband, who was then a sergeant.

At Camp Hill she was a First Officer of a cell block, which reached a capacity of two hundred eleven inmates, and was an acting sergeant for a period of six months. After being a C.O. for five years she went on to become the first female prison inspector in Penna. Mrs. Wolfe's work as a prison inspector took her all over the the state. She was contacted by Deputy Warden John Eyler about a deputy of treatment position here at F.C.P.. She was hired as Deputy of treatment as of March 15,1993. From this writers point of view Mrs. Wolfe has made a big difference in the short time she has been in this position, by answering requests concerning treatment programs, and especially with the time she takes to come to the blocks to talk to everyone concerning their specific problems, or just to listen and lead them to the proper person to see or write concerning their problem to be able to get an answer. A lot of inmates who are concerned with getting out and following the right course think this lady is A-okay, since she takes the time out to stop on her rounds to discuss their area of concern. Mrs. Wolfe is also the Hearing Chairperson and this writer sees her as a fair and professional person in this position. she takes into account all the facts and doesn't try to bury a person in R.H.U. forever for a mistake.

Mrs. Wolfe's hobbies include distance swimming and developing conservation projects, which include planting seedling's and planting plot food mix for wildlife.

Her short term goal here at the prison is to be at work tomorrow, taking everything one day at a time, and her long term goal is to gain the respect and trust of both the C.O.'s and inmates as she previously had at S.C.I. Camp Hill. To those of us who knew Mrs Wolfe at Camp Hill from (A) block, we know we have a dedicated and very professional person as well.

By Joseph Statum

BEST COPY AVAILABLE

LETTER TO HOME

Dear family and friends
Listen up guys, I've got something to say,
From behind these steel bars where I'm forced to stay.
I'm lonesome and yearning for what I once had,
And all because my decisions were bad.
If I had one more chance just to do it right,
I'd be there with you for the rest of my life.
I wouldn't get high, and I'd swear not to drink,
Never again to these depths would I sink.
Behind these bars is the worst place to be,
Because all men and women were meant to be free.
So to all the judges,the layers, and to the D.A.'s,
Whose job it is to put us away.
Give us a chance we're not all that bad,
The crimes that we've done, were just the choices we had.
It's hard to be different in a world all the same.
where crime, drugs, and violence are just part of the game.
I don't know about everyone, but speaking for me,
If I could do it again, I'd choose to be free.

By Bill Arnold

JAILHOUSE POET

Most poems are written of trees, and of birds,
Of champagne and caviar, oh how absurd.
My poems are different and deal with real life,
Not people who live with out worries or strife.
These poems they come out of a jail,
Where most peoples lives are a real living hell.
So the next time you read poems about things with wings
Or of flowers, of trees, and beautiful things,
Try to remember, oh please don't forget,
These wonderful words from the JAILHOUSE PO-ET

By Bill Arnold

I'LL BE THERE

There are no such things as yesterdays,
Just loving memories stored safely away.
And if you try when we're apart,
You'll find those memories deep in your heart.
Just close your eyes and think of me,
And right there beside you is where I'll be.
Loving memories can never grow old,
And they can't keep you warm when the nights are real cold.
But if your feeling down or need someone who cares,
Just think of me and I will be there.

inspired by Jen Helfrick on a cold lonely night
By Bill Arnold

BEST COPY AVAILABLE

FREEDOM

Freedom to come and go as I chose,
To jam rock & roll, or swing with the blues,
To party all night, and into the dawn,
Or fall fast asleep, once the daylight is gone,
Freedom to me is all those things,
And quite a few others, that have yet to be seen.
Like running wild, running naked, on white beaches of sand,
My lover and I, side by side, hand in hand.
Or riding hard, riding fast, oh, how good it would feel,
Just to be riding along on my horse made of steel.
To have the wind in our faces, and blowing our hair,
You holding me tight, without even a care.
I miss my freedom, yes, I want to be free,
Free to hold you, while your holding me.

By Bill Arnold

A BETTER SON

Thank you dear mother for all that you do,
You stand by my side when I know I've failed you
The most perfect son? I never was one.
With the lying and stealing, and dishonor I've done
I've taken your love and showed none in return
And for this in Hell I should burn
I'm not sure I can do it, but I'll certainly try
To place you on a pedestal, miles in the sky
So from this day forward till my time on Earth's done
I will do my best to be a much better son.

By Bill Arnold

WHO DO I BLAME

Changes are made starting way down inside
Changes of feelings, of heart, of pride
Changes of acts, of thought, and of mind
Changing is tough, when your a slave to the grind

Everything spinning, turning round, and around
Everything is different in both sight, and sound
Everything is influenced from the chances we take
Everything happens from the choices we make

Some choices are easy,and others quite hard
Some choices are made just by flipping a card
Some choices are right while others are wrong
Some choices decide if we're weak or we're strong

Change is impossible from some peoples view
Everything stays the same and nothing is new
some try to change but end up just the same
But if they'd look in the mirror they'd see who's to blame

By Bill Arnold

Religion

MAIN

1. Chapel services	Sundays at 8:30 am
2. Prayers and Bible study	Tuesdays at 8:30 am
3. Choir rehearsal	Tuesdays at 9:00 am
4. Chaplain's call	Tuesdays at 9:00 am
5. Yoke fellows	Wednesday at 6:30 pm
6. Prayers and Bible study	Thursdays at 8:30 pm
7. Chaplain's call	Thursdays at 9:00 am
8. John Martin studies	Thursdays at 6:30 pm

IN THE MAIN BUILDING

We now have an inmate Sunday on the fourth Sunday of each month. I encourage everyone to come. We will have one glorious time.

We would like to give special thanks to Mrs. Linda Goodwin for taking the time to come to the prison on Sundays and Tuesdays to play the piano for us on the behalf of myself and the choir.

Thank you Linda for all you have done

LET NOT YOUR HEART BE TROUBLED

Whenever I an troubled
And lost in deep despair
I bundle all my troubles up
And go to God in prayer.
I tell him I am heartsick
And lost and lonely too.
That my mind is deeply burdened
And I don't know what to do.
But I know he stilled the tempest
And calmed the angry sea
And I humbly ask, if in his love
He'll do the same for me
And then I just keep quiet
And think only thoughts of peace
And if I abide in stillness
my restless heart is cease.

By Rob Base

LOOKING BEYOND

Until you feel better
Be patient and wait
For patience is truly a wonderful trait.
For most battles of life are won
By looking beyond the clouds to the Sun
And having the patience
to wait for the day
When the Sun comes out
And the clouds float away!

By Rob Base

GOD CARE IS EVERYWHERE

Sometimes the things that seem the worst turn out to be the best
So think of this as just a time to get some rest.
And while we can not understand why things happen as they do,
The one who hangs the rainbow out has his plans for you.
And may it comfort you to know that you are in his care,
And we are all part of God and God is everywhere

BY Rob Base

HE IS THERE TODAY, TOMORROW, AND ALWAYS

In sickness or health
In suffering and pain
In storm-laden skies
In sunshine and rain
God is always there
To brighten your way
And lead you into
A much brighter day

By Rob Base

WE'RE FREE

Let my heart soar
Over the mountains and the sea
Verdant forests and more
Ever let my love be
Master of my own fate
Ever free from chains of hate
Turn the knob open the door
Rusty bars no more to see
Until we tread together the same floor
Easy grasp for now we're free

By Kevin 'WIZ' Feeney

DREAM LOVER

As I awake, and raise my head
Thoughts of you go through my mind
this lonely feeling I've come to dread,
As though I'm being left so far behind
I prepare to start my day
And I wonder what your doing now
Somewhere your out there, far away
I know I must reach you but I don't know how
One day our paths will cross once more
And we'll be together once again
Of this fact I know I'm sure
I'll love and cherish you till the end

By Big ED

F.C.P. ROLE CALL

Sgt's Rouser, and Heckman, Bumbaugh, and Fow,
They've all got their stripes, but no one knows how!
The C.O.'s are Kendall, and Fritz, Davenport, and hardsock,
Most of these guys are nothing but talk!
We've got Howland, and Roland, Cinciulli's by two
There's Kramer, Roberts, and McIntosh too.
Edward and Rote, and big Mr. Lyon's
I'd pick on them more, but they might start cryin'
Most of us cons, yeah, we know what's going on,
Inside of guard central, when there's no lights turned on.
Then for Jone's, Weist, Mr. Thomson,
None of them have a clue as to what's going on.
There's six of you left, my God, there's no end,
It's Deardorf, Konsol, Mr. Hunt, and Watkins
After Holland and Perdas to our matrons well go.
I'll try to be gentle, and I'll try to talk slow
We'll start with Mrs. Fow, and Mrs. Brookens,
With these ladies the fun never ends.
There is Clopper, and Lovett, Miss. Miller, and Cheatom
As for these four, its real hard to beat'em
As for Mrs. Newman, I won't pick on you,
For my cakes are always fresh, and my batteries new.
She used to be Courtney, but now Kendall's her name,
I think that to her it's all just a game.
This is my poem, now I am done
I've knocked all the guards at the County Prison.

By Big Ed

BEST COPY AVAILABLE

MY PRAYER TO YOU UP ABOVE

To thee who is above,
Strengthen me with your precious love.
I'm new to you like a new born babe,
As you teach me your ways to behave.
I love you God with all my heart,
I pray my sins wont keep us apart.
I'm still human, I still do wrong,
I pray for your strength to keep me strong.
Nights like days, days like nights,
Give me the knowledge to see the light.
I know I can't change overnight,
But help me God to make it right,
As I do pray this prayer, I'm praying
I ask of you to hear what I'm saying.
Sometimes I feel I know I can do better,
But that's okay as long as we're together.
I know you accept me for who I am,
And you know I'm trying the best I can.
Some things don't come as easy as they seem,
They are very hard for me.
I give you my prayer, my prayer I give
Because you've given me the strength to live.
So I love you God, I want you to know that
I'll always think of you wherever I'm at.
Satan will never come between us because,
He can never tear us in half with his awful, selfish, little sins.
So just remember my love is true,
I'll always turn to see help from you.

I Love You God
Amen
By Annie Shaw

LORD

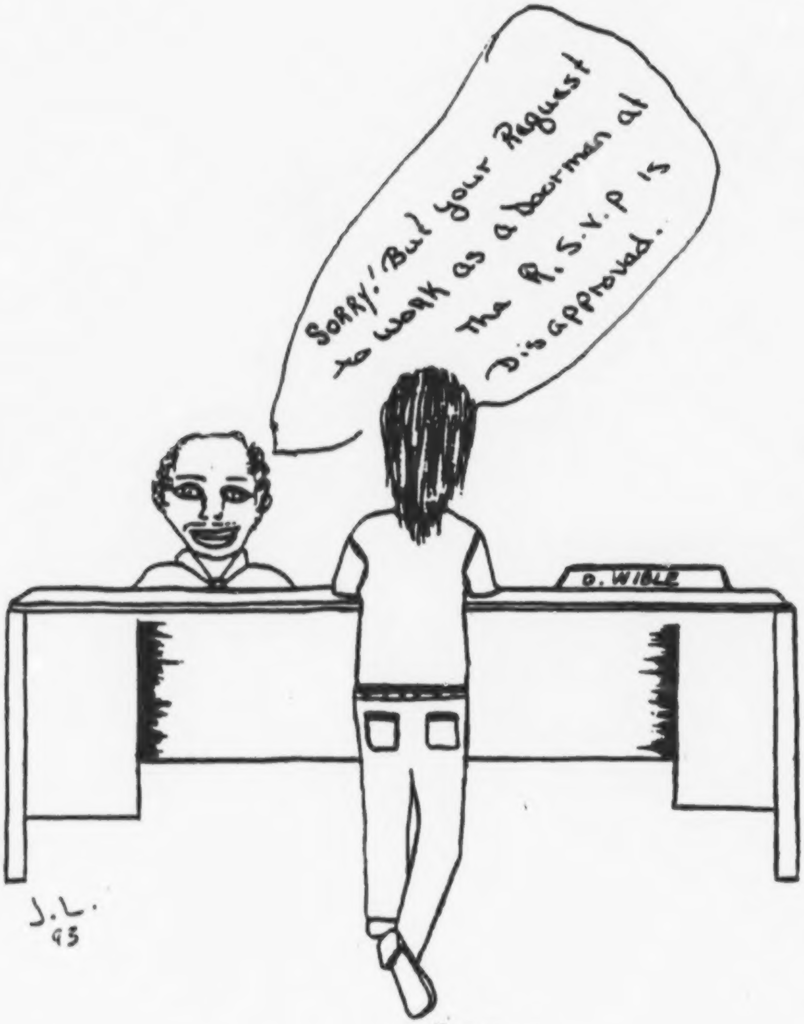
Lord, once when you were hurting through and through,
I wish I could have been there to help you.
You've helped me through worry and tears,
As I speak peace with you , I feel no fear.
You've helped me so far, I can see.
My life I share with you makes me ever happy.
Lord, how could they do what they did so bad.
As I think of it, it makes me, oh, so sad.
The cuts in your feet, your side, your hands, your head.
As you looked upon those who did this to you,
A cry of forgiveness comes shining through.
You said: 'Forgive them, for they know not what they do'
Oh, Jesus sometimes people cut me too.
Teach me to look upon them with peace and love
Forgiving them as you forgave from up above

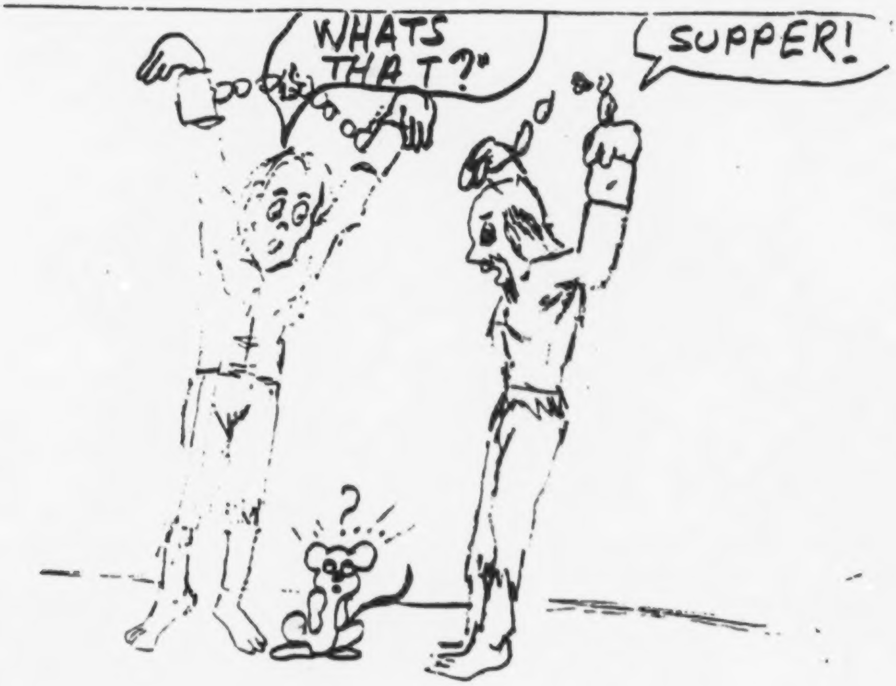
By Annie Shaw

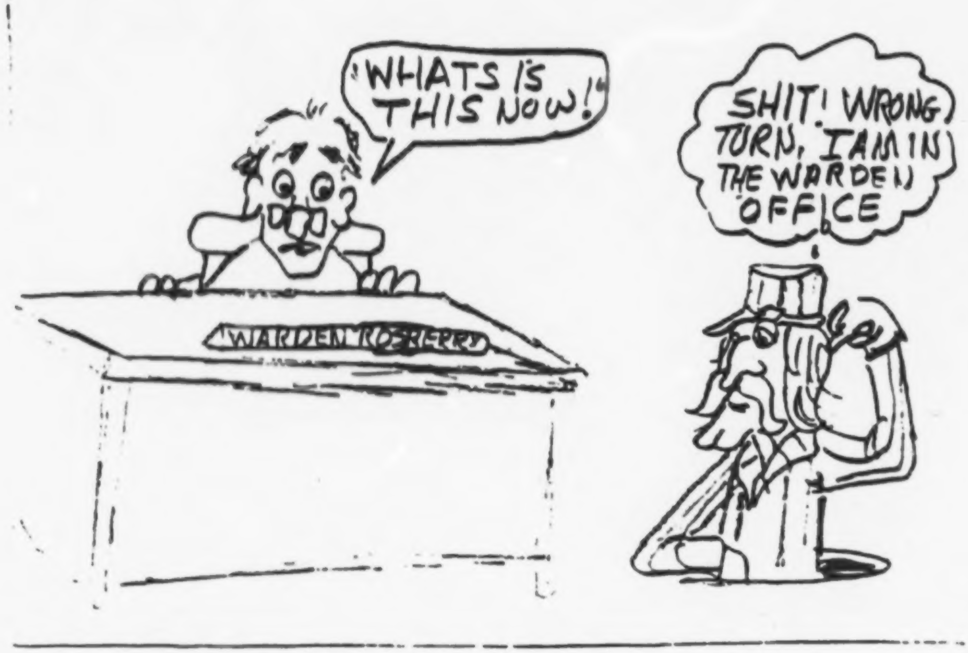
REFER

Sitting in jail, for the second time now
Listening to the stories that convicts do tell.
Stories of drinking, of smoking, of robberies and things
Oh my how these jail birds do sing.
The songs are not pretty, nor are they sweet
Just tales of the lives they had on the street.
One "con" drank a bottle and then beat his wife
Another was tripping and tried to take his own life.
Some held up stores, with knives, and with guns
Others just grabbed the money and ran
My story is different, but kind of the same
Smoking that refer is the name of that game.
A game that has to be centuries old
A story that has been retold.
Pot should be legal, and it should be free,
Because after all it grows naturally!

By Bill Arnold


SORRY! But your Request to work as a doorman at the R.S.V.P is Disapproved.
D. WIBLE
J.L. 93


WHATS THAT?"
SUPPER!


WHATS IS THIS NOW!"
SHIT! WRONG TURN, I AM IN THE WARDEN OFFICE
WARDEN ROSBERRY

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